

SBX HU Italkínálat tápérték információ / Beverage Nutrition - 2026.02.27.

Menu Item	Size / Méret	Energia / Energy (kJ)	Energia / Energy (kcal)	Zsír / Fat (g)	Melyből telített zsírsav / Of which saturated (g)	Szénhidrátok / Carbohydrates (g)	Melyből cukor / Of which Sugar (g)	Rost / Fibre (g)	Fehérje / Protein (g)	Só / Salt (g)	Koffein / Caffeine (mg)
Winter FY26 Promo Beverages											
Pistachio Velvet Latte - semi skimmed milk	Short	600	142	3.5	2.5	20.5	20	0.2	7	0.32	44.5
Pistachio Velvet Latte - semi skimmed milk	Tall	887	211	5.5	3.8	29.8	29.3	0.2	10.4	0.47	44.5
Pistachio Velvet Latte - semi skimmed milk	Grande	1114	265	6.8	4.7	37.9	37	0.4	12.8	0.58	89.1
Pistachio Velvet Latte - semi skimmed milk	Venti	1446	343	9	6.3	48.3	47.3	0.4	17	0.76	89.1
Pistachio Velvet Latte - whole milk	Short	687	163	6	4	20.4	19.9	0.2	6.9	0.31	44.5
Pistachio Velvet Latte - whole milk	Tall	1030	245	9.5	6.3	29.6	29.1	0.2	10.2	0.46	44.5
Pistachio Velvet Latte - whole milk	Grande	1284	305	11.6	7.7	37.7	36.7	0.4	12.5	0.58	89.1
Pistachio Velvet Latte - whole milk	Venti	1683	400	15.8	10.5	48	47	0.4	16.6	0.75	89.1
Pistachio Velvet Latte - skimmed milk	Short	535	127	1.7	1.2	20.6	20.1	0.2	7	0.32	44.5
Pistachio Velvet Latte - skimmed milk	Tall	781	185	2.5	1.7	30	29.5	0.2	10.4	0.47	44.5
Pistachio Velvet Latte - skimmed milk	Grande	988	234	3.2	2.3	38.2	37.2	0.4	12.8	0.59	89.1
Pistachio Velvet Latte - skimmed milk	Venti	1268	301	4	2.8	48.7	47.7	0.4	17	0.77	89.1
Pistachio Velvet Latte - almond drink	Short	467	112	2.9	1.2	17.6	17.1	0.4	3.1	0.27	44.5
Pistachio Velvet Latte - almond drink	Tall	671	162	4.4	1.7	25	24.5	0.6	4.1	0.39	44.5
Pistachio Velvet Latte - almond drink	Grande	856	206	5.4	2.2	32.2	31.3	0.8	5.1	0.49	89.1
Pistachio Velvet Latte - almond drink	Venti	1084	262	7.2	2.7	40.4	39.4	1.1	6.3	0.63	89.1
Pistachio Velvet Latte - soya drink	Short	559	133	3.7	1.4	17.7	17.1	0.9	6.6	0.29	44.5
Pistachio Velvet Latte - soya drink	Tall	822	196	5.8	2.1	25.2	24.5	1.4	9.8	0.43	44.5
Pistachio Velvet Latte - soya drink	Grande	1036	247	7.1	2.7	32.5	31.3	1.8	12	0.53	89.1
Pistachio Velvet Latte - soya drink	Venti	1336	318	9.5	3.4	40.6	39.3	2.5	16	0.69	89.1
Pistachio Velvet Latte - oat drink	Short	653	155	4.7	3.6	23	19	3	3.7	0.33	44.5
Pistachio Velvet Latte - oat drink	Tall	975	232	7.4	5.7	33.8	27.6	4.9	5.1	0.49	44.5
Pistachio Velvet Latte - oat drink	Grande	1218	290	9	7	42.7	35	5.9	6.4	0.61	89.1
Pistachio Velvet Latte - oat drink	Venti	1591	379	12.2	9.5	55.1	44.5	8.2	8.1	0.79	89.1
Pistachio Velvet Latte - coconut drink	Short	572	137	4.6	4	18.9	18.4	2.1	3.7	0.24	44.5
Pistachio Velvet Latte - coconut drink	Tall	843	202	7.2	6.3	27.2	26.7	3.4	5.1	0.34	44.5
Pistachio Velvet Latte - coconut drink	Grande	1061	254	8.8	7.7	34.9	33.9	4.1	6.4	0.42	89.1
Pistachio Velvet Latte - coconut drink	Venti	1371	329	11.9	10.5	44	43.1	5.7	8.1	0.54	89.1
Iced Pistachio Latte - semi skimmed milk	Tall	785	186	4.6	3.2	27.4	26.9	0.2	8.7	0.41	44.5
Iced Pistachio Latte - semi skimmed milk	Grande	1021	242	6	4.2	35.7	34.8	0.4	11.1	0.53	89.1
Iced Pistachio Latte - semi skimmed milk	Venti	1191	283	6.9	4.9	42.4	41.4	0.4	12.5	0.62	89.1
Iced Pistachio Latte - whole milk	Tall	894	212	7.7	5.2	27.3	26.8	0.2	8.5	0.41	44.5
Iced Pistachio Latte - whole milk	Grande	1160	275	9.9	6.7	35.5	34.6	0.4	10.9	0.53	89.1
Iced Pistachio Latte - whole milk	Venti	1344	319	11.2	7.6	42.1	41.2	0.4	12.3	0.62	89.1
Iced Pistachio Latte - skimmed milk	Tall	704	167	2.3	1.7	27.6	27.1	0.2	8.7	0.42	44.5
Iced Pistachio Latte - skimmed milk	Grande	917	218	3.1	2.2	36	35	0.4	11.1	0.54	89.1
Iced Pistachio Latte - skimmed milk	Venti	1076	255	3.7	2.7	42.6	41.6	0.4	12.5	0.63	89.1
Iced Pistachio Latte - almond drink	Tall	620	149	3.8	1.6	23.8	23.3	0.5	3.8	0.36	44.5
Iced Pistachio Latte - almond drink	Grande	810	195	4.9	2.1	31.1	30.2	0.8	4.9	0.46	89.1
Iced Pistachio Latte - almond drink	Venti	957	230	5.7	2.6	37.2	36.3	0.8	5.7	0.54	89.1
Iced Pistachio Latte - soya drink	Tall	735	175	4.8	1.9	23.9	23.3	1.2	8.2	0.38	44.5
Iced Pistachio Latte - soya drink	Grande	957	228	6.3	2.5	31.3	30.1	1.6	10.6	0.49	89.1
Iced Pistachio Latte - soya drink	Venti	1120	267	7.2	3	37.4	36.2	1.7	11.9	0.58	89.1
Iced Pistachio Latte - oat drink	Tall	852	203	6.1	4.7	30.5	25.6	3.8	4.6	0.43	44.5
Iced Pistachio Latte - oat drink	Grande	1106	263	7.8	6.1	39.7	33.2	4.9	6	0.55	89.1
Iced Pistachio Latte - oat drink	Venti	1284	305	8.9	6.9	46.7	39.6	5.4	6.8	0.64	89.1
Iced Pistachio Latte - coconut drink	Tall	751	180	5.9	5.2	25.5	25	2.6	4.6	0.31	44.5
Iced Pistachio Latte - coconut drink	Grande	977	234	7.6	6.7	33.3	32.3	3.5	6	0.40	89.1
Iced Pistachio Latte - coconut drink	Venti	1143	273	8.7	7.6	39.6	38.7	3.8	6.8	0.48	89.1
Iced Pistachio Oat Shaken Espresso - semi skimmed milk	Tall	505	120	2.6	1.9	18.6	17.9	0.3	5.2	0.26	85.5
Iced Pistachio Oat Shaken Espresso - semi skimmed milk	Grande	674	160	3.5	2.5	25.4	24.2	0.5	6.5	0.35	128.2
Iced Pistachio Oat Shaken Espresso - semi skimmed milk	Venti	831	198	4.2	3	31.8	30.3	0.6	7.6	0.42	171
Iced Pistachio Oat Shaken Espresso - whole milk	Tall	582	131	4	2.7	18.5	17.8	0.3	5.1	0.26	85.5
Iced Pistachio Oat Shaken Espresso - whole milk	Grande	729	173	5	3.5	25.3	24.2	0.5	6.4	0.34	128.2
Iced Pistachio Oat Shaken Espresso - whole milk	Venti	893	212	6	4.1	31.7	30.2	0.6	7.5	0.42	171
Iced Pistachio Oat Shaken Espresso - skimmed milk	Tall	470	112	1.7	1.2	18.7	17.9	0.3	5.2	0.26	85.5
Iced Pistachio Oat Shaken Espresso - skimmed milk	Grande	632	150	2.3	1.7	25.4	24.3	0.5	6.5	0.35	128.2
Iced Pistachio Oat Shaken Espresso - skimmed milk	Venti	785	187	2.9	2.1	31.9	30.4	0.6	7.6	0.42	171
Iced Pistachio Oat Shaken Espresso - almond drink	Tall	434	104	2.3	1.2	17	16.3	0.5	3.1	0.24	85.5
Iced Pistachio Oat Shaken Espresso - almond drink	Grande	589	141	3	1.6	23.5	22.4	0.6	4	0.32	128.2
Iced Pistachio Oat Shaken Espresso - almond drink	Venti	737	176	3.7	2.1	29.7	28.2	0.8	4.9	0.39	171
Iced Pistachio Oat Shaken Espresso - soya drink	Tall	483	115	2.7	1.3	17.1	16.3	0.7	5	0.25	85.5
Iced Pistachio Oat Shaken Espresso - soya drink	Grande	648	154	3.6	1.8	23.6	22.4	1	6.3	0.33	128.2
Iced Pistachio Oat Shaken Espresso - soya drink	Venti	802	191	4.4	2.3	29.8	28.2	1.2	7.4	0.40	171
Iced Pistachio Oat Shaken Espresso - oat drink	Tall	534	127	3.3	2.5	19.9	17.3	1.8	3.5	0.27	85.5
Iced Pistachio Oat Shaken Espresso - oat drink	Grande	708	168	4.2	3.2	26.9	23.6	2.3	4.4	0.35	128.2
Iced Pistachio Oat Shaken Espresso - oat drink	Venti	869	207	5.1	3.9	33.5	29.6	2.7	5.3	0.43	171
Iced Pistachio Oat Shaken Espresso - coconut drink	Tall	490	117	3.2	2.7	17.8	17	1.4	3.5	0.22	85.5
Iced Pistachio Oat Shaken Espresso - coconut drink	Grande	656	157	4.1	3.5	24.4	23.2	1.7	4.4	0.29	128.2
Iced Pistachio Oat Shaken Espresso - coconut drink	Venti	812	194	5	4.1	30.7	29.2	2	5.3	0.36	171
Pistachio Macchiato - semi skimmed milk	Short	394	94	2.6	1.8	12.7	12.3	0.2	4.6	0.20	44.5
Pistachio Macchiato - semi skimmed milk	Tall	726	173	5	3.4	23	22.5	0.2	8.8	0.37	44.5
Pistachio Macchiato - semi skimmed milk	Grande	938	223	6.3	4.3	30.5	29.6	0.3	10.9	0.48	89.1
Pistachio Macchiato - semi skimmed milk	Venti	1231	292	8.3	5.7	39.7	38.8	0.3	14.5	0.63	89.1
Pistachio Macchiato - whole milk	Short	469	111	4.8	3.1	12.6	12.2	0.2	4.5	0.20	44.5
Pistachio Macchiato - whole milk	Tall	875	208	9.2	6.1	22.7	22.3	0.2	8.6	0.37	44.5
Pistachio Macchiato - whole milk	Grande	1114	265	11.3	7.5	30.3	29.3	0.3	10.6	0.47	89.1
Pistachio Macchiato - whole milk	Venti	1470	350	15.1	10	39.4	38.4	0.3	14.1	0.62	89.1
Pistachio Macchiato - skimmed milk	Short	338	80	1.1	0.7	12.9	12.4	0.2	4.6	0.20	44.5
Pistachio Macchiato - skimmed milk	Tall	616	146	1.9	1.3	23.2	22.7	0.2	8.8	0.38	44.5
Pistachio Macchiato - skimmed milk	Grande	806	191	2.6	1.8	30.8	29.9	0.3	10.9	0.48	89.1
Pistachio Macchiato - skimmed milk	Venti	1053	250	3.3	2.3	40.1	39.1	0.3	14.5	0.64	89.1
Pistachio Macchiato - almond drink	Short	280	68	2.1	0.7	10.3	9.8	0.4	1.3	0.16	44.5
Pistachio Macchiato - almond drink	Tall	500	122	3.8	1.2	18	17.5	0.6	2.2	0.30	44.5
Pistachio Macchiato - almond drink	Grande	669	162	4.9	1.7	24.6	23.7	0.8	3	0.38	89.1
Pistachio Macchiato - almond drink	Venti	868	211	6.5	2.2	31.7	30.8	1.1	3.8	0.50	89.1
Pistachio Macchiato - soya drink	Short	359	86	2.8	0.9	10.3	9.8	0.8	4.3	0.18	44.5
Pistachio Macchiato - soya drink	Tall	658	157	5.3	1.6	18.2	17.5	1.5	8.2	0.33	44.5
Pistachio Macchiato - soya drink	Grande	856	204	6.7	2.2	24.8	23.7	1.9	10.1	0.42	89.1
Pistachio Macchiato - soya drink	Venti	1121	268	8.8	2.8	32	30.7	2.5	13.5	0.56	89.1
Pistachio Macchiato - oat drink	Short	440	105	3.6	2.8	14.9	11.4	2.6	1.8	0.21	44.5
Pistachio Macchiato - oat drink	Tall	817	195	7	5.4	27.2	20.7	5.1	3.3	0.39	44.5
Pistachio Macchiato - oat drink	Grande	1046	249	8.6	6.7	35.5	27.5	6.1	4.3	0.50	89.1
Pistachio Macchiato - oat drink	Venti	1378	328	11.5	8.9	46.5	35.9	8.2	5.6	0.66	89.1
Pistachio Macchiato - coconut drink	Short	371	89	3.5	3.2	11.4	11	1.8	1.8	0.13	44.5
Pistachio Macchiato - coconut drink	Tall	680	164	6.8	6.1	20.3	19.8	3.5	3.3	0.23	44.5
Pistachio Macchiato - coconut drink	Grande	883	212	8.4	7.5	27.4	26.5	4.3	4.3	0.31	89.1
Pistachio Macchiato - coconut drink	Venti	1157	278	11.2	10	35.4	34.5	5.7	5.6	0.41	89.1
Iced Pistachio Macchiato - semi skimmed milk	Tall	615	146	4.1	2.8	20.4	19.9	0.2	6.9	0.31	44.5

Iced Pistachio Macchiato - semi skimmed milk	Grande	848	201	5.5	3.8	28.4	27.5	0.3	9.3	0.43	89.1
Iced Pistachio Macchiato - semi skimmed milk	Venti	1004	238	6.4	4.5	34.4	33.5	0.3	10.6	0.51	89.1
Iced Pistachio Macchiato - whole milk	Tall	727	173	7.2	4.8	20.2	19.7	0.2	6.8	0.31	44.5
Iced Pistachio Macchiato - whole milk	Grande	994	236	9.6	6.4	28.2	27.3	0.3	9.1	0.42	89.1
Iced Pistachio Macchiato - whole milk	Venti	1167	277	11	7.4	34.2	33.2	0.3	10.3	0.50	89.1
Iced Pistachio Macchiato - skimmed milk	Tall	532	126	1.7	1.2	20.5	20.1	0.2	6.9	0.32	44.5
Iced Pistachio Macchiato - skimmed milk	Grande	738	175	2.4	1.7	28.6	27.7	0.3	9.3	0.43	89.1
Iced Pistachio Macchiato - skimmed milk	Venti	882	209	3	2.1	34.7	33.7	0.3	10.6	0.51	89.1
Iced Pistachio Macchiato - almond drink	Tall	445	108	3.2	1.2	16.6	16.2	0.5	1.9	0.26	44.5
Iced Pistachio Macchiato - almond drink	Grande	625	151	4.4	1.6	23.5	22.6	0.8	2.7	0.35	89.1
Iced Pistachio Macchiato - almond drink	Venti	755	182	5.1	2.1	29	28	0.8	3.2	0.42	89.1
Iced Pistachio Macchiato - soya drink	Tall	564	134	4.3	1.5	16.8	16.1	1.2	6.5	0.28	44.5
Iced Pistachio Macchiato - soya drink	Grande	780	186	5.8	2.1	23.7	22.6	1.6	8.7	0.38	89.1
Iced Pistachio Macchiato - soya drink	Venti	928	221	6.8	2.5	29.2	28	1.8	9.9	0.46	89.1
Iced Pistachio Macchiato - oat drink	Tall	684	163	5.6	4.3	23.5	18.6	3.8	2.8	0.33	44.5
Iced Pistachio Macchiato - oat drink	Grande	937	223	7.5	5.8	32.6	25.8	5.1	3.9	0.45	89.1
Iced Pistachio Macchiato - oat drink	Venti	1104	263	8.6	6.7	39.1	31.5	5.7	4.5	0.53	89.1
Iced Pistachio Macchiato - coconut drink	Tall	580	139	5.4	4.8	18.4	17.9	2.7	2.8	0.21	44.5
Iced Pistachio Macchiato - coconut drink	Grande	802	193	7.2	6.5	25.8	24.9	3.6	3.9	0.29	89.1
Iced Pistachio Macchiato - coconut drink	Venti	953	229	8.3	7.4	31.5	30.6	4	4.5	0.36	89.1
Pistachio Hot Chocolate - semi skimmed milk	Short	582	138	3.3	2.1	19.3	18.6	1.3	7.2	0.19	0
Pistachio Hot Chocolate - semi skimmed milk	Tall	866	205	5.1	3.3	28.2	27.2	1.9	10.8	0.28	0
Pistachio Hot Chocolate - semi skimmed milk	Grande	1124	267	6.6	4.2	36.6	35.3	2.5	13.9	0.36	0
Pistachio Hot Chocolate - semi skimmed milk	Venti	1480	351	9	5.8	47.3	45.6	3.2	18.8	0.48	0
Pistachio Hot Chocolate - whole milk	Short	656	156	5.4	3.4	19.2	18.5	1.3	7.1	0.19	0
Pistachio Hot Chocolate - whole milk	Tall	988	235	8.5	5.4	28	27	1.9	10.6	0.28	0
Pistachio Hot Chocolate - whole milk	Grande	1282	305	11.1	7.1	36.4	35	2.5	13.7	0.35	0
Pistachio Hot Chocolate - whole milk	Venti	1709	406	15.5	9.8	46.9	45.2	3.2	18.5	0.48	0
Pistachio Hot Chocolate - skimmed milk	Short	527	125	1.7	1	19.4	18.7	1.3	7.2	0.19	0
Pistachio Hot Chocolate - skimmed milk	Tall	775	184	2.5	1.5	28.4	27.4	1.9	10.8	0.29	0
Pistachio Hot Chocolate - skimmed milk	Grande	1006	238	3.3	2	36.8	35.5	2.5	13.9	0.36	0
Pistachio Hot Chocolate - skimmed milk	Venti	1310	310	4.2	2.5	47.6	45.9	3.2	18.8	0.49	0
Pistachio Hot Chocolate - almond drink	Short	469	113	2.7	1	16.8	16.1	1.5	3.9	0.15	0
Pistachio Hot Chocolate - almond drink	Tall	680	164	4.1	1.4	24.1	23.1	2.3	5.3	0.22	0
Pistachio Hot Chocolate - almond drink	Grande	883	212	5.4	1.9	31.3	30	3	6.8	0.27	0
Pistachio Hot Chocolate - almond drink	Venti	1132	273	7.2	2.4	39.6	37.9	3.8	8.5	0.36	0
Pistachio Hot Chocolate - soya drink	Short	548	130	3.5	1.2	16.9	16.1	1.9	6.9	0.17	0
Pistachio Hot Chocolate - soya drink	Tall	810	193	5.4	1.8	24.3	23.1	3	10.3	0.24	0
Pistachio Hot Chocolate - soya drink	Grande	1051	250	7	2.3	31.5	29.9	3.9	13.3	0.31	0
Pistachio Hot Chocolate - soya drink	Venti	1374	327	9.5	3	39.9	37.8	5.2	17.8	0.42	0
Pistachio Hot Chocolate - oat drink	Short	627	149	4.3	3.1	21.4	17.7	3.7	4.4	0.20	0
Pistachio Hot Chocolate - oat drink	Tall	941	224	6.7	4.9	31.7	25.7	5.9	6.3	0.30	0
Pistachio Hot Chocolate - oat drink	Grande	1221	290	8.8	6.4	41.1	33.4	7.7	8	0.38	0
Pistachio Hot Chocolate - oat drink	Venti	1620	385	12.1	8.8	53.7	42.8	10.7	10.3	0.52	0
Pistachio Hot Chocolate - coconut drink	Short	559	134	4.2	3.4	18	17.3	2.9	4.4	0.12	0
Pistachio Hot Chocolate - coconut drink	Tall	828	198	6.5	5.4	26	25	4.6	6.3	0.17	0
Pistachio Hot Chocolate - coconut drink	Grande	1074	257	8.5	7.1	33.8	32.4	6.1	8	0.21	0
Pistachio Hot Chocolate - coconut drink	Venti	1409	338	11.7	9.9	43.2	41.5	8.3	10.3	0.27	0
Pistachio Iced Chocolate - semi skimmed milk	Tall	836	198	4.8	3.1	27.5	26.5	1.9	10.3	0.27	0
Pistachio Iced Chocolate - semi skimmed milk	Grande	1133	269	6.7	4.3	36.8	35.5	2.5	14.1	0.36	0
Pistachio Iced Chocolate - semi skimmed milk	Venti	1293	307	7.4	4.8	42.9	41.2	3.2	15.5	0.38	0
Pistachio Iced Chocolate - whole milk	Tall	949	225	8	5.1	27.3	26.3	1.9	10.1	0.26	0
Pistachio Iced Chocolate - whole milk	Grande	1294	307	11.3	7.2	36.6	35.2	2.5	13.8	0.36	0
Pistachio Iced Chocolate - whole milk	Venti	1460	347	12.2	7.7	42.6	41	3.2	15.3	0.38	0
Pistachio Iced Chocolate - skimmed milk	Tall	753	178	2.5	1.5	27.7	26.7	1.9	10.3	0.27	0
Pistachio Iced Chocolate - skimmed milk	Grande	1012	240	3.3	2	37.1	35.7	2.5	14.1	0.37	0
Pistachio Iced Chocolate - skimmed milk	Venti	1169	277	3.9	2.3	43.1	41.4	3.2	15.5	0.39	0
Pistachio Iced Chocolate - almond drink	Tall	666	160	4	1.4	23.8	22.7	2.2	5.3	0.21	0
Pistachio Iced Chocolate - almond drink	Grande	887	213	5.4	1.9	31.4	30.1	3	6.8	0.28	0
Pistachio Iced Chocolate - almond drink	Venti	1039	250	6.1	2.3	37.3	35.6	3.7	8.1	0.30	0
Pistachio Iced Chocolate - soya drink	Tall	785	187	5.1	1.7	23.9	22.7	2.9	9.8	0.23	0
Pistachio Iced Chocolate - soya drink	Grande	1058	252	7.1	2.3	31.6	30	4	13.4	0.31	0
Pistachio Iced Chocolate - soya drink	Venti	1216	267	7.8	2.7	37.5	35.6	4.6	14.9	0.33	0
Pistachio Iced Chocolate - oat drink	Tall	905	215	6.3	4.6	30.7	25.2	5.6	6.1	0.28	0
Pistachio Iced Chocolate - oat drink	Grande	1231	293	8.9	6.5	41.4	33.5	7.8	8.1	0.39	0
Pistachio Iced Chocolate - oat drink	Venti	1395	332	9.7	7	47.6	39.2	8.6	9.3	0.41	0
Pistachio Iced Chocolate - coconut drink	Tall	801	192	6.2	5.1	25.5	24.5	4.4	6.1	0.16	0
Pistachio Iced Chocolate - coconut drink	Grande	1082	259	8.6	7.2	33.9	32.6	6.1	8.1	0.21	0
Pistachio Iced Chocolate - coconut drink	Venti	1241	297	9.4	7.7	39.9	38.2	6.9	9.3	0.23	0
Pistachio Cream Frappuccino® - semi skimmed milk	Tall	1056	252	11.9	8.5	31.3	30.8	0	5	0.52	0
Pistachio Cream Frappuccino® - semi skimmed milk	Grande	1447	345	15.8	11.4	43.8	43.1	0	6.9	0.73	0
Pistachio Cream Frappuccino® - semi skimmed milk	Venti	1678	400	16.5	11.9	55	54	0.1	7.8	0.92	0
Pistachio Cream Frappuccino® - whole milk	Tall	1127	269	13.9	9.8	31.2	30.7	0	4.9	0.52	0
Pistachio Cream Frappuccino® - whole milk	Grande	1545	369	18.6	13.1	43.7	42.9	0	6.7	0.73	0
Pistachio Cream Frappuccino® - whole milk	Venti	1787	426	19.6	13.8	54.8	53.9	0.1	7.6	0.91	0
Pistachio Cream Frappuccino® - skimmed milk	Tall	1003	239	10.4	7.5	31.4	30.9	0	5	0.52	0
Pistachio Cream Frappuccino® - skimmed milk	Grande	1375	328	13.8	10	44	43.2	0	6.9	0.73	0
Pistachio Cream Frappuccino® - skimmed milk	Venti	1595	380	14.2	10.3	55.2	54.2	0.1	7.8	0.92	0
Pistachio Cream Frappuccino® - almond drink	Tall	948	228	11.3	7.4	28.9	28.4	0.2	1.8	0.48	0
Pistachio Cream Frappuccino® - almond drink	Grande	1299	312	15.1	9.9	40.6	39.8	0.3	2.5	0.68	0
Pistachio Cream Frappuccino® - almond drink	Venti	1512	363	15.7	10.2	51.4	50.4	0.4	2.9	0.86	0
Pistachio Cream Frappuccino® - soya drink	Tall	1023	245	12	7.6	29	28.4	0.7	4.7	0.50	0
Pistachio Cream Frappuccino® - soya drink	Grande	1402	335	16.1	10.2	40.7	39.8	0.9	6.5	0.70	0
Pistachio Cream Frappuccino® - soya drink	Venti	1628	389	16.8	10.6	51.5	50.4	1	7.3	0.88	0
Pistachio Cream Frappuccino® - oat drink	Tall	1100	263	12.8	9.5	33.3	29.9	2.4	2.4	0.53	0
Pistachio Cream Frappuccino® - oat drink	Grande	1507	360	17.1	12.7	46.6	41.9	3.2	3.2	0.74	0
Pistachio Cream Frappuccino® - oat drink	Venti	1745	416	18	13.3	58.1	52.7	3.6	3.7	0.93	0
Pistachio Cream Frappuccino® - coconut drink	Tall	1034	248	12.7	9.8	30	29.5	1.6	2.4	0.45	0
Pistachio Cream Frappuccino® - coconut drink	Grande	1417	340	17	13.1	42.1	41.3	2.2	3.2	0.64	0
Pistachio Cream Frappuccino® - coconut drink	Venti	1644	394	17.8	13.8	53.1	52.1	2.5	3.7	0.81	0
Pistachio Velvet Matcha Latte - semi skimmed milk	Short	617	146	3.7	2.6	20.6	20.6	0.4	7.4	0.33	23.8
Pistachio Velvet Matcha Latte - semi skimmed milk	Tall	975	231	6.2	4.2	31.4	31.3	0.9	12.2	0.51	53.7
Pistachio Velvet Matcha Latte - semi skimmed milk	Grande	1243	295	7.8	5.4	40.1	40	1.3	15.3	0.65	81.6
Pistachio Velvet Matcha Latte - semi skimmed milk	Venti	1592	378	10.2	7	50.8	50.6	1.7	19.9	0.83	109
Pistachio Velvet Matcha Latte - whole milk	Short	711	169	6.4	4.3	20.5	20.4	0.4	7.3	0.32	23.8
Pistachio Velvet Matcha Latte - whole milk	Tall	1144	272	11	7.2	31.1	31	0.9	11.9	0.51	53.7
Pistachio Velvet Matcha Latte - whole milk	Grande	1454	345	13.8	9.1	39.8	39.7	1.3	15	0.64	81.6
Pistachio Velvet Matcha Latte - whole milk	Venti	1875	445	18.2	12	50.3	50.2	1.7	19.5	0.82	109
Pistachio Velvet Matcha Latte - skimmed milk	Short	546	129	1.7	1.2	20.8	20.7	0.4	7.4	0.33	23.8
Pistachio Velvet Matcha Latte - skimmed milk	Tall	849	201	2.6	1.8	31.6	31.5	0.9	12.2	0.52	53.7
Pistachio Velvet Matcha Latte - skimmed milk	Grande	1085	257	3.4	2.3	40.4	40.3	1.3	15.3	0.66	81.6
Pistachio Velvet Matcha Latte - skimmed milk	Venti	1382	327	4.3	2.9	51.2	51	1.7	19.9	0.84	109
Pistachio Velvet Matcha Latte - almond drink	Short	473	114	3	1.2	17.5	17.4	0.7	3.2	0.28	23.8
Pistachio Velvet Matcha Latte - almond drink	Tall	717	173	4.9	1.7	25.7	25.6	1.4	4.6	0.42	53.7
Pistachio Velvet Matcha Latte - almond drink	Grande	921	222	6.2	2.2	33.1	32.9	1.9	5.8	0.54	81.6
Pistachio Velvet Matcha Latte - almond drink	Venti	1163	281	8	2.8	41.3	41.1	2.5	7.3	0.68	109
Pistachio Velvet Matcha Latte - soya drink	Short	573	136	3.9	1.4	17.6	17.4	1.2	7	0.30	23.8

Pistachio Velvet Matcha Latte - soya drink	Tall	897	214	6.5	2.2	25.9	25.6	2.3	11.5	0.46	53.7
Pistachio Velvet Matcha Latte - soya drink	Grande	1145	273	8.3	2.8	33.3	32.9	3.2	14.5	0.59	81.6
Pistachio Velvet Matcha Latte - soya drink	Venti	1462	348	10.8	3.6	41.7	41.1	4.2	18.8	0.74	109
Pistachio Velvet Matcha Latte - oat drink	Short	675	160	5	3.8	23.3	19.4	3.5	3.9	0.34	23.8
Pistachio Velvet Matcha Latte - oat drink	Tall	1078	257	8.4	6.5	36.2	29.2	6.4	5.9	0.54	53.7
Pistachio Velvet Matcha Latte - oat drink	Grande	1372	326	10.7	8.2	46.1	37.5	8.2	7.5	0.68	81.6
Pistachio Velvet Matcha Latte - oat drink	Venti	1765	420	14	10.8	58.8	47.2	11	9.4	0.87	109
Pistachio Velvet Matcha Latte - coconut drink	Short	587	141	4.8	4.3	18.9	18.9	2.5	3.9	0.24	23.8
Pistachio Velvet Matcha Latte - coconut drink	Tall	922	221	8.2	7.3	28.3	28.2	4.6	5.9	0.35	53.7
Pistachio Velvet Matcha Latte - coconut drink	Grande	1176	282	10.3	9.2	36.3	36.2	6	7.5	0.45	81.6
Pistachio Velvet Matcha Latte - coconut drink	Venti	1504	361	13.6	12.1	45.7	45.5	8	9.4	0.56	109
Iced Pistachio Matcha Latte - semi skimmed milk	Tall	721	171	4.7	3.3	23.5	23.4	0.9	8.3	0.36	55.7
Iced Pistachio Matcha Latte - semi skimmed milk	Grande	974	231	6.4	4.4	31.6	31.5	1.1	11.2	0.49	70.5
Iced Pistachio Matcha Latte - semi skimmed milk	Venti	1147	272	7.4	5.2	38	37.8	1.2	12.8	0.58	78
Iced Pistachio Matcha Latte - whole milk	Tall	848	202	8.3	5.5	23.3	23.2	0.9	8.1	0.36	55.7
Iced Pistachio Matcha Latte - whole milk	Grande	1149	273	11.4	7.5	31.4	31.2	1.1	11	0.49	70.5
Iced Pistachio Matcha Latte - whole milk	Venti	1343	319	13	8.7	37.7	37.5	1.2	12.5	0.57	78
Iced Pistachio Matcha Latte - skimmed milk	Tall	626	148	2	1.4	23.7	23.6	0.9	8.3	0.37	55.7
Iced Pistachio Matcha Latte - skimmed milk	Grande	843	200	2.7	1.9	31.9	31.8	1.1	11.2	0.50	70.5
Iced Pistachio Matcha Latte - skimmed milk	Venti	1000	237	3.3	2.3	38.2	38.1	1.2	12.8	0.59	78
Iced Pistachio Matcha Latte - almond drink	Tall	527	127	3.7	1.4	19.2	19.1	1.3	2.5	0.30	55.7
Iced Pistachio Matcha Latte - almond drink	Grande	708	171	5	1.8	25.8	25.7	1.6	3.4	0.40	70.5
Iced Pistachio Matcha Latte - almond drink	Venti	848	205	5.9	2.2	31.4	31.2	1.8	4	0.48	78
Iced Pistachio Matcha Latte - soya drink	Tall	662	158	5	1.7	19.4	19.1	2	7.7	0.33	55.7
Iced Pistachio Matcha Latte - soya drink	Grande	893	213	6.8	2.3	26	25.6	2.7	10.5	0.44	70.5
Iced Pistachio Matcha Latte - soya drink	Venti	1056	252	7.9	2.8	31.6	31.2	3	12	0.52	78
Iced Pistachio Matcha Latte - oat drink	Tall	799	190	6.4	5	27.1	21.9	5.1	3.5	0.38	55.7
Iced Pistachio Matcha Latte - oat drink	Grande	1081	257	8.7	6.8	36.6	29.4	6.9	4.7	0.52	70.5
Iced Pistachio Matcha Latte - oat drink	Venti	1267	301	10.1	7.8	43.5	35.5	7.7	5.4	0.61	78
Iced Pistachio Matcha Latte - coconut drink	Tall	681	163	6.2	5.6	21.2	21.1	3.7	3.5	0.25	55.7
Iced Pistachio Matcha Latte - coconut drink	Grande	919	221	8.5	7.6	28.5	28.4	5	4.7	0.33	70.5
Iced Pistachio Matcha Latte - coconut drink	Venti	1085	260	9.8	8.7	34.4	34.3	5.6	5.4	0.40	78
Ristretto Bianco - semi skimmed milk	Short	344	82	2.6	1.7	8.7	7.2	0	5.8	0.17	113.4
Ristretto Bianco - whole milk	Short	446	106	5.5	3.5	8.5	7.1	0	5.6	0.16	113.4
Ristretto Bianco - skimmed milk	Short	267	63	0.5	0.2	8.8	7.4	0	5.8	0.17	113.4
Ristretto Bianco - almond drink	Short	188	47	1.9	0.2	5.2	3.8	0.3	1.2	0.11	113.4
Ristretto Bianco - soya drink	Short	296	71	2.9	0.5	5.4	3.8	0.9	5.4	0.14	113.4
Ristretto Bianco - oat drink	Short	406	97	4	3.1	11.6	6	3.4	2	0.18	113.4
Ristretto Bianco - coconut drink	Short	312	76	3.9	3.6	6.8	5.4	2.3	2	0.07	113.4
Ristretto Bianco Oat Brown Sugar - semi skimmed milk	Short	445	106	2.6	1.7	14.9	13.3	0.1	5.6	0.16	113.4
Ristretto Bianco Oat Brown Sugar - whole milk	Short	544	129	5.4	3.4	14.7	13.2	0.1	5.5	0.16	113.4
Ristretto Bianco Oat Brown Sugar - skimmed milk	Short	371	88	0.5	0.2	15	13.5	0.1	5.6	0.17	113.4
Ristretto Bianco Oat Brown Sugar - almond drink	Short	294	71	1.8	0.2	11.6	10	0.4	1.2	0.11	113.4
Ristretto Bianco Oat Brown Sugar - soya drink	Short	399	95	2.8	0.5	11.7	10	1	5.2	0.13	113.4
Ristretto Bianco Oat Brown Sugar - oat drink	Short	506	120	3.9	3	17.7	12.2	3.4	1.9	0.18	113.4
Ristretto Bianco Oat Brown Sugar - coconut drink	Short	414	100	3.8	3	13.1	11.6	2.3	1.9	0.07	113.4

Winter FY26 Promo Beverages Alternative Coffees

Blonde Pistachio Velvet Latte - semi skimmed milk	Short	501	119	3.2	2.1	15.8	15.4	0.2	6.7	0.27	42.7
Blonde Pistachio Velvet Latte - semi skimmed milk	Tall	804	191	5.2	3.5	25.5	25.1	0.2	10.5	0.43	42.7
Blonde Pistachio Velvet Latte - semi skimmed milk	Grande	1032	245	6.5	4.5	33.6	32.8	0.3	12.8	0.54	85.5
Blonde Pistachio Velvet Latte - semi skimmed milk	Venti	1346	320	8.6	5.9	43.6	42.8	0.4	16.7	0.71	85.5
Blonde Pistachio Velvet Latte - whole milk	Short	591	140	5.7	3.7	15.7	15.3	0.2	6.6	0.26	42.7
Blonde Pistachio Velvet Latte - whole milk	Tall	955	227	9.5	6.2	25.3	24.8	0.2	10.2	0.42	42.7
Blonde Pistachio Velvet Latte - whole milk	Grande	1210	288	11.6	7.6	33.3	32.6	0.3	12.5	0.54	85.5
Blonde Pistachio Velvet Latte - whole milk	Venti	1587	377	15.5	10.2	43.2	42.4	0.4	16.3	0.70	85.5
Blonde Pistachio Velvet Latte - skimmed milk	Short	434	103	1.3	0.8	15.9	15.5	0.2	6.7	0.27	42.7
Blonde Pistachio Velvet Latte - skimmed milk	Tall	692	164	2.1	1.4	25.7	25.3	0.2	10.5	0.43	42.7
Blonde Pistachio Velvet Latte - skimmed milk	Grande	899	213	2.8	1.9	33.9	33.1	0.3	12.8	0.55	85.5
Blonde Pistachio Velvet Latte - skimmed milk	Venti	1166	276	3.6	2.4	43.9	43.1	0.4	16.7	0.72	85.5
Blonde Pistachio Velvet Latte - almond drink	Short	364	88	2.5	0.8	12.8	12.4	0.4	2.7	0.22	42.7
Blonde Pistachio Velvet Latte - almond drink	Tall	576	139	4	1.3	20.5	20	0.6	3.7	0.35	42.7
Blonde Pistachio Velvet Latte - almond drink	Grande	760	184	5.1	1.8	27.6	26.8	0.9	4.8	0.45	85.5
Blonde Pistachio Velvet Latte - almond drink	Venti	979	237	6.8	2.3	35.5	34.7	1.1	5.9	0.58	85.5
Blonde Pistachio Velvet Latte - soya drink	Short	459	110	3.4	1	12.9	12.4	1	6.4	0.24	42.7
Blonde Pistachio Velvet Latte - soya drink	Tall	735	175	5.5	1.7	20.6	20	1.5	9.8	0.38	42.7
Blonde Pistachio Velvet Latte - soya drink	Grande	949	226	6.9	2.3	27.8	26.8	1.9	12	0.49	85.5
Blonde Pistachio Velvet Latte - soya drink	Venti	1234	294	9.2	3	35.8	34.6	2.5	15.7	0.64	85.5
Blonde Pistachio Velvet Latte - oat drink	Short	556	132	4.4	3.3	18.3	14.3	3.1	3.4	0.28	42.7
Blonde Pistachio Velvet Latte - oat drink	Tall	896	213	7.2	5.6	29.7	23.3	5.1	4.9	0.45	42.7
Blonde Pistachio Velvet Latte - oat drink	Grande	1141	272	8.9	6.9	38.7	30.7	6.2	6.1	0.57	85.5
Blonde Pistachio Velvet Latte - oat drink	Venti	1493	356	11.9	9.2	50.4	39.9	8.3	7.7	0.74	85.5
Blonde Pistachio Velvet Latte - coconut drink	Short	472	114	4.2	3.7	14.2	13.8	2.2	3.4	0.18	42.7
Blonde Pistachio Velvet Latte - coconut drink	Tall	757	182	7	6.2	22.8	22.4	3.5	4.9	0.29	42.7
Blonde Pistachio Velvet Latte - coconut drink	Grande	976	234	8.7	7.7	30.4	29.6	4.3	6.1	0.38	85.5
Blonde Pistachio Velvet Latte - coconut drink	Venti	1270	305	11.5	10.2	39.3	38.5	5.7	7.7	0.48	85.5
Decaf Pistachio Velvet Latte - semi skimmed milk	Short	600	143	3.5	2.5	20.6	20	0.2	6.9	0.32	1.8
Decaf Pistachio Velvet Latte - semi skimmed milk	Tall	888	211	5.5	3.8	29.9	29.3	0.2	10.4	0.47	1.8
Decaf Pistachio Velvet Latte - semi skimmed milk	Grande	1116	265	6.8	4.7	38.2	37	0.3	12.6	0.58	3.6
Decaf Pistachio Velvet Latte - semi skimmed milk	Venti	1447	344	9	6.3	48.6	47.4	0.3	16.8	0.76	3.6
Decaf Pistachio Velvet Latte - whole milk	Short	688	163	6	4	20.5	19.9	0.2	6.8	0.31	1.8
Decaf Pistachio Velvet Latte - whole milk	Tall	1031	245	9.5	6.3	29.7	29.1	0.2	10.2	0.46	1.8
Decaf Pistachio Velvet Latte - whole milk	Grande	1286	306	11.6	7.7	37.9	36.7	0.3	12.4	0.58	3.6
Decaf Pistachio Velvet Latte - whole milk	Venti	1685	400	15.8	10.5	48.2	47	0.3	16.5	0.75	3.6
Decaf Pistachio Velvet Latte - skimmed milk	Short	535	127	1.7	1.2	20.7	20.1	0.2	6.9	0.32	1.8
Decaf Pistachio Velvet Latte - skimmed milk	Tall	782	185	2.5	1.7	30.1	29.5	0.2	10.4	0.47	1.8
Decaf Pistachio Velvet Latte - skimmed milk	Grande	989	235	3.2	2.3	38.4	37.3	0.3	12.6	0.59	3.6
Decaf Pistachio Velvet Latte - skimmed milk	Venti	1270	301	4	2.8	48.9	47.7	0.3	16.8	0.77	3.6
Decaf Pistachio Velvet Latte - almond drink	Short	468	113	2.9	1.2	17.7	17.1	0.4	3	0.27	1.8
Decaf Pistachio Velvet Latte - almond drink	Tall	672	162	4.4	1.7	25.2	24.5	0.6	4	0.39	1.8
Decaf Pistachio Velvet Latte - almond drink	Grande	858	207	5.4	2.2	32.5	31.3	0.8	5	0.49	3.6
Decaf Pistachio Velvet Latte - almond drink	Venti	1085	262	7.2	2.7	40.6	39.4	1	6.1	0.63	3.6
Decaf Pistachio Velvet Latte - soya drink	Short	560	133	3.7	1.4	17.8	17.1	0.9	6.6	0.29	1.8
Decaf Pistachio Velvet Latte - soya drink	Tall	823	196	5.8	2.1	25.3	24.5	1.4	9.8	0.43	1.8
Decaf Pistachio Velvet Latte - soya drink	Grande	1038	247	7.1	2.7	32.7	31.3	1.8	11.9	0.53	3.6
Decaf Pistachio Velvet Latte - soya drink	Venti	1337	319	9.5	3.4	40.9	39.3	2.4	15.8	0.69	3.6
Decaf Pistachio Velvet Latte - oat drink	Short	654	156	4.7	3.6	23.1	19	3	3.7	0.33	1.8
Decaf Pistachio Velvet Latte - oat drink	Tall	975	232	7.4	5.7	34	27.6	4.8	5.1	0.49	1.8
Decaf Pistachio Velvet Latte - oat drink	Grande	1220	290	9	7	43	35	5.9	6.3	0.61	3.6
Decaf Pistachio Velvet Latte - oat drink	Venti	1593	379	12.2	9.5	55.3	44.5	8.1	7.9	0.79	3.6
Decaf Pistachio Velvet Latte - coconut drink	Short	573	137	4.6	4	19.1	18.5	2.1	3.7	0.24	1.8
Decaf Pistachio Velvet Latte - coconut drink	Tall	844	202	7.2	6.3	27.4	26.8	3.4	5.1	0.34	1.8
Decaf Pistachio Velvet Latte - coconut drink	Grande	1063	255	8.8	7.7	35.2	34	4.1	6.3	0.42	3.6
Decaf Pistachio Velvet Latte - coconut drink	Venti	1373	329	11.9	10.5	44.3	43.1	5.6	7.9	0.54	3.6
Blonde Iced Pistachio Latte - semi skimmed milk	Tall	688	163	4.2	2.9	22.8	22.4	0.2	8.4	0.37	42.7
Blonde Iced Pistachio Latte - semi skimmed milk	Grande	935	222	5.7	3.9	31.3	30.6	0.3	11.1	0.49	85.5
Blonde Iced Pistachio Latte - semi skimmed milk	Venti	1112	264	6.7	4.7	38.1	37.3	0.4	12.6	0.58	85.5
Blonde Iced Pistachio Latte - whole milk	Tall	800	190	7.4	4.9	22.6	22.2	0.2	8.3	0.36	42.7

Blonde Iced Pistachio Latte - whole milk	Grande	1081	257	9.9	6.5	31.1	30.3	0.3	10.9	0.49	85.5
Blonde Iced Pistachio Latte - whole milk	Venti	1275	303	11.3	7.6	37.9	37.1	0.4	12.4	0.58	85.5
Blonde Iced Pistachio Latte - skimmed milk	Tall	605	143	1.9	1.3	22.9	22.5	0.2	8.4	0.37	42.7
Blonde Iced Pistachio Latte - skimmed milk	Grande	826	196	2.6	1.8	31.6	30.8	0.3	11.1	0.50	85.5
Blonde Iced Pistachio Latte - skimmed milk	Venti	990	235	3.3	2.3	38.4	37.6	0.4	12.6	0.59	85.5
Blonde Iced Pistachio Latte - almond drink	Tall	518	125	3.4	1.2	19	18.6	0.5	3.4	0.31	42.7
Blonde Iced Pistachio Latte - almond drink	Grande	712	172	4.6	1.8	26.4	25.7	0.8	4.5	0.41	85.5
Blonde Iced Pistachio Latte - almond drink	Venti	863	208	5.4	2.2	32.7	31.9	0.8	5.3	0.50	85.5
Blonde Iced Pistachio Latte - soya drink	Tall	636	152	4.5	1.6	19.2	18.6	1.2	8	0.33	42.7
Blonde Iced Pistachio Latte - soya drink	Grande	867	207	6	2.2	26.6	25.6	1.6	10.5	0.45	85.5
Blonde Iced Pistachio Latte - soya drink	Venti	1036	247	7	2.7	32.9	31.8	1.8	11.9	0.54	85.5
Blonde Iced Pistachio Latte - oat drink	Tall	756	180	5.7	4.4	25.9	21	3.8	4.3	0.38	42.7
Blonde Iced Pistachio Latte - oat drink	Grande	1024	244	7.7	5.9	35.5	28.8	5.1	5.6	0.51	85.5
Blonde Iced Pistachio Latte - oat drink	Venti	1212	288	8.9	6.8	42.8	35.4	5.7	6.5	0.61	85.5
Blonde Iced Pistachio Latte - coconut drink	Tall	653	157	5.6	4.9	20.8	20.4	2.7	4.3	0.26	42.7
Blonde Iced Pistachio Latte - coconut drink	Grande	889	213	7.5	6.6	28.7	27.9	3.6	5.6	0.35	85.5
Blonde Iced Pistachio Latte - coconut drink	Venti	1061	254	8.6	7.6	35.2	34.4	4	6.5	0.43	85.5
Decaf Iced Pistachio Latte - semi skimmed milk	Tall	786	187	4.6	3.2	27.6	26.9	0.2	8.6	0.41	1.8
Decaf Iced Pistachio Latte - semi skimmed milk	Grande	1023	243	6	4.2	36	34.8	0.3	11	0.53	3.6
Decaf Iced Pistachio Latte - semi skimmed milk	Venti	1192	283	6.9	4.9	42.6	41.4	0.3	12.4	0.62	3.6
Decaf Iced Pistachio Latte - whole milk	Tall	894	212	7.7	5.2	27.4	26.8	0.2	8.4	0.41	1.8
Decaf Iced Pistachio Latte - whole milk	Grande	1161	276	9.9	6.7	35.8	34.6	0.3	10.8	0.53	3.6
Decaf Iced Pistachio Latte - whole milk	Venti	1345	320	11.2	7.6	42.4	41.2	0.3	12.2	0.62	3.6
Decaf Iced Pistachio Latte - skimmed milk	Tall	705	167	2.3	1.7	27.7	27.1	0.2	8.6	0.42	1.8
Decaf Iced Pistachio Latte - skimmed milk	Grande	919	218	3.1	2.2	36.2	35	0.3	11	0.54	3.6
Decaf Iced Pistachio Latte - skimmed milk	Venti	1078	256	3.7	2.7	42.9	41.7	0.3	12.4	0.63	3.6
Decaf Iced Pistachio Latte - almond drink	Tall	621	149	3.8	1.6	23.9	23.3	0.5	3.7	0.36	1.8
Decaf Iced Pistachio Latte - almond drink	Grande	812	195	4.9	2.1	31.4	30.2	0.7	4.8	0.46	3.6
Decaf Iced Pistachio Latte - almond drink	Venti	959	230	5.7	2.6	37.5	36.3	0.8	5.5	0.54	3.6
Decaf Iced Pistachio Latte - soya drink	Tall	736	175	4.8	1.9	24.1	23.3	1.1	8.1	0.38	1.8
Decaf Iced Pistachio Latte - soya drink	Grande	959	228	6.3	2.5	31.5	30.2	1.5	10.4	0.49	3.6
Decaf Iced Pistachio Latte - soya drink	Venti	1121	267	7.2	3	37.7	36.3	1.7	11.8	0.58	3.6
Decaf Iced Pistachio Latte - oat drink	Tall	852	203	6.1	4.7	30.6	25.6	3.7	4.6	0.43	1.8
Decaf Iced Pistachio Latte - oat drink	Grande	1108	264	7.8	6.1	39.9	33.2	4.9	5.8	0.55	3.6
Decaf Iced Pistachio Latte - oat drink	Venti	1286	306	8.9	6.9	47	39.6	5.4	6.7	0.64	3.6
Decaf Iced Pistachio Latte - coconut drink	Tall	752	180	5.9	5.2	25.6	25	2.6	4.6	0.31	1.8
Decaf Iced Pistachio Latte - coconut drink	Grande	979	235	7.6	6.7	33.5	32.3	3.4	5.8	0.40	3.6
Decaf Iced Pistachio Latte - coconut drink	Venti	1144	274	8.7	7.6	39.9	38.7	3.8	6.7	0.48	3.6
Signature Pistachio Iced Oat Shaken Espresso - semi skimmed milk	Tall	596	142	3	2.2	23.1	22.2	0.3	5.3	0.31	89.1
Signature Pistachio Iced Oat Shaken Espresso - semi skimmed milk	Grande	725	172	3.4	2.5	29	27.6	0.5	6	0.37	133.6
Signature Pistachio Iced Oat Shaken Espresso - semi skimmed milk	Venti	885	210	4.2	3.1	35.5	33.7	0.6	7.1	0.44	178.2
Signature Pistachio Iced Oat Shaken Espresso - whole milk	Tall	637	151	4.1	2.9	23.1	22.2	0.3	5.3	0.30	89.1
Signature Pistachio Iced Oat Shaken Espresso - whole milk	Grande	761	181	4.4	3.2	28.9	27.6	0.5	5.9	0.37	133.6
Signature Pistachio Iced Oat Shaken Espresso - whole milk	Venti	928	220	5.4	3.8	35.4	33.7	0.6	7.1	0.44	178.2
Signature Pistachio Iced Oat Shaken Espresso - skimmed milk	Tall	566	134	2.1	1.6	23.2	22.3	0.3	5.3	0.31	89.1
Signature Pistachio Iced Oat Shaken Espresso - skimmed milk	Grande	699	166	2.7	2	29	27.7	0.5	6	0.37	133.6
Signature Pistachio Iced Oat Shaken Espresso - skimmed milk	Venti	854	203	3.3	2.5	35.6	33.8	0.6	7.1	0.45	178.2
Signature Pistachio Iced Oat Shaken Espresso - almond drink	Tall	534	128	2.6	1.5	21.8	20.9	0.5	3.5	0.28	89.1
Signature Pistachio Iced Oat Shaken Espresso - almond drink	Grande	671	160	3.2	2	27.8	26.4	0.6	4.4	0.35	133.6
Signature Pistachio Iced Oat Shaken Espresso - almond drink	Venti	821	196	3.9	2.5	34.1	32.3	0.8	5.2	0.42	178.2
Signature Pistachio Iced Oat Shaken Espresso - soya drink	Tall	578	137	3	1.7	21.8	20.8	0.7	5.2	0.29	89.1
Signature Pistachio Iced Oat Shaken Espresso - soya drink	Grande	709	169	3.5	2.1	27.8	26.4	0.8	5.8	0.36	133.6
Signature Pistachio Iced Oat Shaken Espresso - soya drink	Venti	866	206	4.3	2.6	34.1	32.3	1	7	0.43	178.2
Signature Pistachio Iced Oat Shaken Espresso - oat drink	Tall	621	148	3.5	2.7	24.3	21.7	1.7	3.8	0.31	89.1
Signature Pistachio Iced Oat Shaken Espresso - oat drink	Grande	747	178	3.9	3	30	27.2	1.7	4.6	0.37	133.6
Signature Pistachio Iced Oat Shaken Espresso - oat drink	Venti	911	217	4.8	3.7	36.7	33.2	2	5.6	0.45	178.2
Signature Pistachio Iced Oat Shaken Espresso - coconut drink	Tall	584	139	3.4	2.9	22.4	21.5	1.2	3.8	0.27	89.1
Signature Pistachio Iced Oat Shaken Espresso - coconut drink	Grande	714	170	3.9	3.2	28.3	27	1.3	4.6	0.33	133.6
Signature Pistachio Iced Oat Shaken Espresso - coconut drink	Venti	872	208	4.7	3.9	34.7	33	1.6	5.6	0.40	178.2
Decaf Pistachio Iced Oat Shaken Espresso - semi skimmed milk	Tall	598	142	3	2.2	23.4	22.2	0.3	5.2	0.31	3.6
Decaf Pistachio Iced Oat Shaken Espresso - semi skimmed milk	Grande	728	173	3.4	2.5	29.4	27.7	0.4	5.8	0.37	5.4
Decaf Pistachio Iced Oat Shaken Espresso - semi skimmed milk	Venti	889	211	4.2	3.1	36	33.8	0.5	6.9	0.44	7.2
Decaf Pistachio Iced Oat Shaken Espresso - whole milk	Tall	639	152	4.1	2.9	23.3	22.2	0.3	5.2	0.30	3.6
Decaf Pistachio Iced Oat Shaken Espresso - whole milk	Grande	764	181	4.4	3.2	29.3	27.6	0.4	5.7	0.37	5.4
Decaf Pistachio Iced Oat Shaken Espresso - whole milk	Venti	931	221	5.4	3.8	36	33.7	0.5	6.8	0.44	7.2
Decaf Pistachio Iced Oat Shaken Espresso - skimmed milk	Tall	568	135	2.1	1.6	23.5	22.3	0.3	5.2	0.31	3.6
Decaf Pistachio Iced Oat Shaken Espresso - skimmed milk	Grande	701	167	2.7	2	29.4	27.7	0.4	5.8	0.37	5.4
Decaf Pistachio Iced Oat Shaken Espresso - skimmed milk	Venti	858	204	3.3	2.5	36.1	33.8	0.5	6.9	0.45	7.2
Decaf Pistachio Iced Oat Shaken Espresso - almond drink	Tall	536	128	2.6	1.5	22	20.9	0.4	3.4	0.28	3.6
Decaf Pistachio Iced Oat Shaken Espresso - almond drink	Grande	674	161	3.2	2	28.2	26.5	0.5	4.2	0.35	5.4
Decaf Pistachio Iced Oat Shaken Espresso - almond drink	Venti	825	197	3.9	2.5	34.6	32.3	0.7	5	0.42	7.2
Decaf Pistachio Iced Oat Shaken Espresso - soya drink	Tall	579	138	3	1.7	22.1	20.9	0.6	5	0.29	3.6
Decaf Pistachio Iced Oat Shaken Espresso - soya drink	Grande	711	169	3.5	2.1	28.2	26.5	0.7	5.6	0.36	5.4
Decaf Pistachio Iced Oat Shaken Espresso - soya drink	Venti	870	207	4.3	2.6	34.7	32.3	0.9	6.7	0.43	7.2
Decaf Pistachio Iced Oat Shaken Espresso - oat drink	Tall	623	148	3.5	2.7	24.6	21.8	1.6	3.7	0.31	3.6
Decaf Pistachio Iced Oat Shaken Espresso - oat drink	Grande	750	178	3.9	3	30.4	27.2	1.6	4.4	0.37	5.4
Decaf Pistachio Iced Oat Shaken Espresso - oat drink	Venti	915	218	4.8	3.7	37.2	33.3	1.9	5.3	0.45	7.2
Decaf Pistachio Iced Oat Shaken Espresso - coconut drink	Tall	585	140	3.4	2.9	22.7	21.5	1.2	3.7	0.27	3.6
Decaf Pistachio Iced Oat Shaken Espresso - coconut drink	Grande	717	171	3.9	3.2	28.7	27	1.2	4.4	0.33	5.4
Decaf Pistachio Iced Oat Shaken Espresso - coconut drink	Venti	876	209	4.7	3.9	35.3	33	1.5	5.3	0.40	7.2
Blonde Pistachio Macchiato - semi skimmed milk	Short	392	93	2.6	1.8	12.7	12.3	0.2	4.6	0.20	42.7
Blonde Pistachio Macchiato - semi skimmed milk	Tall	724	172	5	3.4	22.9	22.5	0.2	8.8	0.37	42.7
Blonde Pistachio Macchiato - semi skimmed milk	Grande	934	222	6.3	4.3	30.4	29.6	0.3	10.8	0.48	85.5
Blonde Pistachio Macchiato - semi skimmed milk	Venti	1227	292	8.3	5.7	39.6	38.8	0.3	14.4	0.63	85.5
Blonde Pistachio Macchiato - whole milk	Short	467	111	4.8	3.1	12.6	12.2	0.2	4.5	0.20	42.7
Blonde Pistachio Macchiato - whole milk	Tall	873	208	9.2	6.1	22.7	22.3	0.2	8.6	0.37	42.7
Blonde Pistachio Macchiato - whole milk	Grande	1110	264	11.3	7.5	30.1	29.3	0.3	10.5	0.47	85.5
Blonde Pistachio Macchiato - whole milk	Venti	1466	349	15.1	10	39.2	38.4	0.3	14.1	0.62	85.5
Blonde Pistachio Macchiato - skimmed milk	Short	336	80	1.1	0.7	12.8	12.4	0.2	4.6	0.20	42.7
Blonde Pistachio Macchiato - skimmed milk	Tall	614	145	1.9	1.3	23.1	22.7	0.2	8.8	0.38	42.7
Blonde Pistachio Macchiato - skimmed milk	Grande	802	190	2.6	1.8	30.7	29.9	0.3	10.8	0.48	85.5
Blonde Pistachio Macchiato - skimmed milk	Venti	1049	249	3.3	2.3	39.9	39.1	0.3	14.4	0.64	85.5
Blonde Pistachio Macchiato - almond drink	Short	278	68	2.1	0.7	10.2	9.8	0.4	1.2	0.16	42.7
Blonde Pistachio Macchiato - almond drink	Tall	498	121	3.8	1.2	17.9	17.5	0.6	2.1	0.30	42.7
Blonde Pistachio Macchiato - almond drink	Grande	665	161	4.9	1.7	24.5	23.7	0.8	2.9	0.38	85.5
Blonde Pistachio Macchiato - almond drink	Venti	864	210	6.5	2.2	31.6	30.8	1.1	3.7	0.50	85.5
Blonde Pistachio Macchiato - soya drink	Short	357	85	2.8	0.9	10.3	9.8	0.8	4.3	0.18	42.7
Blonde Pistachio Macchiato - soya drink	Tall	656	157	5.3	1.6	18.1	17.5	1.5	8.2	0.33	42.7
Blonde Pistachio Macchiato - soya drink	Grande	852	203	6.7	2.2	24.7	23.7	1.9	10.1	0.42	85.5
Blonde Pistachio Macchiato - soya drink	Venti	1117	267	8.8	2.8	31.9	30.7	2.5	13.4	0.56	85.5
Blonde Pistachio Macchiato - oat drink	Short	438	104	3.6	2.8	14.8	11.4	2.6	1.8	0.21	42.7
Blonde Pistachio Macchiato - oat drink	Tall	815	194	7	5.4	27.1	20.7	5.1	3.3	0.39	42.7
Blonde Pistachio Macchiato - oat drink	Grande	1042	248	8.6	6.7	35.4	27.5	6.1	4.2	0.50	85.5
Blonde Pistachio Macchiato - oat drink	Venti	1374	327	11.5	8.9	46.4	35.9	8.2	5.5	0.66	85.5
Blonde Pistachio Macchiato - coconut drink	Short	369	89	3.5	3.2	11.3	11	1.8	1.8	0.13	42.7
Blonde Pistachio Macchiato - coconut drink	Tall	678	163	6.8	6.1	20.2	19.8	3.5	3.3	0.23	42.7
Blonde Pistachio Macchiato - coconut drink	Grande	879	211	8.4	7.5	27.2	26.5	4.3	4.2	0.31	85.5

Blonde Pistachio Macchiato - coconut drink	Venti	1153	277	11.2	10	35.3	34.5	5.7	5.5	0.41	85.5
Decaf Pistachio Macchiato - semi skimmed milk	Short	395	94	2.6	1.8	12.9	12.3	0.1	4.6	0.20	1.8
Decaf Pistachio Macchiato - semi skimmed milk	Tall	727	173	5	3.4	23.1	22.5	0.2	8.8	0.37	1.8
Decaf Pistachio Macchiato - semi skimmed milk	Grande	940	223	6.3	4.3	30.8	29.6	0.3	10.7	0.48	3.6
Decaf Pistachio Macchiato - semi skimmed milk	Venti	1233	293	8.3	5.7	40	38.8	0.3	14.4	0.63	3.6
Decaf Pistachio Macchiato - whole milk	Short	469	112	4.8	3.1	12.8	12.2	0.1	4.4	0.20	1.8
Decaf Pistachio Macchiato - whole milk	Tall	876	208	9.2	6.1	22.9	22.3	0.2	8.6	0.37	1.8
Decaf Pistachio Macchiato - whole milk	Grande	1116	265	11.3	7.5	30.5	29.4	0.3	10.5	0.47	3.6
Decaf Pistachio Macchiato - whole milk	Venti	1472	350	15.1	10	39.6	38.4	0.3	14	0.62	3.6
Decaf Pistachio Macchiato - skimmed milk	Short	339	80	1.1	0.7	13	12.4	0.1	4.6	0.20	1.8
Decaf Pistachio Macchiato - skimmed milk	Tall	617	146	1.9	1.3	23.3	22.7	0.2	8.8	0.38	1.8
Decaf Pistachio Macchiato - skimmed milk	Grande	808	192	2.6	1.8	31.1	29.9	0.3	10.7	0.48	3.6
Decaf Pistachio Macchiato - skimmed milk	Venti	1055	250	3.3	2.3	40.3	39.2	0.3	14.4	0.64	3.6
Decaf Pistachio Macchiato - almond drink	Short	281	68	2.1	0.7	10.4	9.8	0.4	1.2	0.16	1.8
Decaf Pistachio Macchiato - almond drink	Tall	501	122	3.8	1.2	18.1	17.5	0.6	2.1	0.30	1.8
Decaf Pistachio Macchiato - almond drink	Grande	671	163	4.9	1.7	24.9	23.7	0.8	2.8	0.38	3.6
Decaf Pistachio Macchiato - almond drink	Venti	870	211	6.5	2.2	32	30.8	1	3.6	0.50	3.6
Decaf Pistachio Macchiato - soya drink	Short	360	86	2.8	0.9	10.5	9.8	0.8	4.2	0.18	1.8
Decaf Pistachio Macchiato - soya drink	Tall	659	157	5.3	1.6	18.3	17.5	1.5	8.2	0.33	1.8
Decaf Pistachio Macchiato - soya drink	Grande	858	205	6.7	2.2	25.1	23.7	1.8	10	0.42	3.6
Decaf Pistachio Macchiato - soya drink	Venti	1123	268	8.8	2.8	32.3	30.8	2.4	13.4	0.56	3.6
Decaf Pistachio Macchiato - oat drink	Short	441	105	3.6	2.8	15	11.4	2.6	1.8	0.21	1.8
Decaf Pistachio Macchiato - oat drink	Tall	818	195	7	5.4	27.3	20.7	5	3.2	0.39	1.8
Decaf Pistachio Macchiato - oat drink	Grande	1048	250	8.6	6.7	35.8	27.5	6.1	4.2	0.50	3.6
Decaf Pistachio Macchiato - oat drink	Venti	1379	329	11.5	8.9	46.8	36	8.1	5.5	0.66	3.6
Decaf Pistachio Macchiato - coconut drink	Short	371	89	3.5	3.2	11.5	11	1.8	1.8	0.13	1.8
Decaf Pistachio Macchiato - coconut drink	Tall	681	164	6.8	6.1	20.4	19.8	3.5	3.2	0.23	1.8
Decaf Pistachio Macchiato - coconut drink	Grande	884	213	8.4	7.5	27.6	26.5	4.2	4.2	0.31	3.6
Decaf Pistachio Macchiato - coconut drink	Venti	1158	279	11.2	10	35.7	31.5	5.6	5.5	0.41	3.6
Blonde Iced Pistachio Macchiato - semi skimmed milk	Tall	613	146	4.1	2.8	20.3	19.9	0.2	6.9	0.31	42.7
Blonde Iced Pistachio Macchiato - semi skimmed milk	Grande	843	200	5.5	3.8	28.3	27.5	0.3	9.2	0.43	85.5
Blonde Iced Pistachio Macchiato - semi skimmed milk	Venti	1000	237	6.4	4.5	34.3	33.5	0.3	10.5	0.51	85.5
Blonde Iced Pistachio Macchiato - whole milk	Tall	725	172	7.2	4.8	20.1	19.7	0.2	6.7	0.31	42.7
Blonde Iced Pistachio Macchiato - whole milk	Grande	990	235	9.6	6.4	28.1	27.3	0.3	9	0.42	85.5
Blonde Iced Pistachio Macchiato - whole milk	Venti	1163	276	11	7.4	34	33.2	0.3	10.2	0.50	85.5
Blonde Iced Pistachio Macchiato - skimmed milk	Tall	530	126	1.7	1.2	20.5	20.1	0.2	6.9	0.32	42.7
Blonde Iced Pistachio Macchiato - skimmed milk	Grande	734	174	2.4	1.7	28.5	27.7	0.3	9.2	0.43	85.5
Blonde Iced Pistachio Macchiato - skimmed milk	Venti	878	208	3	2.1	34.5	33.7	0.3	10.5	0.51	85.5
Blonde Iced Pistachio Macchiato - almond drink	Tall	443	107	3.2	1.2	16.6	16.2	0.5	1.9	0.26	42.7
Blonde Iced Pistachio Macchiato - almond drink	Grande	621	150	4.4	1.6	23.4	22.6	0.8	2.7	0.35	85.5
Blonde Iced Pistachio Macchiato - almond drink	Venti	751	181	5.1	2.1	28.8	28	0.8	3.1	0.42	85.5
Blonde Iced Pistachio Macchiato - soya drink	Tall	562	134	4.3	1.5	16.7	16.1	1.2	6.4	0.28	42.7
Blonde Iced Pistachio Macchiato - soya drink	Grande	776	185	5.8	2.1	23.6	22.6	1.6	8.6	0.38	85.5
Blonde Iced Pistachio Macchiato - soya drink	Venti	924	220	6.8	2.5	29	28	1.8	9.8	0.46	85.5
Blonde Iced Pistachio Macchiato - oat drink	Tall	682	162	5.6	4.3	23.5	18.6	3.8	2.7	0.33	42.7
Blonde Iced Pistachio Macchiato - oat drink	Grande	933	222	7.5	5.8	32.4	25.8	5.1	3.8	0.45	85.5
Blonde Iced Pistachio Macchiato - oat drink	Venti	1100	262	8.6	6.7	38.9	31.5	5.7	4.4	0.53	85.5
Blonde Iced Pistachio Macchiato - coconut drink	Tall	578	139	5.4	4.8	18.3	17.9	2.7	2.7	0.21	42.7
Blonde Iced Pistachio Macchiato - coconut drink	Grande	798	192	7.2	6.5	25.7	24.9	3.6	3.8	0.29	85.5
Blonde Iced Pistachio Macchiato - coconut drink	Venti	949	228	8.3	7.4	31.4	30.6	4	4.4	0.36	85.5
Decaf Iced Pistachio Macchiato - semi skimmed milk	Tall	616	146	4.1	2.8	20.5	19.9	0.2	6.9	0.31	1.8
Decaf Iced Pistachio Macchiato - semi skimmed milk	Grande	849	202	5.5	3.8	28.7	27.5	0.3	9.2	0.43	3.6
Decaf Iced Pistachio Macchiato - semi skimmed milk	Venti	1006	239	6.4	4.5	34.7	33.5	0.3	10.4	0.51	3.6
Decaf Iced Pistachio Macchiato - whole milk	Tall	728	173	7.2	4.8	20.3	19.7	0.2	6.7	0.31	1.8
Decaf Iced Pistachio Macchiato - whole milk	Grande	996	237	9.6	6.4	28.5	27.3	0.3	9	0.42	3.6
Decaf Iced Pistachio Macchiato - whole milk	Venti	1169	278	11	7.4	34.4	33.3	0.3	10.2	0.50	3.6
Decaf Iced Pistachio Macchiato - skimmed milk	Tall	533	126	1.7	1.2	20.7	20.1	0.2	6.9	0.32	1.8
Decaf Iced Pistachio Macchiato - skimmed milk	Grande	740	176	2.4	1.7	28.9	27.8	0.3	9.2	0.43	3.6
Decaf Iced Pistachio Macchiato - skimmed milk	Venti	884	210	3	2.1	34.9	33.8	0.3	10.4	0.51	3.6
Decaf Iced Pistachio Macchiato - almond drink	Tall	446	108	3.2	1.2	16.8	16.2	0.5	1.8	0.26	1.8
Decaf Iced Pistachio Macchiato - almond drink	Grande	627	152	4.4	1.6	23.8	22.6	0.7	2.6	0.35	3.6
Decaf Iced Pistachio Macchiato - almond drink	Venti	757	183	5.1	2.1	29.2	28	0.8	3.1	0.42	3.6
Decaf Iced Pistachio Macchiato - soya drink	Tall	565	135	4.3	1.5	16.9	16.1	1.1	6.4	0.28	1.8
Decaf Iced Pistachio Macchiato - soya drink	Grande	782	186	5.8	2.1	24	22.6	1.6	8.6	0.38	3.6
Decaf Iced Pistachio Macchiato - soya drink	Venti	930	222	6.8	2.5	29.4	28	1.7	9.7	0.46	3.6
Decaf Iced Pistachio Macchiato - oat drink	Tall	685	163	5.6	4.3	23.7	18.6	3.8	2.7	0.33	1.8
Decaf Iced Pistachio Macchiato - oat drink	Grande	939	224	7.5	5.8	32.8	25.8	5.1	3.7	0.45	3.6
Decaf Iced Pistachio Macchiato - oat drink	Venti	1106	263	8.6	6.7	39.3	31.6	5.7	4.3	0.53	3.6
Decaf Iced Pistachio Macchiato - coconut drink	Tall	581	140	5.4	4.8	18.5	17.9	2.7	2.7	0.21	1.8
Decaf Iced Pistachio Macchiato - coconut drink	Grande	803	193	7.2	6.5	26.1	24.9	3.6	3.7	0.29	3.6
Decaf Iced Pistachio Macchiato - coconut drink	Venti	954	229	8.3	7.4	31.8	30.6	4	4.3	0.36	3.6
Signature Ristretto Bianco - semi skimmed milk	Short	342	81	2.6	1.7	8.7	7.2	0	5.8	0.17	106.4
Signature Ristretto Bianco - whole milk	Short	445	106	5.5	3.5	8.5	7.1	0	5.7	0.16	106.4
Signature Ristretto Bianco - skimmed milk	Short	266	63	0.5	0.2	8.8	7.4	0	5.8	0.17	106.4
Signature Ristretto Bianco - almond drink	Short	186	46	1.9	0.2	5.2	3.8	0.3	1.2	0.11	106.4
Signature Ristretto Bianco - soya drink	Short	295	71	2.9	0.5	5.4	3.8	0.9	5.4	0.14	106.4
Signature Ristretto Bianco - oat drink	Short	405	97	4	3.1	11.6	6	3.4	2	0.18	106.4
Signature Ristretto Bianco - coconut drink	Short	310	75	3.9	3.6	6.8	5.4	2.3	2	0.07	106.4
Decaf Ristretto Bianco - semi skimmed milk	Short	355	85	2.8	1.7	8.9	7.3	0.3	5.8	0.17	5.4
Decaf Ristretto Bianco - whole milk	Short	457	109	5.7	3.6	8.8	7.2	0.3	5.6	0.16	5.4
Decaf Ristretto Bianco - skimmed milk	Short	279	66	0.7	0.3	9.1	7.5	0.3	5.8	0.17	5.4
Decaf Ristretto Bianco - almond drink	Short	199	50	2	0.2	5.5	3.9	0.6	1.2	0.11	5.4
Decaf Ristretto Bianco - soya drink	Short	308	74	3	0.5	5.6	3.9	1.2	5.3	0.14	5.4
Decaf Ristretto Bianco - oat drink	Short	418	100	4.2	3.1	11.8	6.1	3.7	1.9	0.18	5.4
Decaf Ristretto Bianco - coconut drink	Short	323	79	4	3.6	7.1	5.5	2.6	1.9	0.07	5.4
Signature Ristretto Bianco Oat Brown Sugar - semi skimmed milk	Short	443	105	2.6	1.7	14.9	13.3	0.1	5.7	0.16	106.4
Signature Ristretto Bianco Oat Brown Sugar - whole milk	Short	543	129	5.4	3.4	14.7	13.2	0.1	5.5	0.16	106.4
Signature Ristretto Bianco Oat Brown Sugar - skimmed milk	Short	369	87	0.5	0.2	15	13.5	0.1	5.7	0.17	106.4
Signature Ristretto Bianco Oat Brown Sugar - almond drink	Short	292	71	1.8	0.2	11.6	10	0.4	1.2	0.11	106.4
Signature Ristretto Bianco Oat Brown Sugar - soya drink	Short	397	95	2.8	0.5	11.7	10	1	5.3	0.13	106.4
Signature Ristretto Bianco Oat Brown Sugar - oat drink	Short	504	120	3.9	3	17.7	12.2	3.4	2	0.18	106.4
Signature Ristretto Bianco Oat Brown Sugar - coconut drink	Short	412	99	3.8	3.5	13.1	11.6	2.3	2	0.07	106.4
Decaf Ristretto Bianco Oat Brown Sugar - semi skimmed milk	Short	456	109	2.7	1.7	15.1	13.5	0.4	5.6	0.16	5.4
Decaf Ristretto Bianco Oat Brown Sugar - whole milk	Short	556	132	5.5	3.5	15	13.3	0.4	5.5	0.16	5.4
Decaf Ristretto Bianco Oat Brown Sugar - skimmed milk	Short	382	91	0.6	0.3	15.3	13.6	0.4	5.6	0.16	5.4
Decaf Ristretto Bianco Oat Brown Sugar - almond drink	Short	305	74	2	0.2	11.8	10.1	0.7	1.1	0.11	5.4
Decaf Ristretto Bianco Oat Brown Sugar - soya drink	Short	410	98	2.9	0.5	11.9	10.1	1.3	5.2	0.13	5.4
Decaf Ristretto Bianco Oat Brown Sugar - oat drink	Short	517	123	4.1	3	18	12.3	3.7	1.9	0.18	5.4
Decaf Ristretto Bianco Oat Brown Sugar - coconut drink	Short	425	103	3.9	3.5	13.4	11.7	2.7	1.9	0.07	5.4
Espresso Drinks											
Americano	Short	15	4	0.1	0	0.4	0	0.1	0.2	0.00	44.5
Americano	Tall	29	7	0.1	0	0.9	0.1	0.3	0.4	0.00	89.1
Americano	Grande	44	11	0.2	0.1	1.3	0.1	0.4	0.6	0.00	133.6
Americano	Venti	58	14	0.3	0.1	1.8	0.2	0.5	0.8	0.00	178.2
Caffe Latte - semi skimmed milk	Short	310	74	2.6	1.6	7.3	6.9	0.1	5.3	0.16	44.5
Caffe Latte - semi skimmed milk	Tall	543	129	4.5	2.9	12.7	12.3	0.1	9.4	0.28	44.5
Caffe Latte - semi skimmed milk	Grande	636	151	5.2	3.4	15	14.2	0.3	10.9	0.32	89.1

Caffe Latte - semi skimmed milk	Venti	859	204	7.1	4.6	20.2	19.4	0.3	14.8	0.44	89.1
Caffe Latte - whole milk	Short	408	97	5.3	3.4	7.2	6.8	0.1	5.2	0.15	44.5
Caffe Latte - whole milk	Tall	718	171	9.5	6	12.5	12.1	0.1	9.1	0.28	44.5
Caffe Latte - whole milk	Grande	838	200	11	6.9	14.7	13.9	0.3	10.6	0.32	89.1
Caffe Latte - whole milk	Venti	1134	270	14.9	9.4	19.8	19	0.3	14.4	0.43	89.1
Caffe Latte - skimmed milk	Short	237	56	0.5	0.2	7.5	7.1	0.1	5.3	0.16	44.5
Caffe Latte - skimmed milk	Tall	412	98	0.9	0.4	13	12.6	0.1	9.4	0.29	44.5
Caffe Latte - skimmed milk	Grande	486	115	1	0.4	15.3	14.5	0.3	10.9	0.33	89.1
Caffe Latte - skimmed milk	Venti	653	155	1.4	0.6	20.6	19.8	0.3	14.8	0.45	89.1
Caffe Latte - almond drink	Short	161	40	1.8	0.2	4	3.6	0.4	0.9	0.11	44.5
Caffe Latte - almond drink	Tall	276	69	3.2	0.3	6.9	6.5	0.7	1.5	0.19	44.5
Caffe Latte - almond drink	Grande	320	82	3.7	0.3	8.3	7.5	0.9	1.9	0.22	89.1
Caffe Latte - almond drink	Venti	440	110	5	0.4	11	10.2	1.1	2.4	0.30	89.1
Caffe Latte - soya drink	Short	265	64	2.8	0.4	4.2	3.6	1	4.9	0.13	44.5
Caffe Latte - soya drink	Tall	462	111	4.9	0.8	7.1	6.4	1.7	8.6	0.23	44.5
Caffe Latte - soya drink	Grande	543	130	5.7	0.9	8.5	7.4	2	10.1	0.26	89.1
Caffe Latte - soya drink	Venti	731	176	7.7	1.2	11.3	10.1	2.7	13.6	0.36	89.1
Caffe Latte - oat drink	Short	367	87	4.5	0.4	10	4.7	1.6	1.3	0.18	44.5
Caffe Latte - oat drink	Tall	645	153	7.9	0.8	17.5	8.4	2.7	2.2	0.33	44.5
Caffe Latte - oat drink	Grande	753	178	9.2	0.9	20.4	9.7	3.2	2.7	0.38	89.1
Caffe Latte - oat drink	Venti	1019	241	12.5	1.2	27.6	13.2	4.3	3.6	0.51	89.1
Caffe Latte - coconut drink	Short	213	50	2.2	1	5.2	4.8	0.6	2.4	0.13	44.5
Caffe Latte - coconut drink	Tall	370	87	3.9	1.8	8.9	8.5	0.9	4.1	0.23	44.5
Caffe Latte - coconut drink	Grande	438	103	4.6	2.1	10.6	9.8	1.2	4.8	0.26	89.1
Caffe Latte - coconut drink	Venti	588	139	6.2	2.9	14.2	13.4	1.5	6.4	0.36	89.1
Latte Macchiato - semi skimmed milk	Short	269	64	2.2	1.4	6.4	6	0.1	4.6	0.14	44.5
Latte Macchiato - semi skimmed milk	Tall	461	110	3.8	2.5	10.8	10.4	0.1	7.9	0.24	44.5
Latte Macchiato - semi skimmed milk	Grande	616	147	5.1	3.2	14.6	13.7	0.3	10.6	0.31	89.1
Latte Macchiato - semi skimmed milk	Venti	800	190	6.6	4.2	18.8	18	0.3	13.8	0.41	89.1
Latte Macchiato - whole milk	Short	353	84	4.6	2.9	6.2	5.8	0.1	4.5	0.13	44.5
Latte Macchiato - whole milk	Tall	609	145	8	5.1	10.6	10.2	0.1	7.7	0.23	44.5
Latte Macchiato - whole milk	Grande	811	193	10.6	6.7	14.3	13.5	0.3	10.3	0.31	89.1
Latte Macchiato - whole milk	Venti	1056	252	13.9	8.8	18.5	17.7	0.3	13.4	0.40	89.1
Latte Macchiato - skimmed milk	Short	206	49	0.4	0.2	6.5	6.1	0.1	4.6	0.14	44.5
Latte Macchiato - skimmed milk	Tall	351	83	0.7	0.3	11.1	10.7	0.1	7.9	0.24	44.5
Latte Macchiato - skimmed milk	Grande	471	112	1	0.4	14.8	14	0.3	10.6	0.32	89.1
Latte Macchiato - skimmed milk	Venti	609	145	1.3	0.5	19.2	18.4	0.3	13.8	0.42	89.1
Latte Macchiato - almond drink	Short	140	35	1.6	0.1	3.5	3.1	0.4	0.8	0.09	44.5
Latte Macchiato - almond drink	Tall	236	59	2.7	0.2	5.9	5.5	0.6	1.3	0.16	44.5
Latte Macchiato - almond drink	Grande	320	80	3.6	0.3	8	7.2	0.8	1.8	0.21	89.1
Latte Macchiato - almond drink	Venti	411	103	4.6	0.4	10.3	9.5	1	2.3	0.28	89.1
Latte Macchiato - soya drink	Short	230	55	2.4	0.4	3.6	3.1	0.9	4.3	0.11	44.5
Latte Macchiato - soya drink	Tall	393	94	4.2	0.7	6.1	5.4	1.4	7.3	0.19	44.5
Latte Macchiato - soya drink	Grande	526	126	5.5	0.9	8.3	7.2	2	9.8	0.26	89.1
Latte Macchiato - soya drink	Venti	682	164	7.2	1.2	10.6	9.4	2.5	12.7	0.34	89.1
Latte Macchiato - oat drink	Short	318	75	3.9	0.4	8.6	4.1	1.4	1.2	0.16	44.5
Latte Macchiato - oat drink	Tall	548	130	6.7	0.7	14.8	7.1	2.3	1.9	0.28	44.5
Latte Macchiato - oat drink	Grande	729	173	8.9	0.9	19.8	9.4	3.1	2.7	0.36	89.1
Latte Macchiato - oat drink	Venti	949	225	11.6	1.2	25.7	12.3	4	3.4	0.48	89.1
Latte Macchiato - coconut drink	Short	186	44	1.9	0.9	4.5	4.1	0.5	2.1	0.11	44.5
Latte Macchiato - coconut drink	Tall	315	74	3.3	1.5	7.6	7.2	0.8	3.5	0.19	44.5
Latte Macchiato - coconut drink	Grande	424	100	4.4	2	10.3	9.5	1.1	4.7	0.26	89.1
Latte Macchiato - coconut drink	Venti	548	129	5.8	2.7	13.2	12.4	1.4	6	0.34	89.1
Freshly Brewed Coffee	Short	68	16	0.7	0.2	1.4	0.2	1.1	0.7	0.01	131.7
Freshly Brewed Coffee	Tall	109	25	1.1	0.4	2.2	0.4	1.8	1.1	0.01	209.8
Freshly Brewed Coffee	Grande	132	31	1.3	0.4	2.6	0.4	2.2	1.3	0.01	254.6
Freshly Brewed Coffee	Venti	168	39	1.7	0.6	3.4	0.6	2.8	1.7	0.01	324.2
Espresso Doppio	Doppio	29	7	0.1	0	0.9	0.1	0.3	0.4	0.00	89.1
Espresso	Single	15	4	0.1	0	0.4	0	0.1	0.2	0.00	44.5
Espresso Macchiato - semi skimmed milk	Single	25	6	0.2	0.1	0.7	0.3	0.1	0.4	0.01	44.5
Espresso Macchiato - whole milk	Single	29	7	0.3	0.1	0.7	0.3	0.1	0.4	0.01	44.5
Espresso Macchiato - skimmed milk	Single	23	6	0.1	0	0.7	0.3	0.1	0.4	0.01	44.5
Espresso Macchiato - almond drink	Single	5	0	0.1	0	0.6	0.2	0.1	0.2	0.00	44.5
Espresso Macchiato - soya drink	Single	24	6	0.2	0	0.6	0.2	0.2	0.4	0.01	44.5
Espresso Macchiato - oat drink	Single	27	7	0.2	0	0.8	0.2	0.2	0.2	0.01	44.5
Espresso Macchiato - coconut drink	Single	22	5	0.1	0.1	0.6	0.2	0.2	0.3	0.01	44.5
Espresso Macchiato - Doppio - semi skimmed milk	Double	62	15	0.4	0.2	1.7	0.9	0.3	1	0.02	89.1
Espresso Macchiato - Doppio - whole milk	Double	73	18	0.7	0.4	1.6	0.8	0.3	1	0.02	89.1
Espresso Macchiato - Doppio - skimmed milk	Double	54	13	0.2	0.1	1.7	0.9	0.3	1	0.02	89.1
Espresso Macchiato - Doppio - almond drink	Double	46	11	0.3	0.1	1.3	0.5	0.3	0.5	0.01	89.1
Espresso Macchiato - Doppio - soya drink	Double	57	14	0.4	0.1	1.3	0.5	0.4	0.9	0.02	89.1
Espresso Macchiato - Doppio - oat drink	Double	69	16	0.6	0.1	2	0.6	0.4	0.5	0.02	89.1
Espresso Macchiato - Doppio - coconut drink	Double	51	12	0.4	0.2	1.4	0.6	0.3	0.6	0.02	89.1
Cortado - semi skimmed milk	Short	207	49	1.6	1	5.3	4.3	0	3.5	0.10	70.9
Cortado - whole milk	Short	268	64	3.3	2.1	5.2	4.2	0	3.4	0.10	70.9
Cortado - skimmed milk	Short	161	38	0.3	0.2	5.4	4.4	0	3.5	0.10	70.9
Cortado - almond drink	Short	114	28	1.1	0.1	3.2	2.3	0.2	0.8	0.07	70.9
Cortado - soya drink	Short	179	43	1.7	0.3	3.3	2.3	0.5	3.3	0.08	70.9
Cortado - oat drink	Short	242	57	2.8	0.3	6.9	3	0.9	1	0.12	70.9
Cortado - coconut drink	Short	147	34	1.4	0.7	3.9	3	0.3	1.7	0.08	70.9
Cappuccino - semi skimmed milk	Short	270	64	2.2	1.4	6.4	6	0.1	4.6	0.14	44.5
Cappuccino - semi skimmed milk	Tall	442	105	3.7	2.3	10.4	10	0.1	7.6	0.23	44.5
Cappuccino - semi skimmed milk	Grande	546	130	4.5	2.9	12.9	12.1	0.3	9.4	0.28	89.1
Cappuccino - semi skimmed milk	Venti	694	165	5.7	3.7	16.4	15.6	0.3	11.9	0.35	89.1
Cappuccino - whole milk	Short	354	84	4.6	2.9	6.3	5.9	0.1	4.5	0.13	44.5
Cappuccino - whole milk	Tall	584	139	7.7	4.9	10.2	9.8	0.1	7.4	0.22	44.5
Cappuccino - whole milk	Grande	717	171	9.3	5.9	12.7	11.8	0.3	9.1	0.27	89.1
Cappuccino - whole milk	Venti	914	218	12	7.6	16	15.2	0.3	11.6	0.35	89.1
Cappuccino - skimmed milk	Short	207	49	0.4	0.2	6.5	6.1	0.1	4.6	0.14	44.5
Cappuccino - skimmed milk	Tall	336	80	0.7	0.3	10.6	10.2	0.1	7.6	0.23	44.5
Cappuccino - skimmed milk	Grande	418	99	0.9	0.4	13.2	12.4	0.3	9.4	0.28	89.1
Cappuccino - skimmed milk	Venti	529	126	1.1	0.5	16.7	15.9	0.3	11.9	0.36	89.1
Cappuccino - almond drink	Short	141	35	1.6	0.1	3.6	3.1	0.4	0.8	0.09	44.5
Cappuccino - almond drink	Tall	226	56	2.6	0.2	5.6	5.2	0.6	1.2	0.15	44.5
Cappuccino - almond drink	Grande	285	71	3.2	0.3	7.2	6.4	0.8	1.7	0.19	89.1
Cappuccino - almond drink	Venti	358	89	4	0.4	9	8.2	0.9	2	0.24	89.1
Cappuccino - soya drink	Short	231	55	2.4	0.4	3.7	3.1	0.9	4.3	0.11	44.5
Cappuccino - soya drink	Tall	376	90	4	0.6	5.8	5.2	1.4	7	0.19	44.5
Cappuccino - soya drink	Grande	466	112	4.9	0.8	7.4	6.3	1.8	8.6	0.22	89.1
Cappuccino - soya drink	Venti	592	142	6.2	1	9.3	8.1	2.2	11	0.29	89.1
Cappuccino - oat drink	Short	319	76	3.9	0.4	8.7	4.1	1.4	1.2	0.16	44.5
Cappuccino - oat drink	Tall	524	124	6.4	0.6	14.2	6.8	2.2	1.9	0.26	44.5
Cappuccino - oat drink	Grande	645	153	7.8	0.8	17.5	8.3	2.7	2.4	0.32	89.1
Cappuccino - oat drink	Venti	822	195	10	1	22.3	10.6	3.5	3	0.41	89.1
Cappuccino - coconut drink	Short	186	44	1.9	0.9	4.5	4.1	0.5	2.1	0.11	44.5
Cappuccino - coconut drink	Tall	302	71	3.2	1.5	7.3	6.9	0.8	3.3	0.19	44.5
Cappuccino - coconut drink	Grande	377	89	3.9	1.8	9.2	8.4	1	4.2	0.22	89.1

Cappuccino - coconut drink	Venti	477	112	5	2.3	11.5	10.7	1.2	5.2	0.29	89.1
Flat White - semi skimmed milk	Short	246	59	2	1.2	6	5.1	0.3	4.2	0.12	89.1
Flat White - whole milk	Short	318	76	4	2.5	5.8	5	0.3	4.1	0.11	89.1
Flat White - skimmed milk	Short	193	46	0.5	0.2	6.1	5.2	0.3	4.2	0.12	89.1
Flat White - almond drink	Short	137	34	1.4	0.2	3.5	2.7	0.5	0.9	0.08	89.1
Flat White - soya drink	Short	213	51	2.1	0.4	3.6	2.7	0.9	3.9	0.10	89.1
Flat White - oat drink	Short	288	68	3.4	0.4	7.9	3.5	1.3	1.2	0.14	89.1
Flat White - coconut drink	Short	175	42	1.7	0.8	4.4	3.6	0.6	2	0.10	89.1
Caramel Macchiato - semi skimmed milk	Short	434	103	3.2	2	13.4	12.7	0.1	5.3	0.18	44.5
Caramel Macchiato - semi skimmed milk	Tall	689	164	4.8	3.1	21.7	20.9	0.1	8.3	0.27	44.5
Caramel Macchiato - semi skimmed milk	Grande	900	214	6	3.8	28.9	27.6	0.3	10.9	0.35	89.1
Caramel Macchiato - semi skimmed milk	Venti	1132	269	7.5	4.8	36.5	35.1	0.3	13.8	0.44	89.1
Caramel Macchiato - whole milk	Short	530	126	5.9	3.7	13.2	12.5	0.1	5.1	0.17	44.5
Caramel Macchiato - whole milk	Tall	843	200	9.2	5.8	21.5	20.7	0.1	8.1	0.27	44.5
Caramel Macchiato - whole milk	Grande	1099	261	11.7	7.4	28.6	27.3	0.3	10.6	0.34	89.1
Caramel Macchiato - whole milk	Venti	1388	330	14.7	9.3	36.1	34.8	0.3	13.5	0.43	89.1
Caramel Macchiato - skimmed milk	Short	363	86	1.2	0.6	13.5	12.8	0.1	5.3	0.18	44.5
Caramel Macchiato - skimmed milk	Tall	574	136	1.6	0.9	22	21.1	0.1	8.3	0.28	44.5
Caramel Macchiato - skimmed milk	Grande	751	178	1.9	1	29.2	27.9	0.3	10.9	0.35	89.1
Caramel Macchiato - skimmed milk	Venti	941	223	2.1	1.1	36.9	35.5	0.3	13.8	0.45	89.1
Caramel Macchiato - almond drink	Short	289	70	2.4	0.6	10.2	9.5	0.4	1	0.13	44.5
Caramel Macchiato - almond drink	Tall	455	111	3.6	0.8	16.6	15.8	0.6	1.4	0.19	44.5
Caramel Macchiato - almond drink	Grande	597	145	4.5	0.9	22.3	21	0.9	1.9	0.24	89.1
Caramel Macchiato - almond drink	Venti	743	181	5.5	0.9	27.9	26.6	1	2.4	0.30	89.1
Caramel Macchiato - soya drink	Short	390	93	3.4	0.9	10.3	9.4	1	4.9	0.15	44.5
Caramel Macchiato - soya drink	Tall	618	148	5.2	1.2	16.8	15.7	1.5	7.7	0.23	44.5
Caramel Macchiato - soya drink	Grande	808	193	6.5	1.4	22.5	20.9	2	10	0.29	89.1
Caramel Macchiato - soya drink	Venti	1014	242	8	1.7	28.3	26.5	2.5	12.8	0.36	89.1
Caramel Macchiato - oat drink	Short	490	116	5	0.9	15.9	10.5	1.5	1.4	0.20	44.5
Caramel Macchiato - oat drink	Tall	779	184	7.8	1.2	25.9	17.5	2.4	2.1	0.31	44.5
Caramel Macchiato - oat drink	Grande	1016	240	9.9	1.4	34.3	23.2	3.1	2.8	0.40	89.1
Caramel Macchiato - oat drink	Venti	1281	303	12.5	1.7	43.4	29.4	4	3.5	0.50	89.1
Caramel Macchiato - coconut drink	Short	340	80	2.8	1.4	11.3	10.6	0.6	2.4	0.15	44.5
Caramel Macchiato - coconut drink	Tall	537	127	4.3	2.1	18.4	17.5	0.8	3.7	0.23	44.5
Caramel Macchiato - coconut drink	Grande	704	166	5.3	2.6	24.6	23.3	1.1	4.8	0.29	89.1
Caramel Macchiato - coconut drink	Venti	880	208	6.6	3.2	30.9	29.6	1.4	6.1	0.36	89.1
Mocha - semi skimmed milk	Short	611	146	6.7	4.6	15.5	14.5	1.9	4.8	0.11	56.7
Mocha - semi skimmed milk	Tall	925	221	9.5	6.5	24.2	22.8	2.8	8.1	0.19	62.8
Mocha - semi skimmed milk	Grande	1177	281	11.2	7.5	32.2	30.1	3.9	10.9	0.26	113.4
Mocha - semi skimmed milk	Venti	1484	354	13.5	9	41.2	38.7	4.8	14.5	0.35	119.5
Mocha - whole milk	Short	671	160	8.4	5.7	15.5	14.4	1.9	4.8	0.11	56.7
Mocha - whole milk	Tall	1035	247	12.6	8.4	24.1	22.7	2.8	8	0.19	62.8
Mocha - whole milk	Grande	1324	316	15.3	10.1	32	29.9	3.9	10.7	0.25	113.4
Mocha - whole milk	Venti	1688	403	19.3	12.6	40.9	38.4	4.8	14.2	0.34	119.5
Mocha - skimmed milk	Short	567	135	5.5	3.7	15.6	14.6	1.9	4.8	0.11	56.7
Mocha - skimmed milk	Tall	843	201	7.2	4.9	24.4	23	2.8	8.1	0.20	62.8
Mocha - skimmed milk	Grande	1067	254	8.1	5.3	32.5	30.3	3.9	10.9	0.26	113.4
Mocha - skimmed milk	Venti	1332	317	9.2	6.1	41.5	39	4.8	14.5	0.36	119.5
Mocha - almond drink	Short	520	126	6.3	3.7	13.6	12.5	2.1	2.2	0.08	56.7
Mocha - almond drink	Tall	758	183	8.7	4.8	20.6	19.2	3.1	3.2	0.14	62.8
Mocha - almond drink	Grande	953	230	10	5.3	27.3	25.2	4.3	4.3	0.18	113.4
Mocha - almond drink	Venti	1174	284	11.9	6	34.4	31.9	5.4	5.4	0.24	119.5
Mocha - soya drink	Short	583	140	6.9	3.9	13.6	12.5	2.5	4.6	0.09	56.7
Mocha - soya drink	Tall	875	209	9.8	5.1	20.7	19.1	3.8	7.7	0.16	62.8
Mocha - soya drink	Grande	1109	265	11.5	5.7	27.5	25.1	5.2	10.3	0.21	113.4
Mocha - soya drink	Venti	1390	333	14	6.5	34.6	31.9	6.5	13.7	0.29	119.5
Mocha - oat drink	Short	646	154	7.9	3.9	17.1	13.1	2.8	2.4	0.13	56.7
Mocha - oat drink	Tall	989	236	11.7	5.1	27.2	20.4	4.4	3.7	0.22	62.8
Mocha - oat drink	Grande	1263	301	14	5.7	36.2	26.8	6	5	0.30	113.4
Mocha - oat drink	Venti	1603	381	17.5	6.5	46.7	34.2	7.7	6.3	0.40	119.5
Mocha - coconut drink	Short	552	132	6.5	4.2	14.2	13.2	2.2	3	0.09	56.7
Mocha - coconut drink	Tall	817	195	9.2	5.8	21.8	20.4	3.3	4.8	0.16	62.8
Mocha - coconut drink	Grande	1032	246	10.6	6.6	29	26.9	4.5	6.5	0.21	113.4
Mocha - coconut drink	Venti	1284	305	12.8	7.7	36.8	34.3	5.6	8.4	0.29	119.5
White Mocha - semi skimmed milk	Short	758	181	7.6	5.5	22.8	22.4	0.2	5.2	0.24	44.5
White Mocha - semi skimmed milk	Tall	1142	272	10.8	7.7	35	34.6	0.2	8.7	0.38	44.5
White Mocha - semi skimmed milk	Grande	1448	345	12.7	9.1	46.2	45.4	0.3	11.3	0.50	89.1
White Mocha - semi skimmed milk	Venti	1801	429	15.2	10.9	58.1	57.3	0.4	14.6	0.64	89.1
White Mocha - whole milk	Short	825	197	9.5	6.7	22.7	22.3	0.2	5.1	0.23	44.5
White Mocha - whole milk	Tall	1262	301	14.2	9.9	34.8	34.4	0.2	8.5	0.38	44.5
White Mocha - whole milk	Grande	1603	382	17.1	11.8	46	45.1	0.3	11.1	0.49	89.1
White Mocha - whole milk	Venti	2007	478	21	14.6	57.8	57	0.4	14.3	0.64	89.1
White Mocha - skimmed milk	Short	708	169	6.2	4.5	22.9	22.5	0.2	5.2	0.24	44.5
White Mocha - skimmed milk	Tall	1053	251	8.3	6	35.2	34.8	0.2	8.7	0.39	44.5
White Mocha - skimmed milk	Grande	1332	317	9.4	6.8	46.4	45.6	0.3	11.3	0.51	89.1
White Mocha - skimmed milk	Venti	1647	392	10.9	7.9	58.4	57.6	0.4	14.6	0.65	89.1
White Mocha - almond drink	Short	655	158	7.1	4.5	20.5	20.1	0.4	2.2	0.20	44.5
White Mocha - almond drink	Tall	960	231	9.8	5.9	31	30.6	0.5	3.3	0.32	44.5
White Mocha - almond drink	Grande	1212	292	11.5	6.8	41	40.2	0.8	4.4	0.42	89.1
White Mocha - almond drink	Venti	1487	358	13.6	7.8	51.2	50.4	1	5.4	0.54	89.1
White Mocha - soya drink	Short	727	174	7.7	4.7	20.6	20.1	0.8	4.9	0.22	44.5
White Mocha - soya drink	Tall	1087	260	11	6.3	31.1	30.5	1.2	8.2	0.35	44.5
White Mocha - soya drink	Grande	1376	329	13	7.2	41.2	40.1	1.7	10.7	0.45	89.1
White Mocha - soya drink	Venti	1706	407	15.7	8.4	51.5	50.4	2.2	13.8	0.58	89.1
White Mocha - oat drink	Short	797	190	8.9	4.7	24.6	20.9	1.1	2.5	0.25	44.5
White Mocha - oat drink	Tall	1212	288	13.1	6.3	38.2	31.9	1.9	3.8	0.42	44.5
White Mocha - oat drink	Grande	1538	366	15.7	7.2	50.4	41.9	2.6	5	0.54	89.1
White Mocha - oat drink	Venti	1921	456	19.2	8.4	63.7	52.7	3.3	6.3	0.70	89.1
White Mocha - coconut drink	Short	691	165	7.4	5	21.3	20.9	0.5	3.2	0.22	44.5
White Mocha - coconut drink	Tall	1024	243	10.4	7	32.4	32	0.7	5	0.35	44.5
White Mocha - coconut drink	Grande	1295	308	12.1	8.1	42.8	42	1	6.6	0.45	89.1
White Mocha - coconut drink	Venti	1598	379	14.5	9.6	53.6	52.8	1.3	8.4	0.58	89.1

Cold Coffee

Cold Brew	Tall	72	16	0.6	0.2	1.6	0.1	1	0.8	0.01	188.6
Cold Brew	Grande	97	22	0.8	0.3	2.2	0.1	1.4	1.1	0.01	255.8
Cold Brew	Venti	123	28	1.1	0.4	2.8	0.2	1.8	1.4	0.02	322.9
Cold Brew Latte - semi skimmed milk	Tall	373	88	3.1	1.9	8.6	7.7	0.5	6.4	0.18	159.1
Cold Brew Latte - semi skimmed milk	Grande	520	123	4.3	2.7	12	11.1	0.6	8.9	0.26	166.5
Cold Brew Latte - semi skimmed milk	Venti	598	142	5	3.1	13.8	12.7	0.7	10.3	0.30	204.7
Cold Brew Latte - whole milk	Tall	482	114	6.2	3.9	8.4	7.6	0.5	6.2	0.18	159.1
Cold Brew Latte - whole milk	Grande	677	161	8.8	5.5	11.7	10.9	0.6	8.7	0.25	166.5
Cold Brew Latte - whole milk	Venti	778	185	10.1	6.3	13.5	12.4	0.7	10	0.29	204.7
Cold Brew Latte - skimmed milk	Tall	291	69	0.8	0.3	8.7	7.9	0.5	6.4	0.19	159.1
Cold Brew Latte - skimmed milk	Grande	402	95	1.1	0.4	12.2	11.3	0.6	8.9	0.26	166.5
Cold Brew Latte - skimmed milk	Venti	464	110	1.2	0.5	14	13	0.7	10.3	0.30	204.7
Cold Brew Latte - almond drink	Tall	206	51	2.3	0.3	4.9	4.1	0.9	1.5	0.12	159.1
Cold Brew Latte - almond drink	Grande	280	69	3.1	0.3	6.7	5.8	1	1.8	0.18	166.5

Cold Brew Latte - almond drink	Venti	324	80	3.6	0.4	7.7	6.7	1.2	2.2	0.20	204.7
Cold Brew Latte - soya drink	Tall	322	77	3.4	0.6	5	4	1.5	5.9	0.15	159.1
Cold Brew Latte - soya drink	Grande	447	107	4.7	0.8	6.9	5.8	2	8.3	0.21	166.5
Cold Brew Latte - soya drink	Venti	515	123	5.4	0.9	8	6.6	2.3	9.5	0.24	204.7
Cold Brew Latte - oat drink	Tall	437	103	5.2	0.6	11.5	5.3	2.1	1.9	0.21	159.1
Cold Brew Latte - oat drink	Grande	612	144	7.4	0.8	16.2	7.6	2.9	2.5	0.30	166.5
Cold Brew Latte - oat drink	Venti	703	166	8.5	0.9	18.6	8.7	3.3	2.9	0.34	204.7
Cold Brew Latte - coconut drink	Tall	265	62	2.7	1.2	6.2	5.3	1	3.1	0.15	159.1
Cold Brew Latte - coconut drink	Grande	365	86	3.8	1.7	8.5	7.7	1.3	4.1	0.21	166.5
Cold Brew Latte - coconut drink	Venti	421	99	4.4	2	9.8	8.8	1.5	4.8	0.24	204.7
Iced Americano	Tall	29	7	0.1	0	0.9	0.1	0.3	0.4	0.00	89.1
Iced Americano	Grande	44	11	0.2	0.1	1.3	0.1	0.4	0.6	0.00	133.6
Iced Americano	Venti	58	14	0.3	0.1	1.8	0.2	0.5	0.8	0.00	178.2
Iced Latte - semi skimmed milk	Tall	379	90	3.1	2	8.9	8.5	0.1	6.5	0.19	44.5
Iced Latte - semi skimmed milk	Grande	536	128	4.4	2.8	12.7	11.9	0.3	9.2	0.27	89.1
Iced Latte - semi skimmed milk	Venti	585	139	4.8	3.1	13.8	13	0.3	10	0.30	89.1
Iced Latte - whole milk	Tall	500	119	6.6	4.2	8.7	8.3	0.1	6.3	0.19	44.5
Iced Latte - whole milk	Grande	704	168	9.2	5.8	12.4	11.6	0.3	8.9	0.26	89.1
Iced Latte - whole milk	Venti	770	183	10	6.3	13.6	12.7	0.3	9.8	0.29	89.1
Iced Latte - skimmed milk	Tall	289	69	0.6	0.3	9.1	8.7	0.1	6.5	0.20	44.5
Iced Latte - skimmed milk	Grande	410	97	0.9	0.4	12.9	12.1	0.3	9.2	0.28	89.1
Iced Latte - skimmed milk	Venti	448	106	1	0.4	14.1	13.3	0.3	10	0.30	89.1
Iced Latte - almond drink	Tall	195	49	2.2	0.2	4.9	4.5	0.5	1.1	0.13	44.5
Iced Latte - almond drink	Grande	280	70	3.1	0.3	7.1	6.3	0.8	1.6	0.18	89.1
Iced Latte - almond drink	Venti	304	76	3.4	0.3	7.7	6.9	0.8	1.8	0.20	89.1
Iced Latte - soya drink	Tall	323	78	3.4	0.5	5	4.4	1.2	6	0.16	44.5
Iced Latte - soya drink	Grande	458	110	4.8	0.8	7.3	6.2	1.7	8.5	0.22	89.1
Iced Latte - soya drink	Venti	500	120	5.2	0.8	7.9	6.8	1.9	9.3	0.24	89.1
Iced Latte - oat drink	Tall	449	106	5.5	0.5	12.2	5.8	1.9	1.6	0.23	44.5
Iced Latte - oat drink	Grande	634	150	7.7	0.8	17.2	8.1	2.7	2.4	0.31	89.1
Iced Latte - oat drink	Venti	692	164	8.4	0.8	18.8	8.9	2.9	2.6	0.35	89.1
Iced Latte - coconut drink	Tall	260	61	2.7	1.3	6.3	5.9	0.7	2.9	0.16	44.5
Iced Latte - coconut drink	Grande	370	87	3.8	1.8	9	8.2	1	4.1	0.22	89.1
Iced Latte - coconut drink	Venti	404	95	4.2	1.9	9.8	9	1.1	4.5	0.24	89.1
Classic Iced Cappuccino - semi skimmed milk	Tall	328	78	2.7	1.7	7.7	7.3	0.1	5.6	0.17	44.5
Classic Iced Cappuccino - semi skimmed milk	Grande	446	106	3.6	2.3	10.6	9.8	0.3	7.6	0.22	89.1
Classic Iced Cappuccino - semi skimmed milk	Venti	522	124	4.3	2.7	12.4	11.6	0.3	8.9	0.26	89.1
Classic Iced Cappuccino - whole milk	Tall	432	103	5.7	3.6	7.6	7.2	0.1	5.5	0.16	44.5
Classic Iced Cappuccino - whole milk	Grande	584	139	7.6	4.8	10.4	9.6	0.3	7.4	0.22	89.1
Classic Iced Cappuccino - whole milk	Venti	686	163	8.9	5.6	12.1	11.3	0.3	8.7	0.26	89.1
Classic Iced Cappuccino - skimmed milk	Tall	250	59	0.5	0.2	7.9	7.5	0.1	5.6	0.17	44.5
Classic Iced Cappuccino - skimmed milk	Grande	343	81	0.8	0.3	10.8	10	0.3	7.6	0.23	89.1
Classic Iced Cappuccino - skimmed milk	Venti	400	95	0.9	0.4	12.6	11.8	0.3	8.9	0.27	89.1
Classic Iced Cappuccino - almond drink	Tall	170	42	1.9	0.2	4.3	3.9	0.4	1	0.11	44.5
Classic Iced Cappuccino - almond drink	Grande	235	59	2.6	0.2	6	5.2	0.7	1.4	0.15	89.1
Classic Iced Cappuccino - almond drink	Venti	273	68	3	0.3	6.9	6.1	0.8	1.6	0.18	89.1
Classic Iced Cappuccino - soya drink	Tall	280	67	2.9	0.5	4.4	3.8	1.1	5.2	0.14	44.5
Classic Iced Cappuccino - soya drink	Grande	382	92	3.9	0.6	6.1	5.1	1.5	7	0.18	89.1
Classic Iced Cappuccino - soya drink	Venti	446	107	4.6	0.8	7.1	6	1.7	8.3	0.21	89.1
Classic Iced Cappuccino - oat drink	Tall	388	92	4.7	0.5	10.5	5	1.6	1.4	0.19	44.5
Classic Iced Cappuccino - oat drink	Grande	526	125	6.3	0.6	14.3	6.7	2.3	2	0.26	89.1
Classic Iced Cappuccino - oat drink	Venti	617	146	7.5	0.8	16.8	7.9	2.6	2.3	0.31	89.1
Classic Iced Cappuccino - coconut drink	Tall	226	53	2.3	1.1	5.5	5.1	0.6	2.5	0.14	44.5
Classic Iced Cappuccino - coconut drink	Grande	310	73	3.2	1.5	7.6	6.8	0.9	3.4	0.18	89.1
Classic Iced Cappuccino - coconut drink	Venti	361	85	3.7	1.7	8.8	8	1	4	0.21	89.1
Iced Latte Macchiato - semi skimmed milk	Tall	368	88	3	1.9	8.7	8.3	0.1	6.3	0.19	44.5
Iced Latte Macchiato - semi skimmed milk	Grande	552	132	4.5	2.9	13.1	12.3	0.3	9.5	0.28	89.1
Iced Latte Macchiato - semi skimmed milk	Venti	564	134	4.6	3	13.3	12.5	0.3	9.7	0.29	89.1
Iced Latte Macchiato - whole milk	Tall	485	116	6.4	4	8.5	8.1	0.1	6.2	0.18	44.5
Iced Latte Macchiato - whole milk	Grande	726	173	9.5	6	12.8	12	0.3	9.2	0.27	89.1
Iced Latte Macchiato - whole milk	Venti	741	176	9.7	6.1	13.1	12.3	0.3	9.4	0.28	89.1
Iced Latte Macchiato - skimmed milk	Tall	281	67	0.6	0.2	8.8	8.4	0.1	6.3	0.19	44.5
Iced Latte Macchiato - skimmed milk	Grande	423	100	0.9	0.4	13.3	12.5	0.3	9.5	0.29	89.1
Iced Latte Macchiato - skimmed milk	Venti	431	102	0.9	0.4	13.6	12.8	0.3	9.7	0.29	89.1
Iced Latte Macchiato - almond drink	Tall	190	47	2.1	0.2	4.8	4.3	0.5	1.1	0.13	44.5
Iced Latte Macchiato - almond drink	Grande	288	72	3.2	0.3	7.3	6.5	0.8	1.7	0.19	89.1
Iced Latte Macchiato - almond drink	Venti	294	73	3.3	0.3	7.4	6.6	0.8	1.7	0.19	89.1
Iced Latte Macchiato - soya drink	Tall	314	75	3.3	0.5	4.9	4.3	1.2	5.8	0.15	44.5
Iced Latte Macchiato - soya drink	Grande	472	113	4.9	0.8	7.5	6.4	1.8	8.7	0.23	89.1
Iced Latte Macchiato - soya drink	Venti	482	116	5	0.8	7.6	6.5	1.8	8.9	0.23	89.1
Iced Latte Macchiato - oat drink	Tall	436	103	5.3	0.5	11.8	5.6	1.8	1.6	0.22	44.5
Iced Latte Macchiato - oat drink	Grande	653	155	7.9	0.8	17.7	8.4	2.8	2.4	0.32	89.1
Iced Latte Macchiato - oat drink	Venti	667	158	8.1	0.8	18.1	8.6	2.8	2.5	0.33	89.1
Iced Latte Macchiato - coconut drink	Tall	253	60	2.6	1.2	6.1	5.7	0.6	2.8	0.15	44.5
Iced Latte Macchiato - coconut drink	Grande	381	90	3.9	1.8	9.3	8.5	1	4.2	0.23	89.1
Iced Latte Macchiato - coconut drink	Venti	389	92	4	1.9	9.5	8.6	1	4.3	0.23	89.1
Iced Caramel Macchiato - semi skimmed milk	Tall	600	143	4.1	2.6	20	19.1	0.1	6.4	0.22	44.5
Iced Caramel Macchiato - semi skimmed milk	Grande	845	201	5.6	3.6	27.9	26.6	0.3	9.6	0.31	89.1
Iced Caramel Macchiato - semi skimmed milk	Venti	917	218	5.7	3.6	31.8	30.4	0.3	9.7	0.32	89.1
Iced Caramel Macchiato - whole milk	Tall	718	171	7.4	4.7	19.8	18.9	0.1	6.2	0.22	44.5
Iced Caramel Macchiato - whole milk	Grande	1019	242	10.5	6.6	27.7	26.3	0.3	9.3	0.31	89.1
Iced Caramel Macchiato - whole milk	Venti	1094	260	10.7	6.8	31.5	30.1	0.3	9.5	0.31	89.1
Iced Caramel Macchiato - skimmed milk	Tall	513	122	1.6	0.9	20.1	19.3	0.1	6.4	0.23	44.5
Iced Caramel Macchiato - skimmed milk	Grande	716	170	2	1	28.2	26.9	0.3	9.6	0.32	89.1
Iced Caramel Macchiato - skimmed milk	Venti	785	186	2	1	32.1	30.6	0.3	9.7	0.33	89.1
Iced Caramel Macchiato - almond drink	Tall	422	102	3.2	0.9	16	15.2	0.5	1.1	0.16	44.5
Iced Caramel Macchiato - almond drink	Grande	581	141	4.2	1	22.1	20.8	0.8	1.8	0.22	89.1
Iced Caramel Macchiato - almond drink	Venti	647	157	4.3	1	25.9	24.4	0.8	1.8	0.23	89.1
Iced Caramel Macchiato - soya drink	Tall	546	130	4.4	1.2	16.2	15.1	1.2	5.9	0.19	44.5
Iced Caramel Macchiato - soya drink	Grande	765	183	6	1.5	22.4	20.7	1.8	8.8	0.26	89.1
Iced Caramel Macchiato - soya drink	Venti	835	199	6.1	1.5	26.1	24.4	1.8	9	0.27	89.1
Iced Caramel Macchiato - oat drink	Tall	669	158	6.4	1.2	23.1	16.5	1.8	1.7	0.25	44.5
Iced Caramel Macchiato - oat drink	Grande	946	224	9	1.5	32.6	22.7	2.8	2.5	0.36	89.1
Iced Caramel Macchiato - oat drink	Venti	1020	241	9.2	1.5	36.6	26.4	2.8	2.6	0.36	89.1
Iced Caramel Macchiato - coconut drink	Tall	485	115	3.7	1.9	17.4	16.5	0.6	2.9	0.19	44.5
Iced Caramel Macchiato - coconut drink	Grande	674	159	5	2.5	24.2	22.8	1	4.3	0.26	89.1
Iced Caramel Macchiato - coconut drink	Venti	742	175	5.1	2.5	27.9	26.5	1	4.4	0.27	89.1
Iced Mocha - semi skimmed milk	Tall	1054	252	13.2	9.2	24.2	22.8	2.8	7.6	0.18	62.8
Iced Mocha - semi skimmed milk	Grande	1421	340	17.7	12.2	32.9	30.7	3.9	10.5	0.24	113.4
Iced Mocha - semi skimmed milk	Venti	1557	373	18.3	12.6	38.1	35.6	4.8	11.4	0.25	119.5
Iced Mocha - whole milk	Tall	1148	275	15.9	10.8	24.1	22.7	2.8	7.5	0.18	62.8
Iced Mocha - whole milk	Grande	1550	371	21.3	14.5	32.7	30.5	3.9	10.3	0.24	113.4
Iced Mocha - whole milk	Venti	1692	405	22.1	15	37.9	35.4	4.8	11.2	0.25	119.5
Iced Mocha - skimmed milk	Tall	984	235	11.3	7.8	24.4	23	2.8	7.6	0.18	62.8
Iced Mocha - skimmed milk	Grande	1324	317	15	10.3	33	30.9	3.9	10.5	0.25	113.4
Iced Mocha - skimmed milk	Venti	1457	348	15.5	10.7	38.3	35.8	4.8	11.4	0.26	119.5
Iced Mocha - almond drink	Tall	910	220	12.5	7.7	21.1	19.7	3.1	3.4	0.13	62.8

Iced Mocha - almond drink	Grande	1224	296	16.7	10.3	28.5	26.4	4.2	4.7	0.18	113.4
Iced Mocha - almond drink	Venti	1353	326	17.3	10.6	33.6	31.1	5.1	5.3	0.18	119.5
Iced Mocha - soya drink	Tall	1010	242	13.4	8	21.2	19.7	3.7	7.2	0.15	62.8
Iced Mocha - soya drink	Grande	1361	327	18	10.6	28.7	26.3	5	9.9	0.21	113.4
Iced Mocha - soya drink	Venti	1495	359	18.6	11	33.8	31.1	5.9	10.8	0.21	119.5
Iced Mocha - oat drink	Tall	1109	265	15.1	8	26.8	27.7	4.2	3.8	0.20	62.8
Iced Mocha - oat drink	Grande	1496	357	20.2	10.6	36.3	20.8	5.7	5.2	0.28	113.4
Iced Mocha - oat drink	Venti	1636	391	21	11	41.7	32.6	6.7	5.9	0.29	119.5
Iced Mocha - coconut drink	Tall	961	230	12.9	8.6	22.2	20.8	3.2	4.8	0.15	62.8
Iced Mocha - coconut drink	Grande	1293	309	17.2	11.4	30	27.9	4.4	6.6	0.21	113.4
Iced Mocha - coconut drink	Venti	1425	340	17.9	11.8	35.2	32.7	5.3	7.3	0.21	119.5
Iced White Mocha - semi skimmed milk	Tall	1248	298	14.3	10.3	34.5	34.1	0.2	7.8	0.36	44.5
Iced White Mocha - semi skimmed milk	Grande	1680	401	19.1	13.7	46.5	45.7	0.3	10.6	0.48	89.1
Iced White Mocha - semi skimmed milk	Venti	1880	449	20.1	14.5	55.2	54.4	0.4	11.6	0.55	89.1
Iced White Mocha - whole milk	Tall	1345	321	17	12	34.4	33.9	0.2	7.6	0.35	44.5
Iced White Mocha - whole milk	Grande	1813	433	22.8	16.1	46.3	45.5	0.3	10.4	0.48	89.1
Iced White Mocha - whole milk	Venti	2019	482	24	17	55	54.2	0.4	11.4	0.55	89.1
Iced White Mocha - skimmed milk	Tall	1176	281	12.3	8.9	34.6	34.2	0.2	7.8	0.36	44.5
Iced White Mocha - skimmed milk	Grande	1580	377	16.3	11.8	46.7	45.9	0.3	10.6	0.49	89.1
Iced White Mocha - skimmed milk	Venti	1777	424	17.2	12.5	55.4	54.6	0.4	11.6	0.56	89.1
Iced White Mocha - almond drink	Tall	1101	265	13.5	8.9	31.2	30.8	0.5	3.4	0.31	44.5
Iced White Mocha - almond drink	Grande	1477	355	18	11.7	42.1	41.2	0.7	4.7	0.41	89.1
Iced White Mocha - almond drink	Venti	1669	401	19	12.5	50.5	49.7	0.8	5.3	0.48	89.1
Iced White Mocha - soya drink	Tall	1203	288	14.5	9.1	31.4	30.8	1	7.3	0.33	44.5
Iced White Mocha - soya drink	Grande	1618	387	19.4	12.1	42.2	41.2	1.5	10.1	0.44	89.1
Iced White Mocha - soya drink	Venti	1816	434	20.4	12.9	50.7	49.7	1.6	11	0.51	89.1
Iced White Mocha - oat drink	Tall	1305	311	16.2	9.1	37.1	31.9	1.6	3.8	0.38	44.5
Iced White Mocha - oat drink	Grande	1757	419	21.7	12.1	50.1	42.7	2.3	5.3	0.52	89.1
Iced White Mocha - oat drink	Venti	1961	467	22.8	12.9	58.9	51.3	2.4	5.9	0.59	89.1
Iced White Mocha - coconut drink	Tall	1153	275	14	9.7	32.4	32	0.6	4.8	0.33	44.5
Iced White Mocha - coconut drink	Grande	1549	369	18.6	12.9	43.6	42.8	0.9	6.6	0.44	89.1
Iced White Mocha - coconut drink	Venti	1743	415	19.6	13.7	52.1	51.3	1	7.4	0.51	89.1
Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Tall	367	87	2.1	1.3	12.6	11.8	0.3	4.3	0.12	85.5
Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Grande	485	115	2.6	1.6	17.4	16.2	0.4	5.4	0.15	128.2
Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Venti	593	141	3	1.8	21.9	20.4	0.5	6.2	0.17	171
Iced Brown Sugar Oat Shaken Espresso - whole milk	Tall	444	106	4.3	2.7	12.5	11.7	0.3	4.2	0.12	85.5
Iced Brown Sugar Oat Shaken Espresso - whole milk	Grande	579	138	5.2	3.3	17.3	16.1	0.4	5.2	0.15	128.2
Iced Brown Sugar Oat Shaken Espresso - whole milk	Venti	700	167	6	3.8	21.8	20.2	0.5	6.1	0.17	171
Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Tall	310	73	0.5	0.2	12.7	12	0.3	4.3	0.13	85.5
Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Grande	415	99	0.6	0.2	17.5	16.4	0.4	5.4	0.16	128.2
Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Venti	513	122	0.7	0.3	22.1	20.5	0.5	6.2	0.18	171
Iced Brown Sugar Oat Shaken Espresso - almond drink	Tall	250	61	1.5	0.2	10	9.3	0.5	0.9	0.08	85.5
Iced Brown Sugar Oat Shaken Espresso - almond drink	Grande	342	83	1.9	0.2	14.3	13.1	0.7	1.2	0.10	128.2
Iced Brown Sugar Oat Shaken Espresso - almond drink	Venti	430	104	2.2	0.2	18.4	16.8	0.9	1.4	0.12	171
Iced Brown Sugar Oat Shaken Espresso - soya drink	Tall	331	79	2.3	0.4	10.1	9.2	0.9	4	0.10	85.5
Iced Brown Sugar Oat Shaken Espresso - soya drink	Grande	442	106	2.8	0.5	14.4	13.1	1.2	5	0.12	128.2
Iced Brown Sugar Oat Shaken Espresso - soya drink	Venti	543	130	3.2	0.6	18.5	16.8	1.5	5.8	0.14	171
Iced Brown Sugar Oat Shaken Espresso - oat drink	Tall	412	98	3.6	0.4	14.7	10.1	1.4	1.2	0.14	85.5
Iced Brown Sugar Oat Shaken Espresso - oat drink	Grande	540	128	4.4	0.5	19.9	14.1	1.8	1.6	0.18	128.2
Iced Brown Sugar Oat Shaken Espresso - oat drink	Venti	655	155	5.1	0.6	24.8	18	2.1	1.9	0.20	171
Iced Brown Sugar Oat Shaken Espresso - coconut drink	Tall	291	69	1.8	0.8	10.9	10.2	0.6	2	0.10	85.5
Iced Brown Sugar Oat Shaken Espresso - coconut drink	Grande	393	93	2.3	1	15.3	14.2	0.8	2.5	0.12	128.2
Iced Brown Sugar Oat Shaken Espresso - coconut drink	Venti	487	115	2.6	1.2	19.6	18	1	3	0.14	171
Starbucks Doubleshot™ Iced Coffee	Mini	360	87	8	5	2.2	1.4	0.3	1.4	0.03	89.1
Starbucks Doubleshot™ Vanilla Iced Coffee	Mini	427	103	8	5	6.2	5.3	0.3	1.4	0.03	89.1

Hot Chocolates

Classic Hot Chocolate - semi skimmed milk	Short	684	163	7.3	5	17.6	16.8	2	5.8	0.14	13.4
Classic Hot Chocolate - semi skimmed milk	Tall	1029	246	10.3	7	27.2	26.1	3	9.6	0.24	20
Classic Hot Chocolate - semi skimmed milk	Grande	1297	309	12.1	8.1	35.4	34	3.9	12.7	0.32	26.1
Classic Hot Chocolate - semi skimmed milk	Venti	1603	382	14.5	9.7	44.4	42.6	4.7	16.3	0.41	32.2
Classic Hot Chocolate - whole milk	Short	764	182	9.6	6.4	17.5	16.7	2	5.7	0.14	13.4
Classic Hot Chocolate - whole milk	Tall	1166	278	14.2	9.4	27	25.9	3	9.4	0.23	20
Classic Hot Chocolate - whole milk	Grande	1482	353	17.4	11.4	35.2	33.7	3.9	12.4	0.31	26.1
Classic Hot Chocolate - whole milk	Venti	1844	439	21.3	13.9	44	42.2	4.7	15.9	0.40	32.2
Classic Hot Chocolate - skimmed milk	Short	624	149	5.6	3.8	17.7	17	2	5.8	0.15	13.4
Classic Hot Chocolate - skimmed milk	Tall	927	221	7.5	5	27.4	26.3	3	9.6	0.24	20
Classic Hot Chocolate - skimmed milk	Grande	1159	276	8.3	5.5	35.7	34.3	3.9	12.7	0.32	26.1
Classic Hot Chocolate - skimmed milk	Venti	1423	339	9.4	6.2	44.7	43	4.7	16.3	0.42	32.2
Classic Hot Chocolate - almond drink	Short	562	136	6.7	3.8	14.9	14.1	2.2	2.2	0.10	13.4
Classic Hot Chocolate - almond drink	Tall	821	198	9.3	4.9	22.6	21.5	3.4	3.4	0.17	20
Classic Hot Chocolate - almond drink	Grande	1016	246	10.7	5.4	29.3	27.8	4.4	4.4	0.22	26.1
Classic Hot Chocolate - almond drink	Venti	1236	299	12.6	6.1	36.3	34.5	5.5	5.4	0.28	32.2
Classic Hot Chocolate - soya drink	Short	647	155	7.5	4	15	14.1	2.7	5.5	0.12	13.4
Classic Hot Chocolate - soya drink	Tall	966	231	10.6	5.3	22.7	21.4	4.2	9	0.20	20
Classic Hot Chocolate - soya drink	Grande	1212	290	12.5	5.9	29.5	27.8	5.5	11.9	0.26	26.1
Classic Hot Chocolate - soya drink	Venti	1492	357	15	6.8	36.6	34.5	6.9	15.3	0.34	32.2
Classic Hot Chocolate - oat drink	Short	731	174	8.9	4	19.7	15	3.1	2.6	0.16	13.4
Classic Hot Chocolate - oat drink	Tall	1109	264	13	5.3	30.8	23	4.9	4	0.27	20
Classic Hot Chocolate - oat drink	Grande	1405	334	15.7	5.9	40.4	29.9	6.5	5.2	0.37	26.1
Classic Hot Chocolate - oat drink	Venti	1743	414	19.2	6.8	50.8	37.2	8.2	6.5	0.47	32.2
Classic Hot Chocolate - coconut drink	Short	605	144	7	4.5	15.8	15.1	2.3	3.4	0.12	13.4
Classic Hot Chocolate - coconut drink	Tall	894	213	9.9	6.1	24.2	23.1	3.6	5.4	0.20	20
Classic Hot Chocolate - coconut drink	Grande	1115	265	11.5	7	31.4	30	4.7	7.1	0.26	26.1
Classic Hot Chocolate - coconut drink	Venti	1366	324	13.6	8.2	39.1	37.3	5.8	9	0.34	32.2
Signature Hot Chocolate - semi skimmed milk	Short	784	187	8.5	5.7	18.8	18	2.4	7.5	0.19	14
Signature Hot Chocolate - semi skimmed milk	Tall	1195	285	12.2	8.2	29.6	28.3	3.7	12.1	0.30	21.8
Signature Hot Chocolate - semi skimmed milk	Grande	1470	350	14.2	9.5	37.6	35.9	4.8	15.2	0.38	28.6
Signature Hot Chocolate - semi skimmed milk	Venti	1808	431	17	11.3	46.7	44.5	5.8	19.4	0.49	34.6
Signature Hot Chocolate - whole milk	Short	891	213	11.5	7.6	18.7	17.8	2.4	7.3	0.18	14
Signature Hot Chocolate - whole milk	Tall	1372	327	17.2	11.3	29.3	28	3.7	11.9	0.30	21.8
Signature Hot Chocolate - whole milk	Grande	1691	403	20.5	13.4	37.3	35.5	4.8	14.9	0.37	28.6
Signature Hot Chocolate - whole milk	Venti	2095	499	25.2	16.4	46.2	44.1	5.8	19	0.48	34.6
Signature Hot Chocolate - skimmed milk	Short	704	168	6.3	4.2	19	18.1	2.4	7.5	0.19	14
Signature Hot Chocolate - skimmed milk	Tall	1063	253	8.5	5.6	29.9	28.5	3.7	12.1	0.31	21.8
Signature Hot Chocolate - skimmed milk	Grande	1305	311	9.6	6.3	38	36.2	4.8	15.2	0.38	28.6
Signature Hot Chocolate - skimmed milk	Venti	1594	379	11	7.1	47.1	45	5.8	19.4	0.50	34.6
Signature Hot Chocolate - almond drink	Short	621	150	7.7	4.1	15.3	14.4	2.7	2.7	0.13	14
Signature Hot Chocolate - almond drink	Tall	925	224	10.8	5.5	23.7	22.3	4.2	4.2	0.21	21.8
Signature Hot Chocolate - almond drink	Grande	1134	275	12.5	6.2	30.3	28.5	5.5	5.3	0.26	28.6
Signature Hot Chocolate - almond drink	Venti	1371	332	14.8	7	37.1	34.9	6.7	6.5	0.34	34.6
Signature Hot Chocolate - soya drink	Short	735	176	8.7	4.4	15.4	14.4	3.3	7.1	0.15	14
Signature Hot Chocolate - soya drink	Tall	1113	266	12.6	6	23.9	22.3	5.2	11.4	0.25	21.8
Signature Hot Chocolate - soya drink	Grande	1368	327	14.7	6.8	30.5	28.4	6.8	14.3	0.31	28.6
Signature Hot Chocolate - soya drink	Venti	1675	401	17.7	7.8	37.4	34.8	8.4	18.2	0.40	34.6
Signature Hot Chocolate - oat drink	Short	846	201	10.6	4.4	21.7	15.6	3.9	3.2	0.21	14
Signature Hot Chocolate - oat drink	Tall	1298	309	15.7	6	34.4	24.3	6.2	4.9	0.35	21.8
Signature Hot Chocolate - oat drink	Grande	1598	380	18.5	6.8	43.6	30.9	8	6.3	0.43	28.6

Signature Hot Chocolate - oat drink	Venti	1975	469	22.6	7.8	54.4	38.1	10	7.8	0.56	34.6
Signature Hot Chocolate - coconut drink	Short	679	162	8.1	5.1	16.5	15.6	2.8	4.3	0.15	14
Signature Hot Chocolate - coconut drink	Tall	1020	243	11.6	7.1	25.7	24.4	4.4	6.8	0.25	21.8
Signature Hot Chocolate - coconut drink	Grande	1253	298	13.5	8.1	32.8	31	5.8	8.5	0.31	28.6
Signature Hot Chocolate - coconut drink	Venti	1525	362	16.1	9.5	40.4	38.3	7.1	10.7	0.40	34.6
Iced Chocolate - semi skimmed milk	Tall	1125	269	13.8	9.5	26.4	25.3	2.9	8.5	0.21	19.8
Iced Chocolate - semi skimmed milk	Grande	1522	364	18.5	12.8	35.6	34.1	3.8	11.9	0.30	26
Iced Chocolate - semi skimmed milk	Venti	1666	398	19.2	13.2	41.2	39.4	4.8	12.9	0.31	32.5
Iced Chocolate - whole milk	Tall	1237	296	16.9	11.5	26.2	25.1	2.9	8.4	0.20	19.8
Iced Chocolate - whole milk	Grande	1683	402	23.1	15.6	35.3	33.9	3.8	11.7	0.29	26
Iced Chocolate - whole milk	Venti	1833	438	23.9	16.2	40.9	39.1	4.8	12.6	0.30	32.5
Iced Chocolate - skimmed milk	Tall	1042	249	11.4	7.9	26.5	25.4	2.9	8.5	0.21	19.8
Iced Chocolate - skimmed milk	Grande	1401	335	15.1	10.4	35.8	34.4	3.8	11.9	0.30	26
Iced Chocolate - skimmed milk	Venti	1542	368	15.7	10.8	41.4	39.6	4.8	12.9	0.31	32.5
Iced Chocolate - almond drink	Tall	955	231	12.9	7.8	22.6	21.5	3.3	3.5	0.15	19.8
Iced Chocolate - almond drink	Grande	1276	308	17.2	10.4	30.2	28.7	4.3	4.7	0.21	26
Iced Chocolate - almond drink	Venti	1413	341	17.9	10.7	35.6	33.8	5.3	5.4	0.22	32.5
Iced Chocolate - soya drink	Tall	1073	257	14	8.2	22.7	21.5	3.9	8.1	0.17	19.8
Iced Chocolate - soya drink	Grande	1447	347	18.9	10.8	30.4	28.7	5.3	11.2	0.25	26
Iced Chocolate - soya drink	Venti	1589	381	19.6	11.2	35.8	33.7	6.3	12.2	0.26	32.5
Iced Chocolate - oat drink	Tall	1191	284	16	8.2	29.4	22.8	4.6	4	0.24	19.8
Iced Chocolate - oat drink	Grande	1616	385	21.6	10.8	39.9	30.5	6.2	5.4	0.34	26
Iced Chocolate - oat drink	Venti	1763	421	22.5	11.2	45.6	35.6	7.2	6.1	0.35	32.5
Iced Chocolate - coconut drink	Tall	1015	242	13.4	8.8	23.9	22.8	3.4	5.1	0.17	19.8
Iced Chocolate - coconut drink	Grande	1363	325	17.9	11.8	32	30.6	4.5	7	0.25	26
Iced Chocolate - coconut drink	Venti	1502	358	18.6	12.2	37.5	35.7	5.5	7.8	0.26	32.5

Frappuccino®

Coffee Frappuccino® - semi skimmed milk	Tall	890	212	10.6	7.5	25.2	24.4	0.1	3.7	0.41	23
Coffee Frappuccino® - semi skimmed milk	Grande	1187	283	14	9.9	34.1	33	0.2	4.9	0.55	31.4
Coffee Frappuccino® - semi skimmed milk	Venti	1309	312	14.1	9.9	40.9	39.5	0.2	5	0.66	39.5
Coffee Frappuccino® - whole milk	Tall	942	225	12.1	8.4	25.2	24.4	0.1	3.6	0.41	23
Coffee Frappuccino® - whole milk	Grande	1255	299	15.9	11.1	34	32.9	0.2	4.8	0.55	31.4
Coffee Frappuccino® - whole milk	Venti	1377	328	16	11.1	40.8	39.4	0.2	4.9	0.66	39.5
Coffee Frappuccino® - skimmed milk	Tall	851	203	9.5	6.7	25.3	24.5	0.1	3.7	0.41	23
Coffee Frappuccino® - skimmed milk	Grande	1137	271	12.6	8.9	34.2	33.1	0.2	4.9	0.55	31.4
Coffee Frappuccino® - skimmed milk	Venti	1258	300	12.6	8.9	41	39.6	0.2	5	0.66	39.5
Coffee Frappuccino® - almond drink	Tall	811	195	10.2	6.7	23.5	22.7	0.3	1.4	0.38	23
Coffee Frappuccino® - almond drink	Grande	1084	260	13.5	8.8	31.8	30.7	0.4	1.8	0.52	31.4
Coffee Frappuccino® - almond drink	Venti	1205	289	13.5	8.9	38.6	37.2	0.4	2	0.62	39.5
Coffee Frappuccino® - soya drink	Tall	866	207	10.7	6.9	23.6	22.7	0.6	3.5	0.39	23
Coffee Frappuccino® - soya drink	Grande	1156	276	14.2	9	31.9	30.7	0.8	4.6	0.53	31.4
Coffee Frappuccino® - soya drink	Venti	1278	305	14.2	9.1	38.7	37.2	0.8	4.8	0.64	39.5
Coffee Frappuccino® - oat drink	Tall	920	219	11.6	6.9	26.6	23.3	0.9	1.6	0.42	23
Coffee Frappuccino® - oat drink	Grande	1226	292	15.3	9	35.9	31.5	1.1	2.1	0.57	31.4
Coffee Frappuccino® - oat drink	Venti	1349	321	15.4	9.1	42.7	38	1.2	2.3	0.68	39.5
Coffee Frappuccino® - coconut drink	Tall	839	200	10.4	7.2	24.1	23.3	0.4	2.1	0.39	23
Coffee Frappuccino® - coconut drink	Grande	1120	267	13.8	9.4	32.6	31.5	0.5	2.8	0.53	31.4
Coffee Frappuccino® - coconut drink	Venti	1242	296	13.8	9.5	39.4	38	0.5	3	0.64	39.5
Caramel Frappuccino® - semi skimmed milk	Tall	1132	270	12.3	8.5	35.6	34.2	0.1	3.9	0.46	23.1
Caramel Frappuccino® - semi skimmed milk	Grande	1451	346	15.8	11	45.6	43.9	0.2	5	0.60	30.8
Caramel Frappuccino® - semi skimmed milk	Venti	1626	387	16.1	11.1	54.9	52.9	0.2	5.2	0.72	39.5
Caramel Frappuccino® - whole milk	Tall	1184	282	13.8	9.5	35.5	34.2	0.1	3.8	0.46	23.1
Caramel Frappuccino® - whole milk	Grande	1517	362	17.7	12.2	45.5	43.8	0.2	4.9	0.60	30.8
Caramel Frappuccino® - whole milk	Venti	1694	403	18	12.3	54.8	52.8	0.2	5.1	0.72	39.5
Caramel Frappuccino® - skimmed milk	Tall	1093	260	11.2	7.8	35.6	34.3	0.1	3.9	0.46	23.1
Caramel Frappuccino® - skimmed milk	Grande	1401	334	14.4	10	45.7	44	0.2	5	0.60	30.8
Caramel Frappuccino® - skimmed milk	Venti	1575	375	14.6	10.1	55	53	0.2	5.2	0.72	39.5
Caramel Frappuccino® - almond drink	Tall	1052	252	11.9	7.8	33.8	32.5	0.3	1.5	0.44	23.1
Caramel Frappuccino® - almond drink	Grande	1350	323	15.3	10	43.3	41.7	0.4	2	0.56	30.8
Caramel Frappuccino® - almond drink	Venti	1522	364	15.5	10.1	52.6	50.6	0.4	2.2	0.69	39.5
Caramel Frappuccino® - soya drink	Tall	1108	264	12.4	7.9	33.9	32.5	0.6	3.7	0.45	23.1
Caramel Frappuccino® - soya drink	Grande	1420	339	16	10.2	43.4	41.7	0.8	4.7	0.58	30.8
Caramel Frappuccino® - soya drink	Venti	1595	380	16.2	10.3	52.7	50.6	0.8	4.9	0.70	39.5
Caramel Frappuccino® - oat drink	Tall	1162	277	13.3	7.9	37	33.1	0.9	1.8	0.48	23.1
Caramel Frappuccino® - oat drink	Grande	1489	355	17.1	10.2	47.3	42.4	1.1	2.3	0.62	30.8
Caramel Frappuccino® - oat drink	Venti	1666	396	17.4	10.3	56.7	51.4	1.2	2.4	0.74	39.5
Caramel Frappuccino® - coconut drink	Tall	1080	257	12.1	8.2	34.4	33.1	0.4	2.3	0.45	23.1
Caramel Frappuccino® - coconut drink	Grande	1385	330	15.6	10.6	44.1	42.5	0.5	3	0.58	30.8
Caramel Frappuccino® - coconut drink	Venti	1559	371	15.8	10.7	53.4	51.4	0.5	3.2	0.70	39.5
Mocha Frappuccino® - semi skimmed milk	Tall	999	238	11.1	7.8	29.6	28.5	1	4.3	0.40	28.6
Mocha Frappuccino® - semi skimmed milk	Grande	1315	314	14.6	10.2	39.1	37.7	1.3	5.5	0.53	37.9
Mocha Frappuccino® - semi skimmed milk	Venti	1512	360	15	10.4	49.1	47.1	1.7	6.1	0.66	49.7
Mocha Frappuccino® - whole milk	Tall	1050	251	12.6	8.7	29.6	28.5	1	4.2	0.40	28.6
Mocha Frappuccino® - whole milk	Grande	1380	329	16.5	11.4	39	37.6	1.3	5.4	0.53	37.9
Mocha Frappuccino® - whole milk	Venti	1580	376	16.9	11.6	49	47	1.7	6	0.66	49.7
Mocha Frappuccino® - skimmed milk	Tall	961	229	10.1	7	29.7	28.6	1	4.3	0.41	28.6
Mocha Frappuccino® - skimmed milk	Grande	1267	302	13.3	9.3	39.2	37.7	1.3	5.5	0.53	37.9
Mocha Frappuccino® - skimmed milk	Venti	1461	348	13.6	9.4	49.2	47.2	1.7	6.1	0.66	49.7
Mocha Frappuccino® - almond drink	Tall	922	221	10.7	7	27.9	26.8	1.2	2	0.38	28.6
Mocha Frappuccino® - almond drink	Grande	1217	292	14.1	9.3	37	35.5	1.5	2.6	0.50	37.9
Mocha Frappuccino® - almond drink	Venti	1408	337	14.4	9.4	46.8	44.9	1.9	3	0.62	49.7
Mocha Frappuccino® - soya drink	Tall	976	233	11.2	7.2	28	26.8	1.5	4.1	0.39	28.6
Mocha Frappuccino® - soya drink	Grande	1285	307	14.8	9.5	37	35.5	1.9	5.2	0.51	37.9
Mocha Frappuccino® - soya drink	Venti	1480	353	15.1	9.6	46.9	44.9	2.3	5.8	0.64	49.7
Mocha Frappuccino® - oat drink	Tall	1029	245	12.1	7.2	31	27.4	1.7	2.2	0.42	28.6
Mocha Frappuccino® - oat drink	Grande	1353	322	15.9	9.5	40.9	36.2	2.3	2.9	0.55	37.9
Mocha Frappuccino® - oat drink	Venti	1551	369	16.3	9.6	50.9	45.6	2.7	3.3	0.68	49.7
Mocha Frappuccino® - coconut drink	Tall	949	226	10.9	7.5	28.5	27.4	1.2	2.7	0.39	28.6
Mocha Frappuccino® - coconut drink	Grande	1251	298	14.4	9.8	37.7	36.2	1.6	3.6	0.51	37.9
Mocha Frappuccino® - coconut drink	Venti	1445	344	14.7	10	47.6	45.7	2	4	0.64	49.7
Java Chip Frappuccino® - semi skimmed milk	Tall	1153	275	13.4	9.6	33.2	30.9	1.7	4.6	0.42	28.4
Java Chip Frappuccino® - semi skimmed milk	Grande	1582	378	17.9	13	46.4	43.2	2.3	6.3	0.60	39.9
Java Chip Frappuccino® - semi skimmed milk	Venti	1880	448	19.4	14.1	59.4	55.1	3	7.1	0.76	53
Java Chip Frappuccino® - whole milk	Tall	1201	287	14.7	10.5	33.1	30.8	1.7	4.5	0.42	28.4
Java Chip Frappuccino® - whole milk	Grande	1648	393	19.8	14.1	46.3	43.1	2.3	6.2	0.60	39.9
Java Chip Frappuccino® - whole milk	Venti	1950	465	21.4	15.3	59.3	55	3	7	0.76	53
Java Chip Frappuccino® - skimmed milk	Tall	1117	267	12.4	8.9	33.3	31	1.7	4.6	0.43	28.4
Java Chip Frappuccino® - skimmed milk	Grande	1534	366	16.6	12	46.5	43.3	2.3	6.3	0.60	39.9
Java Chip Frappuccino® - skimmed milk	Venti	1828	436	18	13.1	59.5	55.2	3	7.1	0.76	53
Java Chip Frappuccino® - almond drink	Tall	1080	259	13	8.9	31.6	29.3	1.8	2.4	0.40	28.4
Java Chip Frappuccino® - almond drink	Grande	1483	355	17.4	12	44.3	41	2.5	3.3	0.56	39.9
Java Chip Frappuccino® - almond drink	Venti	1774	424	18.9	13	57.1	52.8	3.2	4	0.72	53
Java Chip Frappuccino® - soya drink	Tall	1131	270	13.5	9.1	31.7	29.3	2.1	4.4	0.41	28.4
Java Chip Frappuccino® - soya drink	Grande	1552	371	18.1	12.2	44.3	41	2.9	6	0.58	39.9
Java Chip Frappuccino® - soya drink	Venti	1848	441	19.6	13.2	57.2	52.7	3.6	6.8	0.74	53
Java Chip Frappuccino® - oat drink	Tall	1181	282	14.3	9.1	34.5	29.8	2.4	2.6	0.44	28.4
Java Chip Frappuccino® - oat drink	Grande	1620	386	19.2	12.2	48.2	41.7	3.2	3.6	0.61	39.9

Java Chip Frappuccino® - oat drink	Venti	1921	458	20.8	13.2	61.3	53.5	4	4.3	0.78	53
Java Chip Frappuccino® - coconut drink	Tall	1106	264	13.2	9.3	32.2	29.9	1.9	3.1	0.41	28.4
Java Chip Frappuccino® - coconut drink	Grande	1518	362	17.7	12.6	45	41.8	2.6	4.3	0.58	39.9
Java Chip Frappuccino® - coconut drink	Venti	1812	432	19.2	13.7	57.9	53.6	3.3	5	0.74	53
Chocolate Cream Frappuccino® - semi skimmed milk	Tall	989	236	11.6	8.1	27.5	26.7	1.1	5	0.41	7.7
Chocolate Cream Frappuccino® - semi skimmed milk	Grande	1348	322	15.4	10.8	38.3	37.1	1.5	6.8	0.57	10.3
Chocolate Cream Frappuccino® - semi skimmed milk	Venti	1504	359	15.8	11.1	45.8	44.3	1.9	7.4	0.68	12.9
Chocolate Cream Frappuccino® - whole milk	Tall	1057	253	13.5	9.3	27.4	26.5	1.1	4.9	0.40	7.7
Chocolate Cream Frappuccino® - whole milk	Grande	1443	345	18.1	12.5	38.2	36.9	1.5	6.7	0.57	10.3
Chocolate Cream Frappuccino® - whole milk	Venti	1606	383	18.7	12.9	45.7	44.2	1.9	7.3	0.68	12.9
Chocolate Cream Frappuccino® - skimmed milk	Tall	938	224	10.2	7.1	27.6	26.8	1.1	5	0.41	7.7
Chocolate Cream Frappuccino® - skimmed milk	Grande	1278	305	13.5	9.5	38.4	37.2	1.5	6.8	0.58	10.3
Chocolate Cream Frappuccino® - skimmed milk	Venti	1429	341	13.7	9.6	46	44.5	1.9	7.4	0.68	12.9
Chocolate Cream Frappuccino® - almond drink	Tall	885	213	11.1	7.1	25.2	24.4	1.3	1.9	0.37	7.7
Chocolate Cream Frappuccino® - almond drink	Grande	1205	290	14.7	9.4	35.1	33.9	1.8	2.6	0.52	10.3
Chocolate Cream Frappuccino® - almond drink	Venti	1350	324	15	9.6	42.5	40.9	2.2	2.9	0.63	12.9
Chocolate Cream Frappuccino® - soya drink	Tall	958	229	11.7	7.3	25.3	24.4	1.7	4.7	0.39	7.7
Chocolate Cream Frappuccino® - soya drink	Grande	1305	312	15.6	9.7	35.3	33.9	2.4	6.4	0.54	10.3
Chocolate Cream Frappuccino® - soya drink	Venti	1458	349	16	9.8	42.6	40.9	2.8	7	0.65	12.9
Chocolate Cream Frappuccino® - oat drink	Tall	1029	246	12.9	7.3	29.4	25.1	2.1	2.2	0.42	7.7
Chocolate Cream Frappuccino® - oat drink	Grande	1403	335	17.3	9.7	40.8	35	2.9	3	0.60	10.3
Chocolate Cream Frappuccino® - oat drink	Venti	1563	373	17.8	9.8	48.6	42.1	3.4	3.3	0.71	12.9
Chocolate Cream Frappuccino® - coconut drink	Tall	922	220	11.4	7.7	26	25.2	1.4	2.9	0.39	7.7
Chocolate Cream Frappuccino® - coconut drink	Grande	1256	300	15.1	10.2	36.2	35	1.9	4	0.54	10.3
Chocolate Cream Frappuccino® - coconut drink	Venti	1405	335	15.5	10.4	43.6	42.1	2.3	4.4	0.65	12.9
Vanilla Cream Frappuccino® - semi skimmed milk	Tall	885	212	10.9	7.7	24.4	23.9	0	4.1	0.39	0
Vanilla Cream Frappuccino® - semi skimmed milk	Grande	1214	290	14.5	10.2	34.4	33.7	0	5.6	0.56	0
Vanilla Cream Frappuccino® - semi skimmed milk	Venti	1380	329	14.8	10.4	43	42	0	6.3	0.69	0
Vanilla Cream Frappuccino® - whole milk	Tall	952	227	12.8	8.9	24.3	23.8	0	4	0.39	0
Vanilla Cream Frappuccino® - whole milk	Grande	1306	312	17.1	11.9	34.3	33.5	0	5.5	0.55	0
Vanilla Cream Frappuccino® - whole milk	Venti	1484	354	17.7	12.3	42.8	41.9	0	6.1	0.69	0
Vanilla Cream Frappuccino® - skimmed milk	Tall	836	200	9.5	6.7	24.5	24	0	4.1	0.40	0
Vanilla Cream Frappuccino® - skimmed milk	Grande	1145	274	12.5	8.9	34.6	33.8	0	5.6	0.56	0
Vanilla Cream Frappuccino® - skimmed milk	Venti	1303	311	12.6	8.9	43.1	42.2	0	6.3	0.70	0
Vanilla Cream Frappuccino® - almond drink	Tall	784	189	10.4	6.7	22.2	21.7	0.2	1.1	0.36	0
Vanilla Cream Frappuccino® - almond drink	Grande	1074	258	13.8	8.9	31.3	30.6	0.3	1.5	0.51	0
Vanilla Cream Frappuccino® - almond drink	Venti	1222	294	14	8.9	39.5	38.5	0.3	1.6	0.64	0
Vanilla Cream Frappuccino® - soya drink	Tall	855	205	11	6.9	22.3	21.7	0.6	3.8	0.37	0
Vanilla Cream Frappuccino® - soya drink	Grande	1172	280	14.7	9.1	31.4	30.6	0.8	5.3	0.53	0
Vanilla Cream Frappuccino® - soya drink	Venti	1332	319	15	9.2	39.6	38.5	0.9	5.8	0.66	0
Vanilla Cream Frappuccino® - oat drink	Tall	924	221	12.2	6.9	26.2	22.4	1	1.4	0.41	0
Vanilla Cream Frappuccino® - oat drink	Grande	1268	302	16.3	9.1	36.9	31.6	1.3	1.9	0.58	0
Vanilla Cream Frappuccino® - oat drink	Venti	1441	343	16.8	9.2	45.8	39.7	1.5	2	0.72	0
Vanilla Cream Frappuccino® - coconut drink	Tall	820	196	10.6	7.3	23	22.4	0.3	2.1	0.37	0
Vanilla Cream Frappuccino® - coconut drink	Grande	1123	268	14.2	9.7	32.4	31.7	0.4	2.9	0.53	0
Vanilla Cream Frappuccino® - coconut drink	Venti	1278	305	14.4	9.8	40.7	39.7	0.5	3.1	0.66	0
Caramel Cream Frappuccino® - semi skimmed milk	Tall	1063	254	12.6	8.7	31	30	0	4.2	0.45	0
Caramel Cream Frappuccino® - semi skimmed milk	Grande	1408	336	16.3	11.4	41.5	40.3	0	5.8	0.61	0
Caramel Cream Frappuccino® - semi skimmed milk	Venti	1593	380	16.8	11.7	50.8	49.3	0	6.4	0.76	0
Caramel Cream Frappuccino® - whole milk	Tall	1129	270	14.4	9.9	30.9	29.9	0	4.1	0.44	0
Caramel Cream Frappuccino® - whole milk	Grande	1500	358	18.9	13	41.4	40.2	0	5.7	0.61	0
Caramel Cream Frappuccino® - whole milk	Venti	1697	405	19.7	13.5	50.6	49.2	0	6.3	0.75	0
Caramel Cream Frappuccino® - skimmed milk	Tall	1013	242	11.2	7.8	31.1	30.1	0	4.2	0.45	0
Caramel Cream Frappuccino® - skimmed milk	Grande	1339	320	14.4	10	41.7	40.5	0	5.8	0.62	0
Caramel Cream Frappuccino® - skimmed milk	Venti	1515	361	14.6	10.2	51	49.5	0	6.4	0.76	0
Caramel Cream Frappuccino® - almond drink	Tall	962	231	12	7.7	28.7	27.8	0.2	1.3	0.41	0
Caramel Cream Frappuccino® - almond drink	Grande	1267	304	15.6	10	38.5	37.2	0.3	1.7	0.57	0
Caramel Cream Frappuccino® - almond drink	Venti	1435	344	16	10.1	47.3	45.9	0.3	1.8	0.70	0
Caramel Cream Frappuccino® - soya drink	Tall	1032	247	12.7	7.9	28.8	27.7	0.6	4	0.43	0
Caramel Cream Frappuccino® - soya drink	Grande	1365	326	16.5	10.3	38.6	37.2	0.8	5.4	0.59	0
Caramel Cream Frappuccino® - soya drink	Venti	1545	369	17	10.4	47.5	45.8	0.9	6	0.73	0
Caramel Cream Frappuccino® - oat drink	Tall	1102	263	13.8	7.9	32.7	28.5	1	1.6	0.46	0
Caramel Cream Frappuccino® - oat drink	Grande	1461	348	18.1	10.3	44	38.3	1.3	2.1	0.64	0
Caramel Cream Frappuccino® - oat drink	Venti	1653	394	18.8	10.4	53.6	47	1.5	2.2	0.78	0
Caramel Cream Frappuccino® - coconut drink	Tall	998	238	12.3	8.3	29.5	28.5	0.3	2.2	0.43	0
Caramel Cream Frappuccino® - coconut drink	Grande	1317	314	16	10.8	39.5	38.3	0.4	3	0.59	0
Caramel Cream Frappuccino® - coconut drink	Venti	1491	355	16.4	11	48.5	47.1	0.5	3.3	0.73	0
Strawberries & Cream Frappuccino® - semi skimmed milk	Tall	959	229	10.9	7.7	28.3	27.2	0.2	4.2	0.39	0
Strawberries & Cream Frappuccino® - semi skimmed milk	Grande	1300	310	14.4	10.2	39.1	37.6	0.3	5.6	0.54	0
Strawberries & Cream Frappuccino® - semi skimmed milk	Venti	1434	342	14.6	10.3	46.3	44.5	0.4	5.9	0.64	0
Strawberries & Cream Frappuccino® - whole milk	Tall	1025	245	12.8	8.8	28.2	27.1	0.2	4.1	0.39	0
Strawberries & Cream Frappuccino® - whole milk	Grande	1389	331	17	11.7	39	37.5	0.3	5.5	0.54	0
Strawberries & Cream Frappuccino® - whole milk	Venti	1528	364	17.2	11.9	46.2	44.3	0.4	5.8	0.63	0
Strawberries & Cream Frappuccino® - skimmed milk	Tall	910	217	9.5	6.7	28.4	27.3	0.2	4.2	0.40	0
Strawberries & Cream Frappuccino® - skimmed milk	Grande	1234	294	12.6	8.9	39.2	37.7	0.3	5.6	0.55	0
Strawberries & Cream Frappuccino® - skimmed milk	Venti	1364	325	12.6	8.9	46.5	44.6	0.4	5.9	0.64	0
Strawberries & Cream Frappuccino® - almond drink	Tall	859	206	10.4	6.7	26.1	25	0.4	1.2	0.36	0
Strawberries & Cream Frappuccino® - almond drink	Grande	1165	280	13.8	8.8	36.1	34.6	0.5	1.6	0.50	0
Strawberries & Cream Frappuccino® - almond drink	Venti	1292	310	13.9	8.9	43.2	41.3	0.6	1.7	0.59	0
Strawberries & Cream Frappuccino® - soya drink	Tall	929	222	11	6.9	26.2	25	0.8	3.9	0.37	0
Strawberries & Cream Frappuccino® - soya drink	Grande	1259	301	14.6	9.1	36.3	34.6	1.1	5.2	0.52	0
Strawberries & Cream Frappuccino® - soya drink	Venti	1391	332	14.8	9.1	43.3	41.3	1.2	5.5	0.61	0
Strawberries & Cream Frappuccino® - oat drink	Tall	997	238	12.2	6.9	30.1	25.8	1.2	1.5	0.41	0
Strawberries & Cream Frappuccino® - oat drink	Grande	1352	322	16.2	9.1	41.5	35.6	1.6	2	0.57	0
Strawberries & Cream Frappuccino® - oat drink	Venti	1489	354	16.4	9.1	48.8	42.4	1.7	2.1	0.66	0
Strawberries & Cream Frappuccino® - coconut drink	Tall	894	213	10.7	7.3	26.9	25.8	0.5	2.2	0.37	0
Strawberries & Cream Frappuccino® - coconut drink	Grande	1213	289	14.1	9.6	37.2	35.7	0.7	2.9	0.52	0
Strawberries & Cream Frappuccino® - coconut drink	Venti	1342	319	14.3	9.7	44.3	42.4	0.8	3.1	0.61	0
Cookies & Cream Frappuccino® - semi skimmed milk	Tall	1142	273	13.9	9.6	31.6	27	0.2	5.3	0.57	0
Cookies & Cream Frappuccino® - semi skimmed milk	Grande	1528	365	18.4	12.7	42.7	36.6	0.3	7.1	0.77	0
Cookies & Cream Frappuccino® - semi skimmed milk	Venti	1766	422	19.7	13.6	52.9	45.2	0.4	8	0.96	0
Cookies & Cream Frappuccino® - whole milk	Tall	1212	290	15.9	10.8	31.5	26.9	0.2	5.2	0.57	0
Cookies & Cream Frappuccino® - whole milk	Grande	1621	387	21.1	14.4	42.6	36.5	0.3	6.9	0.77	0
Cookies & Cream Frappuccino® - whole milk	Venti	1870	446	22.7	15.4	52.7	45	0.4	7.8	0.95	0
Cookies & Cream Frappuccino® - skimmed milk	Tall	1090	260	12.5	8.6	31.7	27.1	0.2	5.3	0.57	0
Cookies & Cream Frappuccino® - skimmed milk	Grande	1458	348	16.5	11.4	42.8	36.8	0.3	7.1	0.77	0
Cookies & Cream Frappuccino® - skimmed milk	Venti	1689	403	17.6	12.1	53.1	45.4	0.4	8	0.96	0
Cookies & Cream Frappuccino® - almond drink	Tall	1036	249	13.4	8.6	29.2	24.7	0.4	2.2	0.53	0
Cookies & Cream Frappuccino® - almond drink	Grande	1386	333	17.7	11.3	39.6	33.5	0.6	2.9	0.72	0
Cookies & Cream Frappuccino® - almond drink	Venti	1608	386	18.9	12	49.4	41.7	0.7	3.3	0.90	0
Cookies & Cream Frappuccino® - soya drink	Tall	1110	266	14.1	8.8	29.3	24.7	0.8	5	0.55	0
Cookies & Cream Frappuccino® - soya drink	Grande	1485	355	18.6	11.6	39.7	33.5	1.1	6.7	0.74	0
Cookies & Cream Frappuccino® - soya drink	Venti	1718	411	20	12.3	49.5	41.7	1.3	7.6	0.93	0
Cookies & Cream Frappuccino® - oat drink	Tall	1183	282	15.3	8.8	33.4	25.5	1.2	2.5	0.59	0
Cookies & Cream Frappuccino® - oat drink	Grande	1582	378	20.2	11.6	45.2	34.5	1.6	3.3	0.79	0
Cookies & Cream Frappuccino® - oat drink	Venti	1827	436	21.8	12.3	55.7	42.9	1.9	3.8	0.99	0
Cookies & Cream Frappuccino® - coconut drink	Tall	1074	256	13.7	9.2	30.1	25.5	0.5	3.2	0.55	0

Cookies & Cream Frappuccino® - coconut drink	Grande	1436	343	18.1	12.1	40.7	34.6	0.7	4.2	0.74	0
Cookies & Cream Frappuccino® - coconut drink	Venti	1664	397	19.4	12.9	50.6	42.9	0.8	4.9	0.93	0
Double Chocolatey Chip Cream Frappuccino® - semi skimmed milk	Tall	1170	280	14	10.2	32.1	29.9	1.7	5.4	0.46	7.7
Double Chocolatey Chip Cream Frappuccino® - semi skimmed milk	Grande	1585	379	18.8	13.6	44.1	41	2.3	7.3	0.63	10.3
Double Chocolatey Chip Cream Frappuccino® - semi skimmed milk	Venti	1776	424	19.9	14.5	52.1	48.4	2.8	8	0.74	12.6
Double Chocolatey Chip Cream Frappuccino® - whole milk	Tall	1239	296	16	11.4	32	29.8	1.7	5.3	0.46	7.7
Double Chocolatey Chip Cream Frappuccino® - whole milk	Grande	1678	401	21.4	15.3	43.9	40.9	2.3	7.2	0.63	10.3
Double Chocolatey Chip Cream Frappuccino® - whole milk	Venti	1875	448	22.7	16.2	52	48.3	2.8	7.8	0.74	12.6
Double Chocolatey Chip Cream Frappuccino® - skimmed milk	Tall	1118	267	12.6	9.2	32.2	30	1.7	5.4	0.46	7.7
Double Chocolatey Chip Cream Frappuccino® - skimmed milk	Grande	1515	362	16.8	12.3	44.2	41.2	2.3	7.3	0.64	10.3
Double Chocolatey Chip Cream Frappuccino® - skimmed milk	Venti	1703	407	17.8	13	52.3	48.6	2.8	8	0.75	12.6
Double Chocolatey Chip Cream Frappuccino® - almond drink	Tall	1065	256	13.5	9.1	29.8	27.6	1.9	2.3	0.42	7.7
Double Chocolatey Chip Cream Frappuccino® - almond drink	Grande	1443	347	18.1	12.2	40.9	37.9	2.5	3.1	0.58	10.3
Double Chocolatey Chip Cream Frappuccino® - almond drink	Venti	1627	391	19.1	13	48.8	45.1	3.1	3.5	0.69	12.6
Double Chocolatey Chip Cream Frappuccino® - soya drink	Tall	1138	272	14.2	9.3	29.9	27.6	2.3	5.1	0.44	7.7
Double Chocolatey Chip Cream Frappuccino® - soya drink	Grande	1542	369	19	12.5	41	37.9	3.1	6.9	0.61	10.3
Double Chocolatey Chip Cream Frappuccino® - soya drink	Venti	1731	414	20.1	13.3	48.9	45.1	3.6	7.5	0.71	12.6
Double Chocolatey Chip Cream Frappuccino® - oat drink	Tall	1210	289	15.4	9.3	34	28.4	2.7	2.6	0.48	7.7
Double Chocolatey Chip Cream Frappuccino® - oat drink	Grande	1639	391	20.6	12.5	46.6	39	3.6	3.5	0.66	10.3
Double Chocolatey Chip Cream Frappuccino® - oat drink	Venti	1834	438	21.8	13.3	54.7	46.2	4.2	4	0.77	12.6
Double Chocolatey Chip Cream Frappuccino® - coconut drink	Tall	1102	263	13.8	9.7	30.6	28.4	2	3.3	0.44	7.7
Double Chocolatey Chip Cream Frappuccino® - coconut drink	Grande	1493	357	18.5	13	42	39	2.7	4.5	0.61	10.3
Double Chocolatey Chip Cream Frappuccino® - coconut drink	Venti	1680	401	19.5	13.9	50	46.3	3.2	5	0.71	12.6
Matcha Cream Frappuccino® - semi skimmed milk	Tall	927	221	11	7.8	25.4	24.9	0.8	4.8	0.41	53.7
Matcha Cream Frappuccino® - semi skimmed milk	Grande	1247	298	14.6	10.3	34.8	34	1.1	6.4	0.56	74.2
Matcha Cream Frappuccino® - semi skimmed milk	Venti	1379	329	14.8	10.4	41.5	40.5	1.4	6.9	0.67	92.7
Matcha Cream Frappuccino® - whole milk	Tall	996	238	13	9	25.3	24.8	0.8	4.7	0.41	53.7
Matcha Cream Frappuccino® - whole milk	Grande	1340	320	17.2	11.9	34.6	33.9	1.1	6.3	0.56	74.2
Matcha Cream Frappuccino® - whole milk	Venti	1478	353	17.6	12.2	41.3	40.4	1.4	6.8	0.66	92.7
Matcha Cream Frappuccino® - skimmed milk	Tall	875	209	9.6	6.8	25.5	25	0.8	4.8	0.41	53.7
Matcha Cream Frappuccino® - skimmed milk	Grande	1178	281	12.7	8.9	34.9	34.2	1.1	6.4	0.56	74.2
Matcha Cream Frappuccino® - skimmed milk	Venti	1304	311	12.7	8.9	41.6	40.7	1.4	6.9	0.67	92.7
Matcha Cream Frappuccino® - almond drink	Tall	821	198	10.5	6.7	23.1	22.6	1	1.7	0.37	53.7
Matcha Cream Frappuccino® - almond drink	Grande	1106	266	13.9	8.9	31.7	30.9	1.4	2.2	0.51	74.2
Matcha Cream Frappuccino® - almond drink	Venti	1227	295	14	8.9	38.1	37.2	1.7	2.5	0.61	92.7
Matcha Cream Frappuccino® - soya drink	Tall	894	214	11.2	6.9	23.2	22.6	1.4	4.5	0.39	53.7
Matcha Cream Frappuccino® - soya drink	Grande	1204	288	14.8	9.1	31.8	30.9	1.9	6	0.53	74.2
Matcha Cream Frappuccino® - soya drink	Venti	1333	319	15	9.2	38.2	37.2	2.3	6.5	0.64	92.7
Matcha Cream Frappuccino® - oat drink	Tall	967	231	12.4	6.9	27.3	23.3	1.8	2	0.43	53.7
Matcha Cream Frappuccino® - oat drink	Grande	1301	310	16.4	9.1	37.3	32	2.4	2.6	0.58	74.2
Matcha Cream Frappuccino® - oat drink	Venti	1437	342	16.8	9.2	44.1	38.3	2.8	2.9	0.69	92.7
Matcha Cream Frappuccino® - coconut drink	Tall	858	205	10.8	7.3	23.9	23.4	1.1	2.7	0.39	53.7
Matcha Cream Frappuccino® - coconut drink	Grande	1156	276	14.3	9.7	32.8	32	1.5	3.6	0.53	74.2
Matcha Cream Frappuccino® - coconut drink	Venti	1281	305	14.5	9.8	39.3	38.4	1.8	3.9	0.64	92.7

Refreshment

Peach Iced Tea	Tall	217	51	0.1	0	12.3	12	0.1	0.1	0.00	0.6
Peach Iced Tea	Grande	306	72	0.1	0	17.3	16.9	0.1	0.1	0.00	1
Peach Iced Tea	Venti	347	82	0.1	0	19.7	19.2	0.1	0.1	0.00	1.1
Cool Lime Starbucks Refresha™	Tall	223	53	0.1	0	12.3	11.9	0.4	0.2	0.01	7.4
Cool Lime Starbucks Refresha™	Grande	290	69	0.1	0	16.1	15.6	0.4	0.2	0.02	9.8
Cool Lime Starbucks Refresha™	Venti	361	86	0.1	0	20.1	19.6	0.4	0.2	0.02	12.4
Strawberry Acai Starbucks Refresha®	Tall	264	62	0.1	0	14.2	14.1	0.6	0.3	0.00	3.7
Strawberry Acai Starbucks Refresha®	Grande	335	79	0.1	0	18.3	18.1	0.6	0.4	0.01	4.9
Strawberry Acai Starbucks Refresha®	Venti	411	97	0.1	0	22.7	22.4	0.6	0.4	0.01	6.2
Very Berry Hibiscus Refresha	Tall	157	34	0.1	0	15.9	15.7	2.1	0.6	0.04	37.2
Very Berry Hibiscus Refresha	Grande	392	93	0.1	0	20.4	20.1	2.1	0.6	0.05	49.2
Very Berry Hibiscus Refresha	Venti	475	112	0.1	0	25.2	24.8	2.1	0.7	0.07	62
Very Berry Hibiscus Coconut Refresha	Tall	493	118	2.6	2.3	19.3	19.1	3.6	1.6	0.08	37.2
Very Berry Hibiscus Coconut Refresha	Grande	629	150	3.4	3	25	24.7	4.1	1.9	0.11	49.2
Very Berry Hibiscus Coconut Refresha	Venti	762	182	4.1	3.7	30.7	30.4	4.5	2.3	0.14	62
Orange & Mango Refresha	Tall	228	54	0	0	12.8	12.6	0.3	0	0.00	3.7
Orange & Mango Refresha	Grande	298	71	0	0	16.8	16.6	0.3	0	0.00	4.9
Orange & Mango Refresha	Venti	372	88	0	0	21.1	20.7	0.3	0	0.00	6.2
Orange & Mango Coconut Refresha	Tall	407	97	2.5	2.3	16.3	16.1	1.7	1	0.05	3.7
Orange & Mango Coconut Refresha	Grande	535	128	3.3	3	21.4	21.1	2.2	1.4	0.06	4.9
Orange & Mango Coconut Refresha	Venti	659	158	4	3.6	26.6	26.3	2.6	1.6	0.08	6.2

Hot Teas

English Breakfast Tea	Short	20	5	0.1	0	0	0	0	0.8	0.00	41.0
English Breakfast Tea	Tall	20	5	0.1	0	0	0	0	0.8	0.00	41.0
English Breakfast Tea	Grande	20	5	0.1	0	0	0	0	0.8	0.00	41.0
English Breakfast Tea	Venti	40	10	0.3	0.1	0.1	0.1	0	1.7	0.00	82.0
Emperor's Clouds & Mist Tea	Short	13	3	0.1	0	0	0	0	0.6	0.00	0.8
Emperor's Clouds & Mist Tea	Tall	13	3	0.1	0	0	0	0	0.6	0.00	0.8
Emperor's Clouds & Mist Tea	Grande	13	3	0.1	0	0	0	0	0.6	0.00	0.8
Emperor's Clouds & Mist Tea	Venti	27	6	0.2	0	0	0	0	1.1	0.00	1.6
Earl Grey Tea	Short	17	4	0.1	0	0	0	0	0.7	0.00	1.1
Earl Grey Tea	Tall	17	4	0.1	0	0	0	0	0.7	0.00	1.1
Earl Grey Tea	Grande	17	4	0.1	0	0	0	0	0.7	0.00	1.1
Earl Grey Tea	Venti	35	8	0.3	0	0.1	0	0	1.4	0.00	2.1
Mint Herbal Blend	Short	18	4	0.1	0	0.6	0	0.3	0.2	0.00	0
Mint Herbal Blend	Tall	18	4	0.1	0	0.6	0	0.3	0.2	0.00	0
Mint Herbal Blend	Grande	18	4	0.1	0	0.6	0	0.3	0.2	0.00	0
Mint Herbal Blend	Venti	37	9	0.1	0	1.2	0	0.7	0.4	0.01	0

Tea Latte

Matcha Green Tea Latte - semi skimmed milk	Short	344	82	2.9	1.8	7.8	7.8	0.4	6	0.18	27.9
Matcha Green Tea Latte - semi skimmed milk	Tall	564	134	4.7	3	12.7	12.7	0.8	10	0.29	57.2
Matcha Green Tea Latte - semi skimmed milk	Grande	679	161	5.6	3.6	15.2	15.2	1.2	12	0.34	83
Matcha Green Tea Latte - semi skimmed milk	Venti	912	217	7.5	4.8	20.4	20.4	1.7	16.2	0.46	111.5
Matcha Green Tea Latte - whole milk	Short	454	108	6	3.8	7.6	7.6	0.4	5.9	0.17	27.9
Matcha Green Tea Latte - whole milk	Tall	744	177	9.8	6.2	12.4	12.4	0.8	9.7	0.28	57.2
Matcha Green Tea Latte - whole milk	Grande	894	213	11.7	7.4	14.9	14.9	1.2	11.7	0.34	83
Matcha Green Tea Latte - whole milk	Venti	1201	286	15.7	9.9	20	20	1.7	15.7	0.45	111.5
Matcha Green Tea Latte - skimmed milk	Short	261	62	0.5	0.2	8	8	0.4	6	0.18	27.9
Matcha Green Tea Latte - skimmed milk	Tall	429	102	0.9	0.4	13	13	0.8	10	0.30	57.2
Matcha Green Tea Latte - skimmed milk	Grande	518	123	1.1	0.4	15.5	15.5	1.2	12	0.35	83
Matcha Green Tea Latte - skimmed milk	Venti	696	165	1.5	0.6	20.9	20.9	1.7	16.2	0.47	111.5
Matcha Green Tea Latte - almond drink	Short	175	44	2	0.2	4.1	4.1	0.7	1.1	0.12	27.9
Matcha Green Tea Latte - almond drink	Tall	290	72	3.3	0.3	6.7	6.7	1.4	1.9	0.19	57.2
Matcha Green Tea Latte - almond drink	Grande	351	88	3.9	0.3	8	8	1.9	2.4	0.23	83
Matcha Green Tea Latte - almond drink	Venti	472	118	5.3	0.5	10.8	10.8	2.5	3.2	0.31	111.5
Matcha Green Tea Latte - soya drink	Short	293	70	3.1	0.5	4.2	4.1	1.4	5.6	0.14	27.9
Matcha Green Tea Latte - soya drink	Tall	480	115	5.1	0.8	6.9	6.6	2.4	9.2	0.24	57.2
Matcha Green Tea Latte - soya drink	Grande	579	139	6.1	1	8.3	7.9	3.1	11.1	0.28	83
Matcha Green Tea Latte - soya drink	Venti	778	187	8.2	1.3	11.1	10.7	4.2	14.9	0.38	111.5
Matcha Green Tea Latte - oat drink	Short	408	97	5	0.5	10.8	5.3	2	1.6	0.21	27.9
Matcha Green Tea Latte - oat drink	Tall	669	158	8.2	0.8	17.5	8.7	3.5	2.6	0.34	57.2

Matcha Green Tea Latte - oat drink	Grande	804	190	9.8	1	21	10.4	4.3	3.3	0.40	83
Matcha Green Tea Latte - oat drink	Venti	1080	256	13.2	1.3	28.2	14	5.8	4.4	0.54	111.5
Matcha Green Tea Latte - coconut drink	Short	235	55	2.5	1.1	5.4	5.4	0.9	2.7	0.14	27.9
Matcha Green Tea Latte - coconut drink	Tall	386	91	4	1.9	8.8	8.8	1.6	4.5	0.24	57.2
Matcha Green Tea Latte - coconut drink	Grande	467	110	4.9	2.2	10.5	10.5	2.2	5.5	0.28	83
Matcha Green Tea Latte - coconut drink	Venti	627	148	6.5	3	14.1	14.1	2.9	7.4	0.38	111.5
Iced Matcha Green Tea Latte - semi skimmed milk	Tall	345	82	2.8	1.8	7.6	7.6	0.8	6.2	0.17	56
Iced Matcha Green Tea Latte - semi skimmed milk	Grande	492	117	4	2.5	10.9	10.9	1.3	8.8	0.25	84.6
Iced Matcha Green Tea Latte - semi skimmed milk	Venti	569	135	4.6	2.9	12.4	12.4	1.7	10.2	0.28	113
Iced Matcha Green Tea Latte - whole milk	Tall	453	108	5.9	3.7	7.5	7.5	0.8	6	0.17	56
Iced Matcha Green Tea Latte - whole milk	Grande	645	154	8.4	5.3	10.6	10.6	1.3	8.6	0.24	84.6
Iced Matcha Green Tea Latte - whole milk	Venti	744	177	9.6	6	12.2	12.2	1.7	10	0.27	113
Iced Matcha Green Tea Latte - skimmed milk	Tall	265	63	0.6	0.2	7.8	7.8	0.8	6.2	0.18	56
Iced Matcha Green Tea Latte - skimmed milk	Grande	378	90	0.8	0.3	11.1	11.1	1.3	8.8	0.25	84.6
Iced Matcha Green Tea Latte - skimmed milk	Venti	439	104	1	0.4	12.7	12.7	1.7	10.2	0.29	113
Iced Matcha Green Tea Latte - almond drink	Tall	181	45	2	0.2	4	4	1.1	1.3	0.12	56
Iced Matcha Green Tea Latte - almond drink	Grande	260	65	2.8	0.3	5.7	5.7	1.7	1.9	0.17	84.6
Iced Matcha Green Tea Latte - almond drink	Venti	303	75	3.3	0.3	6.6	6.6	2.2	2.4	0.19	113
Iced Matcha Green Tea Latte - soya drink	Tall	295	71	3.1	0.5	4.2	4	1.8	5.7	0.14	56
Iced Matcha Green Tea Latte - soya drink	Grande	422	101	4.4	0.7	5.9	5.7	2.6	8.2	0.20	84.6
Iced Matcha Green Tea Latte - soya drink	Venti	488	117	5	0.8	6.8	6.5	3.2	9.5	0.23	113
Iced Matcha Green Tea Latte - oat drink	Tall	408	97	4.9	0.5	10.5	5.2	2.4	1.8	0.20	56
Iced Matcha Green Tea Latte - oat drink	Grande	582	138	7	0.7	15	7.4	3.5	2.6	0.29	84.6
Iced Matcha Green Tea Latte - oat drink	Venti	671	159	8.1	0.8	17.1	8.5	4.2	3.1	0.33	113
Iced Matcha Green Tea Latte - coconut drink	Tall	239	56	2.5	1.1	5.3	5.3	1.3	2.9	0.14	56
Iced Matcha Green Tea Latte - coconut drink	Grande	342	81	3.5	1.6	7.5	7.5	1.9	4.2	0.20	84.6
Iced Matcha Green Tea Latte - coconut drink	Venti	397	94	4	1.8	8.6	8.6	2.4	4.9	0.23	113
Chai Tea Latte - semi skimmed milk	Short	376	89	1.8	1.1	14.6	14.5	0.1	3.6	0.12	26.2
Chai Tea Latte - semi skimmed milk	Tall	546	129	2.5	1.6	21.4	21.4	0.2	5.1	0.17	39.3
Chai Tea Latte - semi skimmed milk	Grande	764	181	3.7	2.3	29.4	29.3	0.3	7.4	0.24	52.4
Chai Tea Latte - semi skimmed milk	Venti	958	227	4.6	2.9	36.8	36.7	0.3	9.3	0.30	65.5
Chai Tea Latte - whole milk	Short	445	105	3.7	2.3	14.5	14.4	0.1	3.5	0.11	26.2
Chai Tea Latte - whole milk	Tall	642	152	5.3	3.3	21.3	21.2	0.2	5	0.16	39.3
Chai Tea Latte - whole milk	Grande	905	214	7.7	4.8	29.2	29.1	0.3	7.2	0.24	52.4
Chai Tea Latte - whole milk	Venti	1135	269	9.6	6.1	36.6	36.4	0.3	9.1	0.30	65.5
Chai Tea Latte - skimmed milk	Short	325	77	0.4	0.1	14.7	14.6	0.1	3.6	0.12	26.2
Chai Tea Latte - skimmed milk	Tall	474	112	0.5	0.2	21.6	21.5	0.2	5.1	0.17	39.3
Chai Tea Latte - skimmed milk	Grande	659	156	0.7	0.3	29.6	29.5	0.3	7.4	0.25	52.4
Chai Tea Latte - skimmed milk	Venti	826	195	0.9	0.4	37.1	37	0.3	9.3	0.31	65.5
Chai Tea Latte - almond drink	Short	272	65	1.2	0.1	12.3	12.2	0.3	0.5	0.08	26.2
Chai Tea Latte - almond drink	Tall	399	96	1.8	0.1	18.2	18.1	0.5	0.8	0.12	39.3
Chai Tea Latte - almond drink	Grande	550	132	2.6	0.2	24.7	24.6	0.7	1.1	0.17	52.4
Chai Tea Latte - almond drink	Venti	689	166	3.2	0.3	30.9	30.8	0.9	1.4	0.21	65.5
Chai Tea Latte - soya drink	Short	345	82	1.9	0.3	12.4	12.2	0.7	3.3	0.10	26.2
Chai Tea Latte - soya drink	Tall	501	119	2.7	0.4	18.3	18.1	1	4.7	0.14	39.3
Chai Tea Latte - soya drink	Grande	699	166	4	0.6	24.9	24.6	1.5	6.9	0.20	52.4
Chai Tea Latte - soya drink	Venti	876	208	5	0.8	31.1	30.7	1.9	8.6	0.25	65.5
Chai Tea Latte - oat drink	Short	416	98	3.1	0.3	16.4	13	1.1	0.8	0.14	26.2
Chai Tea Latte - oat drink	Tall	602	142	4.4	0.4	24	19.2	1.6	1.2	0.19	39.3
Chai Tea Latte - oat drink	Grande	846	200	6.4	0.6	33.2	26.2	2.3	1.7	0.28	52.4
Chai Tea Latte - oat drink	Venti	1061	250	8.1	0.8	41.6	32.8	2.9	2.2	0.35	65.5
Chai Tea Latte - coconut drink	Short	309	73	1.5	0.7	13.1	13	0.4	1.5	0.10	26.2
Chai Tea Latte - coconut drink	Tall	451	106	2.2	1	19.3	19.2	0.6	2.2	0.14	39.3
Chai Tea Latte - coconut drink	Grande	626	147	3.2	1.4	26.3	26.2	0.9	3.2	0.20	52.4
Chai Tea Latte - coconut drink	Venti	784	184	4	1.8	33	32.8	1.1	4	0.25	65.5
Iced Chai Tea Latte - semi skimmed milk	Tall	559	132	2.6	1.7	21.7	21.7	0.2	5.3	0.17	39.3
Iced Chai Tea Latte - semi skimmed milk	Grande	760	180	3.6	2.3	29.3	29.2	0.3	7.4	0.24	52.4
Iced Chai Tea Latte - semi skimmed milk	Venti	883	209	4	2.5	35.1	35	0.3	8	0.26	65.5
Iced Chai Tea Latte - whole milk	Tall	660	156	5.5	3.5	21.6	21.5	0.2	5.2	0.17	39.3
Iced Chai Tea Latte - whole milk	Grande	899	213	7.6	4.8	29.1	29	0.3	7.2	0.23	52.4
Iced Chai Tea Latte - whole milk	Venti	1034	245	8.3	5.2	34.8	34.7	0.3	7.8	0.26	65.5
Iced Chai Tea Latte - skimmed milk	Tall	484	114	0.5	0.2	21.9	21.8	0.2	5.3	0.18	39.3
Iced Chai Tea Latte - skimmed milk	Grande	656	155	0.7	0.3	29.5	29.4	0.3	7.4	0.24	52.4
Iced Chai Tea Latte - skimmed milk	Venti	769	181	0.8	0.3	35.3	35.2	0.3	8	0.27	65.5
Iced Chai Tea Latte - almond drink	Tall	406	98	1.8	0.2	18.4	18.3	0.5	0.8	0.12	39.3
Iced Chai Tea Latte - almond drink	Grande	548	132	2.5	0.2	24.6	24.6	0.7	1.1	0.17	52.4
Iced Chai Tea Latte - almond drink	Venti	652	157	2.8	0.2	30	29.9	0.8	1.2	0.18	65.5
Iced Chai Tea Latte - soya drink	Tall	512	122	2.9	0.4	18.5	18.3	1.1	4.9	0.14	39.3
Iced Chai Tea Latte - soya drink	Grande	695	165	3.9	0.6	24.8	24.5	1.5	6.8	0.20	52.4
Iced Chai Tea Latte - soya drink	Venti	812	193	4.3	0.7	30.2	29.8	1.7	7.4	0.22	65.5
Iced Chai Tea Latte - oat drink	Tall	618	146	4.6	0.4	24.4	19.4	1.7	1.2	0.20	39.3
Iced Chai Tea Latte - oat drink	Grande	841	198	6.3	0.6	33	26.1	2.3	1.7	0.28	52.4
Iced Chai Tea Latte - oat drink	Venti	971	229	6.9	0.7	39.1	31.6	2.5	1.9	0.30	65.5
Iced Chai Tea Latte - coconut drink	Tall	460	108	2.3	1	19.5	19.5	0.6	2.3	0.14	39.3
Iced Chai Tea Latte - coconut drink	Grande	623	146	3.1	1.4	26.3	26.2	0.9	3.1	0.20	52.4
Iced Chai Tea Latte - coconut drink	Venti	733	172	3.4	1.6	31.7	31.6	1	3.4	0.22	65.5

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Ube Vanilla Velvet Latte - semi skimmed milk	Short	508	121	3.2	2.2	16	15.7	0.2	6.7	0.33	42.7
Ube Vanilla Velvet Latte - semi skimmed milk	Tall	817	194	5.3	3.6	25.9	25.5	0.2	10.5	0.53	42.7
Ube Vanilla Velvet Latte - semi skimmed milk	Grande	1050	249	6.7	4.6	34.2	33.4	0.3	12.8	0.69	85.5
Ube Vanilla Velvet Latte - semi skimmed milk	Venti	1370	325	8.8	6.1	44.3	43.6	0.3	16.7	0.89	85.5
Ube Vanilla Velvet Latte - whole milk	Short	598	142	5.8	3.8	15.9	15.5	0.2	6.6	0.32	42.7
Ube Vanilla Velvet Latte - whole milk	Tall	968	230	9.6	6.3	25.7	25.3	0.2	10.3	0.52	42.7
Ube Vanilla Velvet Latte - whole milk	Grande	1229	292	11.7	7.8	33.9	33.2	0.3	12.6	0.68	85.5
Ube Vanilla Velvet Latte - whole milk	Venti	1611	383	15.7	10.4	44	43.2	0.3	16.4	0.88	85.5
Ube Vanilla Velvet Latte - skimmed milk	Short	441	105	1.3	0.9	16.2	15.8	0.2	6.7	0.33	42.7
Ube Vanilla Velvet Latte - skimmed milk	Tall	705	167	2.2	1.5	26.1	25.7	0.2	10.5	0.53	42.7
Ube Vanilla Velvet Latte - skimmed milk	Grande	917	218	3	2	34.4	33.7	0.3	12.8	0.69	85.5
Ube Vanilla Velvet Latte - skimmed milk	Venti	1190	282	3.8	2.6	44.7	43.9	0.3	16.7	0.90	85.5
Ube Vanilla Velvet Latte - almond drink	Short	371	90	2.5	0.8	13	12.6	0.4	2.7	0.28	42.7
Ube Vanilla Velvet Latte - almond drink	Tall	589	142	4.1	1.4	20.9	20.5	0.6	3.8	0.45	42.7
Ube Vanilla Velvet Latte - almond drink	Grande	779	188	5.3	1.9	28.2	27.5	0.8	4.8	0.59	85.5
Ube Vanilla Velvet Latte - almond drink	Venti	1003	243	7	2.5	36.3	35.5	1	5.9	0.77	85.5
Ube Vanilla Velvet Latte - soya drink	Short	466	111	3.4	1.1	13.1	12.6	0.9	6.4	0.30	42.7
Ube Vanilla Velvet Latte - soya drink	Tall	748	178	5.6	1.8	21	20.4	1.5	9.9	0.48	42.7
Ube Vanilla Velvet Latte - soya drink	Grande	968	231	7.1	2.4	28.4	27.4	1.9	12.1	0.63	85.5
Ube Vanilla Velvet Latte - soya drink	Venti	1258	300	9.4	3.2	36.6	35.4	2.5	15.7	0.82	85.5
Ube Vanilla Velvet Latte - oat drink	Short	560	133	4.8	1.1	18.4	13.6	1.5	3.1	0.35	42.7
Ube Vanilla Velvet Latte - oat drink	Tall	905	214	8	1.8	29.9	22.1	2.3	4.4	0.57	42.7
Ube Vanilla Velvet Latte - oat drink	Grande	1154	273	9.9	2.4	39	29.4	2.9	5.6	0.73	85.5
Ube Vanilla Velvet Latte - oat drink	Venti	1510	358	13.2	3.2	50.8	38.2	3.8	7	0.96	85.5
Ube Vanilla Velvet Latte - coconut drink	Short	419	99	2.9	1.6	14.1	13.7	0.6	4	0.30	42.7
Ube Vanilla Velvet Latte - coconut drink	Tall	669	158	4.8	2.7	22.6	22.2	0.8	5.9	0.48	42.7
Ube Vanilla Velvet Latte - coconut drink	Grande	875	207	6.1	3.5	30.3	29.5	1.1	7.4	0.63	85.5
Ube Vanilla Velvet Latte - coconut drink	Venti	1133	268	8	4.6	39.1	38.3	1.4	9.5	0.82	85.5
Iced Ube Vanilla Macchiato - semi skimmed milk	Tall	570	135	3.9	2.7	18.2	17.8	0.2	6.7	0.36	42.7
Iced Ube Vanilla Macchiato - semi skimmed milk	Grande	798	190	5.4	3.7	26	25.2	0.3	9.1	0.51	85.5

Iced Ube Vanilla Macchiato - semi skimmed milk	Venti	959	228	6.3	4.4	32.1	31.4	0.3	10.3	0.63	85.5
Iced Ube Vanilla Macchiato - whole milk	Tall	682	162	7.1	4.7	18	17.6	0.2	6.6	0.36	42.7
Iced Ube Vanilla Macchiato - whole milk	Grande	944	224	9.5	6.3	25.7	25	0.3	8.9	0.51	85.5
Iced Ube Vanilla Macchiato - whole milk	Venti	1122	267	10.9	7.3	31.9	31.1	0.3	10.1	0.63	85.5
Iced Ube Vanilla Macchiato - skimmed milk	Tall	487	115	1.6	1.1	18.3	18	0.2	6.7	0.37	42.7
Iced Ube Vanilla Macchiato - skimmed milk	Grande	688	163	2.3	1.6	26.2	25.4	0.3	9.1	0.52	85.5
Iced Ube Vanilla Macchiato - skimmed milk	Venti	837	199	2.9	2.1	32.4	31.6	0.3	10.3	0.64	85.5
Iced Ube Vanilla Macchiato - almond drink	Tall	400	97	3	1	14.4	14.1	0.5	1.7	0.31	42.7
Iced Ube Vanilla Macchiato - almond drink	Grande	575	139	4.2	1.5	21.1	20.3	0.7	2.5	0.44	85.5
Iced Ube Vanilla Macchiato - almond drink	Venti	710	172	5	2	26.7	25.9	0.8	3	0.55	85.5
Iced Ube Vanilla Macchiato - soya drink	Tall	518	124	4.2	1.4	14.6	14	1.1	6.3	0.33	42.7
Iced Ube Vanilla Macchiato - soya drink	Grande	730	174	5.7	1.9	21.2	20.3	1.6	8.5	0.47	85.5
Iced Ube Vanilla Macchiato - soya drink	Venti	883	211	6.7	2.4	26.9	25.9	1.8	9.6	0.58	85.5
Iced Ube Vanilla Macchiato - oat drink	Tall	635	150	6.1	1.4	21.2	15.3	1.8	2.2	0.39	42.7
Iced Ube Vanilla Macchiato - oat drink	Grande	883	209	8.2	1.9	29.9	22	2.4	3.1	0.55	85.5
Iced Ube Vanilla Macchiato - oat drink	Venti	1054	250	9.5	2.4	36.5	27.7	2.7	3.7	0.67	85.5
Iced Ube Vanilla Macchiato - coconut drink	Tall	460	109	3.5	2	15.7	15.4	0.7	3.4	0.33	42.7
Iced Ube Vanilla Macchiato - coconut drink	Grande	653	155	4.9	2.8	22.8	22	1	4.6	0.47	85.5
Iced Ube Vanilla Macchiato - coconut drink	Venti	798	189	5.7	3.4	28.6	27.8	1	5.4	0.58	85.5
Ube Vanilla Velvet Matcha - semi skimmed milk	Short	629	149	3.8	2.7	21	21	0.4	7.4	0.43	23.8
Ube Vanilla Velvet Matcha - semi skimmed milk	Tall	993	236	6.3	4.4	31.9	31.8	0.8	12.2	0.65	53.7
Ube Vanilla Velvet Matcha - semi skimmed milk	Grande	1266	300	8	5.6	40.9	40.8	1.3	15.4	0.83	81.6
Ube Vanilla Velvet Matcha - semi skimmed milk	Venti	1621	385	10.4	7.2	51.7	51.5	1.7	20	1.05	109
Ube Vanilla Velvet Matcha - whole milk	Short	724	172	6.5	4.3	20.9	20.8	0.4	7.3	0.42	23.8
Ube Vanilla Velvet Matcha - whole milk	Tall	1162	276	11.1	7.4	31.7	31.6	0.8	12	0.64	53.7
Ube Vanilla Velvet Matcha - whole milk	Grande	1478	351	14	9.3	40.6	40.5	1.3	15.1	0.82	81.6
Ube Vanilla Velvet Matcha - whole milk	Venti	1904	452	18.4	12.2	51.3	51.1	1.7	19.6	1.04	109
Ube Vanilla Velvet Matcha - skimmed milk	Short	559	132	1.8	1.3	21.2	21.1	0.4	7.4	0.43	23.8
Ube Vanilla Velvet Matcha - skimmed milk	Tall	867	205	2.8	1.9	32.2	32.1	0.8	12.2	0.66	53.7
Ube Vanilla Velvet Matcha - skimmed milk	Grande	1108	263	3.6	2.5	41.2	41.1	1.3	15.4	0.84	81.6
Ube Vanilla Velvet Matcha - skimmed milk	Venti	1411	334	4.5	3.1	52.1	52	1.7	20	1.06	109
Ube Vanilla Velvet Matcha - almond drink	Short	485	117	3.1	1.3	17.9	17.8	0.7	3.2	0.38	23.8
Ube Vanilla Velvet Matcha - almond drink	Tall	735	178	5	1.8	26.3	26.2	1.3	4.6	0.56	53.7
Ube Vanilla Velvet Matcha - almond drink	Grande	944	228	6.4	2.4	33.8	33.7	1.9	5.9	0.72	81.6
Ube Vanilla Velvet Matcha - almond drink	Venti	1192	288	8.3	3	42.2	42.1	2.5	7.4	0.90	109
Ube Vanilla Velvet Matcha - soya drink	Short	586	139	4	1.5	18	17.8	1.2	7	0.40	23.8
Ube Vanilla Velvet Matcha - soya drink	Tall	915	218	6.7	2.3	26.5	26.1	2.3	11.5	0.60	53.7
Ube Vanilla Velvet Matcha - soya drink	Grande	1168	278	8.5	3	34.1	33.6	3.1	14.5	0.77	81.6
Ube Vanilla Velvet Matcha - soya drink	Venti	1491	355	11.1	3.8	42.6	42	4.2	18.9	0.97	109
Ube Vanilla Velvet Matcha - oat drink	Short	684	162	5.7	1.5	23.5	18.8	1.8	3.6	0.45	23.8
Ube Vanilla Velvet Matcha - oat drink	Tall	1091	258	9.6	2.3	36.5	28.1	3.3	5.4	0.69	53.7
Ube Vanilla Velvet Matcha - oat drink	Grande	1389	329	12.2	3	46.6	36	4.3	6.8	0.88	81.6
Ube Vanilla Velvet Matcha - oat drink	Venti	1786	423	16	3.8	59.3	45.2	5.8	8.6	1.13	109
Ube Vanilla Velvet Matcha - coconut drink	Short	536	127	3.5	2.1	18.9	18.9	0.8	4.6	0.40	23.8
Ube Vanilla Velvet Matcha - coconut drink	Tall	826	195	5.7	3.3	28.2	28.1	1.6	7.1	0.60	53.7
Ube Vanilla Velvet Matcha - coconut drink	Grande	1058	250	7.3	4.3	36.3	36.2	2.2	9	0.77	81.6
Ube Vanilla Velvet Matcha - coconut drink	Venti	1343	317	9.5	5.5	45.5	45.4	2.9	11.5	0.97	109
Iced Ube Vanilla Matcha Latte - semi skimmed milk	Tall	736	175	4.8	3.4	24	23.9	0.9	8.3	0.48	55.7
Iced Ube Vanilla Matcha Latte - semi skimmed milk	Grande	995	236	6.6	4.6	32.3	32.2	1.1	11.3	0.65	70.5
Iced Ube Vanilla Matcha Latte - semi skimmed milk	Venti	1173	278	7.6	5.4	38.8	38.7	1.2	12.9	0.78	78
Iced Ube Vanilla Matcha Latte - whole milk	Tall	864	205	8.5	5.7	23.8	23.7	0.9	8.1	0.48	55.7
Iced Ube Vanilla Matcha Latte - whole milk	Grande	1169	278	11.5	7.7	32	31.9	1.1	11	0.64	70.5
Iced Ube Vanilla Matcha Latte - whole milk	Venti	1369	325	13.2	8.9	38.5	38.4	1.2	12.6	0.77	78
Iced Ube Vanilla Matcha Latte - skimmed milk	Tall	641	152	2.2	1.5	24.2	24.1	0.9	8.3	0.49	55.7
Iced Ube Vanilla Matcha Latte - skimmed milk	Grande	864	205	2.9	2.1	32.5	32.5	1.1	11.3	0.66	70.5
Iced Ube Vanilla Matcha Latte - skimmed milk	Venti	1026	243	3.5	2.5	39.1	39	1.2	12.9	0.78	78
Iced Ube Vanilla Matcha Latte - almond drink	Tall	542	131	3.9	1.5	19.7	19.6	1.2	2.6	0.41	55.7
Iced Ube Vanilla Matcha Latte - almond drink	Grande	728	176	5.2	2	26.4	26.3	1.6	3.4	0.56	70.5
Iced Ube Vanilla Matcha Latte - almond drink	Venti	874	211	6.1	2.4	32.2	32.1	1.8	4	0.67	78
Iced Ube Vanilla Matcha Latte - soya drink	Tall	677	161	5.1	1.8	19.9	19.6	2	7.8	0.44	55.7
Iced Ube Vanilla Matcha Latte - soya drink	Grande	914	218	7	2.5	26.6	26.3	2.6	10.6	0.60	70.5
Iced Ube Vanilla Matcha Latte - soya drink	Venti	1082	258	8.1	3	32.5	32.1	3	12	0.72	78
Iced Ube Vanilla Matcha Latte - oat drink	Tall	811	192	7.3	1.8	27.4	21	2.7	3.1	0.51	55.7
Iced Ube Vanilla Matcha Latte - oat drink	Grande	1096	260	10	2.5	37	28.3	3.6	4.2	0.69	70.5
Iced Ube Vanilla Matcha Latte - oat drink	Venti	1287	305	11.5	3	44.1	34.3	4.1	4.9	0.83	78
Iced Ube Vanilla Matcha Latte - coconut drink	Tall	611	144	4.4	2.6	21.2	21.1	1.4	4.5	0.44	55.7
Iced Ube Vanilla Matcha Latte - coconut drink	Grande	822	194	6	3.5	28.5	28.4	1.9	6	0.60	70.5
Iced Ube Vanilla Matcha Latte - coconut drink	Venti	979	231	7	4.2	34.5	34.4	2.1	6.9	0.72	78
Ube Vanilla Coffee Frappuccino - semi skimmed milk	Tall	1121	267	11.6	8.3	35.7	34.8	0.2	4.5	0.60	23.9
Ube Vanilla Coffee Frappuccino - semi skimmed milk	Grande	1538	366	15.5	11.1	50	48.7	0.2	6.2	0.84	33.8
Ube Vanilla Coffee Frappuccino - semi skimmed milk	Venti	1794	427	16.1	11.5	63	61.4	0.3	6.9	1.06	44.2
Ube Vanilla Coffee Frappuccino - whole milk	Tall	1174	280	13.2	9.3	35.6	34.7	0.2	4.5	0.60	23.9
Ube Vanilla Coffee Frappuccino - whole milk	Grande	1610	384	17.6	12.4	49.9	48.6	0.2	6.1	0.84	33.8
Ube Vanilla Coffee Frappuccino - whole milk	Venti	1870	445	18.3	12.9	62.9	61.2	0.3	6.7	1.06	44.2
Ube Vanilla Coffee Frappuccino - skimmed milk	Tall	1080	257	10.5	7.5	35.7	34.9	0.2	4.5	0.60	23.9
Ube Vanilla Coffee Frappuccino - skimmed milk	Grande	1483	353	14	10	50.1	48.8	0.2	6.2	0.84	33.8
Ube Vanilla Coffee Frappuccino - skimmed milk	Venti	1737	413	14.5	10.4	63.1	61.5	0.3	6.9	1.06	44.2
Ube Vanilla Coffee Frappuccino - almond drink	Tall	1039	248	11.2	7.5	33.9	33	0.3	2.1	0.57	23.9
Ube Vanilla Coffee Frappuccino - almond drink	Grande	1427	341	15	10	47.5	46.3	0.4	2.9	0.80	33.8
Ube Vanilla Coffee Frappuccino - almond drink	Venti	1677	400	15.5	10.4	60.4	58.8	0.5	3.4	1.02	44.2
Ube Vanilla Coffee Frappuccino - soya drink	Tall	1096	261	11.8	7.7	33.9	33	0.6	4.3	0.58	23.9
Ube Vanilla Coffee Frappuccino - soya drink	Grande	1504	359	15.7	10.2	47.6	46.3	0.9	5.9	0.82	33.8
Ube Vanilla Coffee Frappuccino - soya drink	Venti	1758	419	16.3	10.6	60.5	58.8	1	6.5	1.04	44.2
Ube Vanilla Coffee Frappuccino - oat drink	Tall	1152	274	12.7	7.7	37.1	33.6	0.9	2.4	0.61	23.9
Ube Vanilla Coffee Frappuccino - oat drink	Grande	1580	376	16.9	10.2	51.9	49.7	1.3	3.2	0.86	33.8
Ube Vanilla Coffee Frappuccino - oat drink	Venti	1838	437	17.6	10.6	65	57.1	1.4	3.8	1.08	44.2
Ube Vanilla Coffee Frappuccino - coconut drink	Tall	1067	254	11.3	8	34.5	33.6	0.4	2.9	0.58	23.9
Ube Vanilla Coffee Frappuccino - coconut drink	Grande	1466	349	15.3	10.6	48.4	47.1	0.5	4	0.82	33.8
Ube Vanilla Coffee Frappuccino - coconut drink	Venti	1718	408	15.8	11	61.3	59.7	0.6	4.5	1.04	44.2
Ube Vanilla Cream Frappuccino - semi skimmed milk	Tall	1066	254	11.9	8.6	31.6	31.1	0	5.1	0.60	0
Ube Vanilla Cream Frappuccino - semi skimmed milk	Grande	1461	349	16	11.5	44.3	43.6	0	6.9	0.83	0
Ube Vanilla Cream Frappuccino - semi skimmed milk	Venti	1696	404	16.7	12	55.6	54.6	0.1	7.9	1.05	0
Ube Vanilla Cream Frappuccino - whole milk	Tall	1137	271	14	9.8	31.5	31	0	4.9	0.59	0
Ube Vanilla Cream Frappuccino - whole milk	Grande	1559	372	18.7	13.2	44.1	43.4	0	6.8	0.83	0
Ube Vanilla Cream Frappuccino - whole milk	Venti	1806	430	19.8	13.9	55.4	54.5	0.1	7.7	1.05	0
Ube Vanilla Cream Frappuccino - skimmed milk	Tall	1013	242	10.5	7.5	31.7	31.2	0	5.1	0.60	0
Ube Vanilla Cream Frappuccino - skimmed milk	Grande	1389	331	13.9	10.1	44.4	43.7	0	6.9	0.84	0
Ube Vanilla Cream Frappuccino - skimmed milk	Venti	1615	385	14.4	10.4	55.8	54.8	0.1	7.9	1.06	0
Ube Vanilla Cream Frappuccino - almond drink	Tall	958	230	11.4	7.5	29.3	28.7	0.2	1.9	0.56	0
Ube Vanilla Cream Frappuccino - almond drink	Grande	1313	315	15.2	10	41	40.3	0.3	2.6	0.78	0
Ube Vanilla Cream Frappuccino - almond drink	Venti	1530	367	15.8	10.4	51.9	51	0.4	3	1.00	0
Ube Vanilla Cream Frappuccino - soya drink	Tall	1033	247	12.1	7.7	29.3	28.7	0.7	4.8	0.57	0
Ube Vanilla Cream Frappuccino - soya drink	Grande	1416	339	16.2	10.3	41.1	40.3	0.9	6.5	0.81	0
Ube Vanilla Cream Frappuccino - soya drink	Venti	1646	393	16.9	10.7	52.1	51	1	7.4	1.02	0
Ube Vanilla Cream Frappuccino - oat drink	Tall	1107	264	13.3	7.7	33.5	29.5	1.1	2.2	0.61	0
Ube Vanilla Cream Frappuccino - oat drink	Grande	1518	362	17.9	10.3	46.9	41.4	1.4	3	0.86	0
Ube Vanilla Cream Frappuccino - oat drink	Venti	1760	419	18.8	10.7	58.5	52.2	1.6	3.4	1.08	0

Ube Vanilla Cream Frappuccino - coconut drink	Tall	996	238	11.7	8.1	30.1	29.6	0.3	2.9	0.57	0
Ube Vanilla Cream Frappuccino - coconut drink	Grande	1366	326	15.6	10.9	42.2	41.4	0.5	4	0.81	0
Ube Vanilla Cream Frappuccino - coconut drink	Venti	1589	378	16.3	11.3	53.2	52.3	0.5	4.5	1.02	0
Ube Vanilla Macchiato - semi skimmed milk	Short	348	83	2.5	1.7	10.6	10.2	0.1	4.4	0.21	42.7
Ube Vanilla Macchiato - semi skimmed milk	Tall	681	162	4.8	3.3	20.8	20.4	0.2	8.7	0.42	42.7
Ube Vanilla Macchiato - semi skimmed milk	Grande	888	211	6.1	4.2	28.1	27.3	0.3	10.6	0.56	85.5
Ube Vanilla Macchiato - semi skimmed milk	Venti	1187	282	8.2	5.7	37.4	36.7	0.3	14.3	0.75	85.5
Ube Vanilla Macchiato - whole milk	Short	423	101	4.6	3	10.5	10.1	0.1	4.3	0.21	42.7
Ube Vanilla Macchiato - whole milk	Tall	830	197	9.1	5.9	20.5	20.2	0.2	8.4	0.42	42.7
Ube Vanilla Macchiato - whole milk	Grande	1064	253	11.1	7.3	27.8	27.1	0.3	10.4	0.55	85.5
Ube Vanilla Macchiato - whole milk	Venti	1425	339	15	9.9	37.1	36.3	0.3	13.9	0.74	85.5
Ube Vanilla Macchiato - skimmed milk	Short	292	69	0.9	0.6	10.7	10.3	0.1	4.4	0.22	42.7
Ube Vanilla Macchiato - skimmed milk	Tall	570	135	1.7	1.2	21	20.6	0.2	8.7	0.43	42.7
Ube Vanilla Macchiato - skimmed milk	Grande	756	179	2.4	1.7	28.3	27.6	0.3	10.6	0.57	85.5
Ube Vanilla Macchiato - skimmed milk	Venti	1008	239	3.2	2.2	37.8	37	0.3	14.3	0.76	85.5
Ube Vanilla Macchiato - almond drink	Short	204	57	1.9	0.6	8.1	7.7	0.4	1.1	0.17	42.7
Ube Vanilla Macchiato - almond drink	Tall	455	111	3.7	1.1	15.8	15.4	0.6	2	0.35	42.7
Ube Vanilla Macchiato - almond drink	Grande	619	150	4.8	1.6	22.2	21.4	0.8	2.7	0.47	85.5
Ube Vanilla Macchiato - almond drink	Venti	823	200	6.4	2.1	29.4	28.7	1	3.6	0.63	85.5
Ube Vanilla Macchiato - soya drink	Short	313	75	2.6	0.8	8.2	7.7	0.8	4.1	0.19	42.7
Ube Vanilla Macchiato - soya drink	Tall	612	146	5.2	1.5	16	15.4	1.5	8	0.38	42.7
Ube Vanilla Macchiato - soya drink	Grande	806	193	6.5	2.1	22.4	21.4	1.9	9.9	0.51	85.5
Ube Vanilla Macchiato - soya drink	Venti	1076	257	8.7	2.8	29.7	28.6	2.4	13.3	0.68	85.5
Ube Vanilla Macchiato - oat drink	Short	391	93	3.9	0.8	12.6	8.6	1.2	1.4	0.23	42.7
Ube Vanilla Macchiato - oat drink	Tall	768	182	7.7	1.5	24.7	17.1	2.3	2.6	0.46	42.7
Ube Vanilla Macchiato - oat drink	Grande	991	235	9.6	2.1	32.8	23.4	2.9	3.5	0.61	85.5
Ube Vanilla Macchiato - oat drink	Venti	1326	314	12.9	2.8	43.8	31.3	3.8	4.6	0.81	85.5
Ube Vanilla Macchiato - coconut drink	Short	274	65	2.2	1.2	9	8.6	0.5	2.2	0.19	42.7
Ube Vanilla Macchiato - coconut drink	Tall	535	126	4.3	2.4	17.5	17.1	0.8	4.2	0.38	42.7
Ube Vanilla Macchiato - coconut drink	Grande	714	169	5.5	3.1	24.2	23.5	1.1	5.3	0.51	85.5
Ube Vanilla Macchiato - coconut drink	Venti	951	225	7.4	4.2	32.2	31.5	1.4	7	0.68	85.5
Iced Ube Vanilla Velvet Latte - semi skimmed milk	Tall	701	166	4.3	3	23.2	22.8	0.2	8.5	0.47	42.7
Iced Ube Vanilla Velvet Latte - semi skimmed milk	Grande	953	226	5.9	4.1	31.9	31.2	0.3	11.2	0.63	85.5
Iced Ube Vanilla Velvet Latte - semi skimmed milk	Venti	1136	270	6.9	4.8	38.9	38.1	0.3	12.7	0.77	85.5
Iced Ube Vanilla Velvet Latte - whole milk	Tall	813	193	7.5	5	23	22.6	0.2	8.3	0.46	42.7
Iced Ube Vanilla Velvet Latte - whole milk	Grande	1100	261	10	6.7	31.7	31	0.3	10.9	0.63	85.5
Iced Ube Vanilla Velvet Latte - whole milk	Venti	1299	309	11.5	7.7	38.7	37.9	0.3	12.5	0.76	85.5
Iced Ube Vanilla Velvet Latte - skimmed milk	Tall	618	146	2	1.4	23.3	23	0.2	8.5	0.47	42.7
Iced Ube Vanilla Velvet Latte - skimmed milk	Grande	844	200	2.8	2	32.1	31.4	0.3	11.2	0.64	85.5
Iced Ube Vanilla Velvet Latte - skimmed milk	Venti	1014	240	3.5	2.5	39.1	38.4	0.3	12.7	0.78	85.5
Iced Ube Vanilla Velvet Latte - almond drink	Tall	531	128	3.5	1.3	19.4	19	0.5	3.5	0.41	42.7
Iced Ube Vanilla Velvet Latte - almond drink	Grande	731	176	4.7	1.9	27	26.3	0.8	4.6	0.56	85.5
Iced Ube Vanilla Velvet Latte - almond drink	Venti	887	214	5.6	2.4	33.4	32.7	0.8	5.4	0.68	85.5
Iced Ube Vanilla Velvet Latte - soya drink	Tall	649	155	4.6	1.7	19.6	19	1.2	8	0.43	42.7
Iced Ube Vanilla Velvet Latte - soya drink	Grande	886	211	6.2	2.3	27.2	26.2	1.6	10.5	0.59	85.5
Iced Ube Vanilla Velvet Latte - soya drink	Venti	1060	253	7.2	2.9	33.6	32.6	1.8	12	0.72	85.5
Iced Ube Vanilla Velvet Latte - oat drink	Tall	766	181	6.5	1.7	26.2	20.3	1.8	3.9	0.49	42.7
Iced Ube Vanilla Velvet Latte - oat drink	Grande	1039	246	8.7	2.3	35.9	27.9	2.4	5.2	0.67	85.5
Iced Ube Vanilla Velvet Latte - oat drink	Venti	1231	292	10.1	2.9	43.3	34.5	2.7	6.1	0.81	85.5
Iced Ube Vanilla Velvet Latte - coconut drink	Tall	591	140	4	2.3	20.7	20.3	0.7	5.1	0.43	42.7
Iced Ube Vanilla Velvet Latte - coconut drink	Grande	809	192	5.4	3.2	28.7	28	1	6.7	0.59	85.5
Iced Ube Vanilla Velvet Latte - coconut drink	Venti	975	231	6.3	3.8	35.3	34.5	1.1	7.7	0.72	85.5

Alternative Coffee Bean - Espresso Drinks

Blonde Americano	Short	13	3	0.1	0	0.4	0	0.1	0.2	0.00	42.7
Blonde Americano	Tall	25	6	0.1	0	0.8	0.1	0.3	0.3	0.00	85.5
Blonde Americano	Grande	38	9	0.2	0.1	1.1	0.1	0.4	0.5	0.00	128.2
Blonde Americano	Venti	50	13	0.3	0.1	1.5	0.2	0.5	0.6	0.00	171
Decaf Americano	Short	16	4	0.1	0	0.6	0.1	0.1	0.1	0.00	1.8
Decaf Americano	Tall	31	8	0.1	0	1.2	0.1	0.2	0.3	0.00	3.6
Decaf Americano	Grande	47	11	0.2	0.1	1.8	0.2	0.3	0.4	0.00	5.4
Decaf Americano	Venti	62	15	0.3	0.1	2.3	0.2	0.4	0.5	0.00	7.2
Blonde Caffè Latte - semi skimmed milk	Short	308	73	2.6	1.6	7.3	6.9	0.1	5.3	0.16	42.7
Blonde Caffè Latte - semi skimmed milk	Tall	541	129	4.5	2.9	12.7	12.3	0.1	9.3	0.28	42.7
Blonde Caffè Latte - semi skimmed milk	Grande	632	151	5.2	3.4	14.9	14.2	0.3	10.8	0.32	85.5
Blonde Caffè Latte - semi skimmed milk	Venti	855	203	7.1	4.6	20.1	19.4	0.3	14.7	0.44	85.5
Blonde Caffè Latte - whole milk	Short	406	97	5.3	3.4	7.1	6.8	0.1	5.1	0.15	42.7
Blonde Caffè Latte - whole milk	Tall	716	171	9.5	6	12.4	12.1	0.1	9.1	0.28	42.7
Blonde Caffè Latte - whole milk	Grande	833	199	11	6.9	14.6	13.9	0.3	10.5	0.32	85.5
Blonde Caffè Latte - whole milk	Venti	1130	269	14.9	9.4	19.7	19	0.3	14.3	0.43	85.5
Blonde Caffè Latte - skimmed milk	Short	235	56	0.5	0.2	7.4	7.1	0.1	5.3	0.16	42.7
Blonde Caffè Latte - skimmed milk	Tall	410	97	0.9	0.4	12.9	12.6	0.1	9.3	0.29	42.7
Blonde Caffè Latte - skimmed milk	Grande	482	114	1	0.4	15.2	14.5	0.3	10.8	0.33	85.5
Blonde Caffè Latte - skimmed milk	Venti	649	154	1.4	0.6	20.5	19.8	0.3	14.7	0.45	85.5
Blonde Caffè Latte - almond drink	Short	159	40	1.8	0.2	4	3.6	0.4	0.9	0.11	42.7
Blonde Caffè Latte - almond drink	Tall	274	69	3.2	0.3	6.8	6.5	0.7	1.4	0.19	42.7
Blonde Caffè Latte - almond drink	Grande	326	81	3.7	0.3	8.2	7.5	0.9	1.8	0.22	85.5
Blonde Caffè Latte - almond drink	Venti	436	109	5	0.4	10.9	10.2	1.1	2.3	0.30	85.5
Blonde Caffè Latte - soya drink	Short	263	63	2.8	0.4	4.1	3.6	1	4.9	0.13	42.7
Blonde Caffè Latte - soya drink	Tall	460	110	4.9	0.8	7	6.4	1.7	8.6	0.23	42.7
Blonde Caffè Latte - soya drink	Grande	539	129	5.7	0.9	8.4	7.4	2	10	0.26	85.5
Blonde Caffè Latte - soya drink	Venti	727	175	7.7	1.2	11.2	10.1	2.7	13.5	0.36	85.5
Blonde Caffè Latte - oat drink	Short	365	86	4.5	0.4	9.9	4.7	1.6	1.3	0.18	42.7
Blonde Caffè Latte - oat drink	Tall	643	152	7.9	0.8	17.4	8.4	2.7	2.2	0.33	42.7
Blonde Caffè Latte - oat drink	Grande	749	178	9.2	0.9	20.3	9.7	3.2	2.7	0.38	85.5
Blonde Caffè Latte - oat drink	Venti	1015	240	12.5	1.2	27.5	13.2	4.3	3.5	0.51	85.5
Blonde Caffè Latte - coconut drink	Short	211	50	2.2	1	5.1	4.8	0.6	2.3	0.13	42.7
Blonde Caffè Latte - coconut drink	Tall	368	87	3.9	1.8	8.8	8.5	0.9	4	0.23	42.7
Blonde Caffè Latte - coconut drink	Grande	434	102	4.6	2.1	10.5	9.8	1.2	4.7	0.26	85.5
Blonde Caffè Latte - coconut drink	Venti	584	138	6.2	2.9	14	13.4	1.5	6.4	0.36	85.5
Decaf Caffè Latte - semi skimmed milk	Short	311	74	2.6	1.6	7.5	6.9	0.1	5.3	0.16	1.8
Decaf Caffè Latte - semi skimmed milk	Tall	544	129	4.5	2.9	12.9	12.4	0.1	9.3	0.28	1.8
Decaf Caffè Latte - semi skimmed milk	Grande	638	152	5.2	3.4	15.3	14.2	0.2	10.8	0.32	3.6
Decaf Caffè Latte - semi skimmed milk	Venti	861	205	7.1	4.6	20.5	19.4	0.2	14.6	0.44	3.6
Decaf Caffè Latte - whole milk	Short	409	97	5.3	3.4	7.3	6.8	0.1	5.1	0.15	1.8
Decaf Caffè Latte - whole milk	Tall	719	171	9.5	6	12.6	12.1	0.1	9	0.28	1.8
Decaf Caffè Latte - whole milk	Grande	839	200	11	6.9	15	13.9	0.2	10.5	0.32	3.6
Decaf Caffè Latte - whole milk	Venti	1136	270	14.9	9.4	20.1	19	0.2	14.2	0.43	3.6
Decaf Caffè Latte - skimmed milk	Short	238	56	0.5	0.2	7.6	7.1	0.1	5.3	0.16	1.8
Decaf Caffè Latte - skimmed milk	Tall	413	98	0.9	0.4	13.1	12.6	0.1	9.3	0.29	1.8
Decaf Caffè Latte - skimmed milk	Grande	488	116	1	0.4	15.6	14.5	0.2	10.8	0.33	3.6
Decaf Caffè Latte - skimmed milk	Venti	655	155	1.4	0.6	20.9	19.8	0.2	14.6	0.45	3.6
Decaf Caffè Latte - almond drink	Short	162	40	1.8	0.2	4.2	3.6	0.4	0.9	0.11	1.8
Decaf Caffè Latte - almond drink	Tall	277	69	3.2	0.3	7	6.5	0.6	1.4	0.19	1.8
Decaf Caffè Latte - almond drink	Grande	332	83	3.7	0.3	8.6	7.5	0.8	1.7	0.22	3.6
Decaf Caffè Latte - almond drink	Venti	442	110	5	0.4	11.3	10.2	1	2.3	0.30	3.6
Decaf Caffè Latte - soya drink	Short	266	64	2.8	0.4	4.3	3.6	1	4.8	0.13	1.8
Decaf Caffè Latte - soya drink	Tall	463	111	4.9	0.8	7.2	6.4	1.7	8.6	0.23	1.8

Decaf Caffè Latte - soya drink	Grande	545	131	5.7	0.9	8.8	7.4	2	9.9	0.26	3.6
Decaf Caffè Latte - soya drink	Venti	733	176	7.7	1.2	11.6	10.1	2.6	13.5	0.36	3.6
Decaf Caffè Latte - oat drink	Short	368	87	4.5	0.4	10.1	4.7	1.5	1.3	0.18	1.8
Decaf Caffè Latte - oat drink	Tall	646	153	7.9	0.8	17.6	8.4	2.7	2.2	0.33	1.8
Decaf Caffè Latte - oat drink	Grande	755	179	9.2	0.9	20.7	9.7	3.1	2.6	0.38	3.6
Decaf Caffè Latte - oat drink	Venti	1021	242	12.5	1.2	27.9	13.3	4.2	3.5	0.51	3.6
Decaf Caffè Latte - coconut drink	Short	214	51	2.2	1	5.3	4.8	0.5	2.3	0.13	1.8
Decaf Caffè Latte - coconut drink	Tall	371	88	3.9	1.8	9	8.5	0.9	4	0.23	1.8
Decaf Caffè Latte - coconut drink	Grande	440	104	4.6	2.1	10.9	9.8	1.1	4.7	0.26	3.6
Decaf Caffè Latte - coconut drink	Venti	589	139	6.2	2.9	14.5	13.4	1.4	6.3	0.36	3.6
Blonde Latte Macchiato - semi skimmed milk	Short	267	64	2.2	1.4	6.3	6	0.1	4.6	0.14	42.7
Blonde Latte Macchiato - semi skimmed milk	Tall	459	109	3.8	2.5	10.8	10.4	0.1	7.9	0.24	42.7
Blonde Latte Macchiato - semi skimmed milk	Grande	612	146	5.1	3.2	14.4	13.7	0.3	10.5	0.31	85.5
Blonde Latte Macchiato - semi skimmed milk	Venti	796	190	6.6	4.2	18.7	18	0.3	13.7	0.41	85.5
Blonde Latte Macchiato - whole milk	Short	351	84	4.6	2.9	6.2	5.8	0.1	4.4	0.13	42.7
Blonde Latte Macchiato - whole milk	Tall	607	145	8	5.1	10.6	10.2	0.1	7.7	0.23	42.7
Blonde Latte Macchiato - whole milk	Grande	807	192	10.6	6.7	14.1	13.5	0.3	10.2	0.31	85.5
Blonde Latte Macchiato - whole milk	Venti	1052	251	13.9	8.8	18.3	17.7	0.3	13.3	0.40	85.5
Blonde Latte Macchiato - skimmed milk	Short	204	48	0.4	0.2	6.4	6.1	0.1	4.6	0.14	42.7
Blonde Latte Macchiato - skimmed milk	Tall	349	83	0.7	0.3	11	10.7	0.1	7.9	0.24	42.7
Blonde Latte Macchiato - skimmed milk	Grande	467	111	1	0.4	14.7	14	0.3	10.5	0.32	85.5
Blonde Latte Macchiato - skimmed milk	Venti	605	144	1.3	0.5	19.1	18.4	0.3	13.7	0.42	85.5
Blonde Latte Macchiato - almond drink	Short	138	35	1.6	0.1	3.5	3.1	0.4	0.8	0.09	42.7
Blonde Latte Macchiato - almond drink	Tall	234	58	2.7	0.2	5.8	5.5	0.6	1.2	0.16	42.7
Blonde Latte Macchiato - almond drink	Grande	316	79	3.6	0.3	7.9	7.2	0.8	1.7	0.21	85.5
Blonde Latte Macchiato - almond drink	Venti	407	102	4.6	0.4	10.1	9.5	1	2.2	0.28	85.5
Blonde Latte Macchiato - soya drink	Short	228	55	2.4	0.4	3.6	3.1	0.9	4.2	0.11	42.7
Blonde Latte Macchiato - soya drink	Tall	391	94	4.2	0.7	6	5.4	1.4	7.3	0.19	42.7
Blonde Latte Macchiato - soya drink	Grande	522	125	5.5	0.9	8.1	7.2	2	9.7	0.26	85.5
Blonde Latte Macchiato - soya drink	Venti	678	163	7.2	1.2	10.5	9.4	2.5	12.6	0.34	85.5
Blonde Latte Macchiato - oat drink	Short	316	75	3.9	0.4	8.6	4.1	1.4	1.1	0.16	42.7
Blonde Latte Macchiato - oat drink	Tall	546	129	6.7	0.7	14.8	7.1	2.3	1.9	0.28	42.7
Blonde Latte Macchiato - oat drink	Grande	725	172	8.9	0.9	19.6	9.4	3.1	2.6	0.36	85.5
Blonde Latte Macchiato - oat drink	Venti	945	224	11.6	1.2	25.6	12.3	4	3.3	0.48	85.5
Blonde Latte Macchiato - coconut drink	Short	184	43	1.9	0.9	4.5	4.1	0.5	2	0.11	42.7
Blonde Latte Macchiato - coconut drink	Tall	313	74	3.3	1.5	7.5	7.2	0.8	3.4	0.19	42.7
Blonde Latte Macchiato - coconut drink	Grande	420	99	4.4	2	10.2	9.5	1.1	4.6	0.26	85.5
Blonde Latte Macchiato - coconut drink	Venti	544	128	5.8	2.7	13.1	12.4	1.4	5.9	0.34	85.5
Decaf Latte Macchiato - semi skimmed milk	Short	270	64	2.2	1.4	6.5	6	0.1	4.5	0.14	1.8
Decaf Latte Macchiato - semi skimmed milk	Tall	462	110	3.8	2.5	11	10.4	0.1	7.9	0.24	1.8
Decaf Latte Macchiato - semi skimmed milk	Grande	618	147	5.1	3.2	14.8	13.8	0.2	10.4	0.31	3.6
Decaf Latte Macchiato - semi skimmed milk	Venti	802	191	6.6	4.2	19.1	18.1	0.2	13.6	0.41	3.6
Decaf Latte Macchiato - whole milk	Short	354	84	4.6	2.9	6.4	5.8	0.1	4.4	0.13	1.8
Decaf Latte Macchiato - whole milk	Tall	610	145	8	5.1	10.8	10.2	0.1	7.7	0.23	1.8
Decaf Latte Macchiato - whole milk	Grande	812	194	10.6	6.7	14.5	13.5	0.2	10.1	0.31	3.6
Decaf Latte Macchiato - whole milk	Venti	1058	252	13.9	8.8	18.7	17.7	0.2	13.2	0.40	3.6
Decaf Latte Macchiato - skimmed milk	Short	207	49	0.4	0.2	6.6	6.1	0.1	4.5	0.14	1.8
Decaf Latte Macchiato - skimmed milk	Tall	352	83	0.7	0.3	11.2	10.7	0.1	7.9	0.24	1.8
Decaf Latte Macchiato - skimmed milk	Grande	473	112	1	0.4	15.1	14.1	0.2	10.4	0.32	3.6
Decaf Latte Macchiato - skimmed milk	Venti	611	145	1.3	0.5	19.5	18.4	0.2	13.6	0.42	3.6
Decaf Latte Macchiato - almond drink	Short	141	35	1.6	0.1	3.7	3.1	0.4	0.8	0.09	1.8
Decaf Latte Macchiato - almond drink	Tall	237	59	2.7	0.2	6	5.5	0.5	1.2	0.16	1.8
Decaf Latte Macchiato - almond drink	Grande	322	80	3.6	0.3	8.3	7.3	0.8	1.7	0.21	3.6
Decaf Latte Macchiato - almond drink	Venti	413	103	4.6	0.4	10.6	9.5	1	2.1	0.28	3.6
Decaf Latte Macchiato - soya drink	Short	231	55	2.4	0.4	3.8	3.1	0.9	4.2	0.11	1.8
Decaf Latte Macchiato - soya drink	Tall	394	94	4.2	0.7	6.2	5.5	1.4	7.3	0.19	1.8
Decaf Latte Macchiato - soya drink	Grande	528	127	5.5	0.9	8.5	7.2	1.9	9.6	0.26	3.6
Decaf Latte Macchiato - soya drink	Venti	684	164	7.2	1.2	10.9	9.4	2.5	12.6	0.34	3.6
Decaf Latte Macchiato - oat drink	Short	319	76	3.9	0.4	8.8	4.1	1.3	1.1	0.16	1.8
Decaf Latte Macchiato - oat drink	Tall	548	130	6.7	0.7	15	7.1	2.3	1.9	0.28	1.8
Decaf Latte Macchiato - oat drink	Grande	731	173	8.9	0.9	20.1	9.4	3	2.5	0.36	3.6
Decaf Latte Macchiato - oat drink	Venti	951	225	11.6	1.2	26	12.3	3.9	3.2	0.48	3.6
Decaf Latte Macchiato - coconut drink	Short	187	44	1.9	0.9	4.7	4.1	0.5	2	0.11	1.8
Decaf Latte Macchiato - coconut drink	Tall	316	75	3.3	1.5	7.7	7.2	0.8	3.4	0.19	1.8
Decaf Latte Macchiato - coconut drink	Grande	426	101	4.4	2	10.6	9.5	1.1	4.5	0.26	3.6
Decaf Latte Macchiato - coconut drink	Venti	550	130	5.8	2.7	13.5	12.5	1.3	5.9	0.34	3.6
Blonde Espresso Doppio	Doppio	25	6	0.1	0	0.8	0.1	0.3	0.3	0.00	85.5
Decaf Espresso Doppio	Doppio	31	8	0.1	0	1.2	0.1	0.2	0.3	0.00	3.6
Blonde Espresso	Single	13	3	0.1	0	0.4	0	0.1	0.2	0.00	42.7
Decaf Espresso	Single	16	4	0.1	0	0.6	0.1	0.1	0.1	0.00	1.8
Blonde Espresso Macchiato - semi skimmed milk	Single	23	6	0.2	0.1	0.6	0.3	0.1	0.3	0.01	42.7
Blonde Espresso Macchiato - whole milk	Single	27	7	0.3	0.1	0.6	0.3	0.1	0.3	0.01	42.7
Blonde Espresso Macchiato - skimmed milk	Single	21	5	0.1	0	0.6	0.3	0.1	0.3	0.01	42.7
Blonde Espresso Macchiato - almond drink	Single	18	4	0.1	0	0.5	0.2	0.1	0.2	0.00	42.7
Blonde Espresso Macchiato - soya drink	Single	22	5	0.2	0	0.5	0.2	0.2	0.3	0.01	42.7
Blonde Espresso Macchiato - oat drink	Single	25	6	0.2	0	0.7	0.2	0.2	0.2	0.01	42.7
Blonde Espresso Macchiato - coconut drink	Single	20	5	0.1	0.1	0.6	0.2	0.2	0.2	0.01	42.7
Decaf Espresso Macchiato - semi skimmed milk	Single	26	6	0.2	0.1	0.8	0.3	0.1	0.3	0.01	1.8
Decaf Espresso Macchiato - whole milk	Single	30	7	0.3	0.1	0.8	0.3	0.1	0.3	0.01	1.8
Decaf Espresso Macchiato - skimmed milk	Single	24	6	0.1	0	0.8	0.3	0.1	0.3	0.01	1.8
Decaf Espresso Macchiato - almond drink	Single	21	5	0.1	0	0.7	0.2	0.1	0.2	0.00	1.8
Decaf Espresso Macchiato - soya drink	Single	25	6	0.2	0	0.7	0.2	0.1	0.3	0.01	1.8
Decaf Espresso Macchiato - oat drink	Single	28	7	0.2	0	0.9	0.2	0.2	0.2	0.01	1.8
Decaf Espresso Macchiato - coconut drink	Single	23	6	0.1	0.1	0.8	0.2	0.1	0.2	0.01	1.8
Blonde Espresso Macchiato - Doppio - semi skimmed milk	Double	58	14	0.4	0.2	1.5	0.9	0.3	0.9	0.02	85.5
Blonde Espresso Macchiato - Doppio - whole milk	Double	69	17	0.7	0.4	1.5	0.8	0.3	0.9	0.02	85.5
Blonde Espresso Macchiato - Doppio - skimmed milk	Double	50	12	0.2	0.1	1.5	0.9	0.3	0.9	0.02	85.5
Blonde Espresso Macchiato - Doppio - almond drink	Double	41	10	0.3	0.1	1.2	0.5	0.3	0.4	0.01	85.5
Blonde Espresso Macchiato - Doppio - soya drink	Double	53	13	0.4	0.1	1.2	0.5	0.4	0.8	0.02	85.5
Blonde Espresso Macchiato - Doppio - oat drink	Double	64	16	0.6	0.1	1.8	0.6	0.4	0.4	0.02	85.5
Blonde Espresso Macchiato - Doppio - coconut drink	Double	47	12	0.4	0.2	1.3	0.6	0.3	0.6	0.02	85.5
Decaf Espresso Macchiato - Doppio - semi skimmed milk	Double	64	15	0.4	0.2	1.9	0.9	0.2	0.8	0.02	3.6
Decaf Espresso Macchiato - Doppio - whole milk	Double	75	18	0.7	0.4	1.9	0.9	0.2	0.8	0.02	3.6
Decaf Espresso Macchiato - Doppio - skimmed milk	Double	56	14	0.2	0.1	2	0.9	0.2	0.8	0.02	3.6
Decaf Espresso Macchiato - Doppio - almond drink	Double	47	12	0.3	0.1	1.6	0.5	0.3	0.4	0.01	3.6
Decaf Espresso Macchiato - Doppio - soya drink	Double	59	14	0.4	0.1	1.6	0.5	0.3	0.8	0.02	3.6
Decaf Espresso Macchiato - Doppio - oat drink	Double	70	17	0.6	0.1	2.2	0.6	0.4	0.4	0.02	3.6
Decaf Espresso Macchiato - Doppio - coconut drink	Double	53	13	0.4	0.2	1.7	0.6	0.3	0.5	0.02	3.6
Blonde Cortado - semi skimmed milk	Short	208	49	1.6	1	5.3	4.3	0	3.5	0.10	75.6
Blonde Cortado - whole milk	Short	269	64	3.3	2.1	5.2	4.2	0	3.4	0.10	75.6
Blonde Cortado - skimmed milk	Short	162	38	0.3	0.2	5.4	4.4	0	3.5	0.10	75.6
Blonde Cortado - almond drink	Short	115	28	1.1	0.1	3.2	2.3	0.2	0.7	0.07	75.6
Blonde Cortado - soya drink	Short	179	43	1.7	0.3	3.3	2.3	0.5	3.2	0.08	75.6
Blonde Cortado - oat drink	Short	243	58	2.8	0.3	6.9	3	0.9	1	0.12	75.6
Blonde Cortado - coconut drink	Short	148	35	1.4	0.7	3.9	3	0.3	1.6	0.08	75.6
Decaf Cortado - semi skimmed milk	Short	215	51	1.7	1	5.5	4.4	0.2	3.5	0.10	3.6
Decaf Cortado - whole milk	Short	277	66	3.4	2.1	5.4	4.3	0.2	3.4	0.10	3.6

Decaf Cortado - skimmed milk	Short	170	41	0.4	0.2	5.6	4.5	0.2	3.5	0.10	3.6
Decaf Cortado - almond drink	Short	122	30	1.2	0.1	3.4	2.4	0.4	0.7	0.07	3.6
Decaf Cortado - soya drink	Short	187	45	1.8	0.3	3.5	2.3	0.8	3.2	0.08	3.6
Decaf Cortado - oat drink	Short	251	60	2.8	0.3	7.1	3	1.1	1	0.12	3.6
Decaf Cortado - coconut drink	Short	155	37	1.5	0.7	4.1	3.1	0.5	1.6	0.08	3.6
Blonde Cappuccino - semi skimmed milk	Short	268	64	2.2	1.4	6.3	6	0.1	4.6	0.14	42.7
Blonde Cappuccino - semi skimmed milk	Tall	440	105	3.7	2.3	10.3	10	0.1	7.6	0.23	42.7
Blonde Cappuccino - semi skimmed milk	Grande	542	129	4.5	2.9	12.8	12.1	0.3	9.3	0.28	85.5
Blonde Cappuccino - semi skimmed milk	Venti	690	164	5.7	3.7	16.2	15.6	0.3	11.8	0.35	85.5
Blonde Cappuccino - whole milk	Short	352	84	4.6	2.9	6.2	5.9	0.1	4.5	0.13	42.7
Blonde Cappuccino - whole milk	Tall	582	139	7.7	4.9	10.1	9.8	0.1	7.3	0.22	42.7
Blonde Cappuccino - whole milk	Grande	713	170	9.3	5.9	12.5	11.8	0.3	9	0.27	85.5
Blonde Cappuccino - whole milk	Venti	910	217	12	7.6	15.9	15.2	0.3	11.5	0.35	85.5
Blonde Cappuccino - skimmed milk	Short	205	49	0.4	0.2	6.4	6.1	0.1	4.6	0.14	42.7
Blonde Cappuccino - skimmed milk	Tall	334	79	0.7	0.3	10.5	10.2	0.1	7.6	0.23	42.7
Blonde Cappuccino - skimmed milk	Grande	414	98	0.9	0.4	13	12.4	0.3	9.3	0.28	85.5
Blonde Cappuccino - skimmed milk	Venti	525	125	1.1	0.5	16.6	15.9	0.3	11.8	0.36	85.5
Blonde Cappuccino - almond drink	Short	139	35	1.6	0.1	3.5	3.1	0.4	0.8	0.09	42.7
Blonde Cappuccino - almond drink	Tall	224	56	2.6	0.2	5.6	5.2	0.6	1.2	0.15	42.7
Blonde Cappuccino - almond drink	Grande	281	70	3.2	0.3	7	6.4	0.8	1.6	0.19	85.5
Blonde Cappuccino - almond drink	Venti	354	89	4	0.4	8.9	8.2	0.9	1.9	0.24	85.5
Blonde Cappuccino - soya drink	Short	229	55	2.4	0.4	3.6	3.1	0.9	4.2	0.11	42.7
Blonde Cappuccino - soya drink	Tall	374	90	4	0.6	5.8	5.2	1.4	7	0.19	42.7
Blonde Cappuccino - soya drink	Grande	462	111	4.9	0.8	7.3	6.3	1.8	8.5	0.22	85.5
Blonde Cappuccino - soya drink	Venti	588	141	6.2	1	9.1	8.1	2.2	10.9	0.29	85.5
Blonde Cappuccino - oat drink	Short	317	75	3.9	0.4	8.6	4.1	1.4	1.1	0.16	42.7
Blonde Cappuccino - oat drink	Tall	522	124	6.4	0.6	14.1	6.8	2.2	1.8	0.26	42.7
Blonde Cappuccino - oat drink	Grande	641	152	7.8	0.8	17.4	8.3	2.7	2.3	0.32	85.5
Blonde Cappuccino - oat drink	Venti	818	194	10	1	22.2	10.6	3.5	2.9	0.41	85.5
Blonde Cappuccino - coconut drink	Short	184	44	1.9	0.9	4.5	4.1	0.5	2	0.11	42.7
Blonde Cappuccino - coconut drink	Tall	300	71	3.2	1.5	7.2	6.9	0.8	3.3	0.19	42.7
Blonde Cappuccino - coconut drink	Grande	373	88	3.9	1.8	9	8.4	1	4.1	0.22	85.5
Blonde Cappuccino - coconut drink	Venti	473	112	5	2.3	11.4	10.7	1.2	5.2	0.29	85.5
Decaf Cappuccino - semi skimmed milk	Short	271	64	2.2	1.4	6.5	6	0.1	4.6	0.14	1.8
Decaf Cappuccino - semi skimmed milk	Tall	443	105	3.7	2.3	10.5	10	0.1	7.5	0.23	1.8
Decaf Cappuccino - semi skimmed milk	Grande	547	130	4.5	2.9	13.2	12.1	0.2	9.2	0.28	3.6
Decaf Cappuccino - semi skimmed milk	Venti	696	166	5.7	3.7	16.6	15.6	0.2	11.8	0.35	3.6
Decaf Cappuccino - whole milk	Short	355	85	4.6	2.9	6.4	5.9	0.1	4.4	0.13	1.8
Decaf Cappuccino - whole milk	Tall	585	139	7.7	4.9	10.3	9.8	0.1	7.3	0.22	1.8
Decaf Cappuccino - whole milk	Grande	719	171	9.3	5.9	12.9	11.9	0.2	9	0.27	3.6
Decaf Cappuccino - whole milk	Venti	916	218	12	7.6	16.3	15.2	0.2	11.5	0.35	3.6
Decaf Cappuccino - skimmed milk	Short	207	49	0.4	0.2	6.6	6.1	0.1	4.6	0.14	1.8
Decaf Cappuccino - skimmed milk	Tall	337	80	0.7	0.3	10.7	10.2	0.1	7.5	0.23	1.8
Decaf Cappuccino - skimmed milk	Grande	420	100	0.9	0.4	13.4	12.4	0.2	9.2	0.28	3.6
Decaf Cappuccino - skimmed milk	Venti	531	126	1.1	0.5	17	15.9	0.2	11.8	0.36	3.6
Decaf Cappuccino - almond drink	Short	142	35	1.6	0.1	3.7	3.2	0.4	0.8	0.09	1.8
Decaf Cappuccino - almond drink	Tall	227	57	2.6	0.2	5.8	5.3	0.5	1.2	0.15	1.8
Decaf Cappuccino - almond drink	Grande	287	72	3.2	0.3	7.5	6.4	0.7	1.5	0.19	3.6
Decaf Cappuccino - almond drink	Venti	360	90	4	0.4	9.3	8.2	0.9	1.9	0.24	3.6
Decaf Cappuccino - soya drink	Short	231	56	2.4	0.4	3.8	3.1	0.9	4.2	0.11	1.8
Decaf Cappuccino - soya drink	Tall	377	91	4	0.6	6	5.2	1.4	6.9	0.19	1.8
Decaf Cappuccino - soya drink	Grande	468	112	4.9	0.8	7.7	6.4	1.7	8.5	0.22	3.6
Decaf Cappuccino - soya drink	Venti	594	143	6.2	1	9.5	8.1	2.2	10.9	0.29	3.6
Decaf Cappuccino - oat drink	Short	320	76	3.9	0.4	8.8	4.1	1.3	1.1	0.16	1.8
Decaf Cappuccino - oat drink	Tall	525	124	6.4	0.6	14.3	6.8	2.2	1.8	0.26	1.8
Decaf Cappuccino - oat drink	Grande	647	153	7.8	0.8	17.8	8.3	2.7	2.3	0.32	3.6
Decaf Cappuccino - oat drink	Venti	824	195	10	1	22.6	10.6	3.4	2.8	0.41	3.6
Decaf Cappuccino - coconut drink	Short	187	44	1.9	0.9	4.7	4.1	0.5	2	0.11	1.8
Decaf Cappuccino - coconut drink	Tall	303	72	3.2	1.5	7.4	6.9	0.7	3.2	0.19	1.8
Decaf Cappuccino - coconut drink	Grande	379	89	3.9	1.8	9.4	8.4	1	4	0.22	3.6
Decaf Cappuccino - coconut drink	Venti	478	113	5	2.3	11.8	10.8	1.2	5.1	0.29	3.6
Blonde Flat White - semi skimmed milk	Short	242	58	2	1.2	5.8	5.1	0.3	4.1	0.12	85.5
Blonde Flat White - whole milk	Short	314	75	4	2.5	5.7	5	0.3	4	0.11	85.5
Blonde Flat White - skimmed milk	Short	189	45	0.5	0.2	5.9	5.2	0.3	4.1	0.12	85.5
Blonde Flat White - almond drink	Short	133	33	1.4	0.2	3.4	2.7	0.5	0.8	0.08	85.5
Blonde Flat White - soya drink	Short	209	50	2.1	0.4	3.5	2.7	0.9	3.8	0.10	85.5
Blonde Flat White - oat drink	Short	284	68	3.4	0.4	7.7	3.5	1.3	1.2	0.14	85.5
Blonde Flat White - coconut drink	Short	171	41	1.7	0.8	4.2	3.6	0.6	1.9	0.10	85.5
Decaf Flat White - semi skimmed milk	Short	248	59	2	1.2	6.2	5.2	0.2	4	0.12	3.6
Decaf Flat White - whole milk	Short	320	76	4	2.5	6.1	5.1	0.2	3.9	0.11	3.6
Decaf Flat White - skimmed milk	Short	194	46	0.5	0.2	6.3	5.3	0.2	4	0.12	3.6
Decaf Flat White - almond drink	Short	139	35	1.4	0.2	3.8	2.8	0.4	0.8	0.08	3.6
Decaf Flat White - soya drink	Short	215	52	2.1	0.4	3.9	2.7	0.9	3.7	0.10	3.6
Decaf Flat White - oat drink	Short	290	69	3.4	0.4	8.2	3.6	1.3	1.1	0.14	3.6
Decaf Flat White - coconut drink	Short	177	42	1.7	0.8	4.6	3.6	0.5	1.9	0.10	3.6
Blonde Caramel Macchiato - semi skimmed milk	Short	432	103	3.2	2	13.3	12.7	0.1	5.2	0.18	42.7
Blonde Caramel Macchiato - semi skimmed milk	Tall	687	163	4.8	3.1	21.7	20.9	0.1	8.3	0.27	42.7
Blonde Caramel Macchiato - semi skimmed milk	Grande	896	213	6	3.8	28.8	27.6	0.3	10.8	0.35	85.5
Blonde Caramel Macchiato - semi skimmed milk	Venti	1128	268	7.5	4.8	36.4	35.1	0.3	13.7	0.44	85.5
Blonde Caramel Macchiato - whole milk	Short	528	126	5.9	3.7	13.1	12.5	0.1	5.1	0.17	42.7
Blonde Caramel Macchiato - whole milk	Tall	841	200	9.2	5.8	21.4	20.7	0.1	8	0.27	42.7
Blonde Caramel Macchiato - whole milk	Grande	1095	260	11.7	7.4	28.5	27.3	0.3	10.5	0.34	85.5
Blonde Caramel Macchiato - whole milk	Venti	1384	329	14.7	9.3	36	34.8	0.3	13.4	0.43	85.5
Blonde Caramel Macchiato - skimmed milk	Short	361	86	1.2	0.6	13.4	12.8	0.1	5.2	0.18	42.7
Blonde Caramel Macchiato - skimmed milk	Tall	572	136	1.6	0.9	21.9	21.1	0.1	8.3	0.28	42.7
Blonde Caramel Macchiato - skimmed milk	Grande	747	177	1.9	1	29.1	27.9	0.3	10.8	0.35	85.5
Blonde Caramel Macchiato - skimmed milk	Venti	937	222	2.1	1.1	36.7	35.5	0.3	13.7	0.45	85.5
Blonde Caramel Macchiato - almond drink	Short	287	70	2.4	0.6	10.1	9.5	0.4	0.9	0.13	42.7
Blonde Caramel Macchiato - almond drink	Tall	453	110	3.6	0.8	16.5	15.8	0.6	1.4	0.19	42.7
Blonde Caramel Macchiato - almond drink	Grande	593	145	4.5	0.9	22.1	21	0.9	1.8	0.24	85.5
Blonde Caramel Macchiato - almond drink	Venti	739	180	5.5	0.9	27.8	26.6	1	2.3	0.30	85.5
Blonde Caramel Macchiato - soya drink	Short	388	93	3.4	0.9	10.2	9.4	1	4.8	0.15	42.7
Blonde Caramel Macchiato - soya drink	Tall	616	147	5.2	1.2	16.7	15.7	1.5	7.6	0.23	42.7
Blonde Caramel Macchiato - soya drink	Grande	804	192	6.5	1.4	22.4	20.9	2	9.9	0.29	85.5
Blonde Caramel Macchiato - soya drink	Venti	1010	241	8	1.7	28.1	26.5	2.5	12.7	0.36	85.5
Blonde Caramel Macchiato - oat drink	Short	488	116	5	0.9	15.9	10.5	1.5	1.3	0.20	42.7
Blonde Caramel Macchiato - oat drink	Tall	777	184	7.8	1.2	25.8	17.5	2.4	2	0.31	42.7
Blonde Caramel Macchiato - oat drink	Grande	1011	239	9.9	1.4	34.1	23.2	3.1	2.7	0.40	85.5
Blonde Caramel Macchiato - oat drink	Venti	1277	302	12.5	1.7	43.2	29.4	4	3.4	0.50	85.5
Blonde Caramel Macchiato - coconut drink	Short	338	80	2.8	1.4	11.2	10.6	0.6	2.3	0.15	42.7
Blonde Caramel Macchiato - coconut drink	Tall	535	126	4.3	2.1	18.3	17.5	0.8	3.6	0.23	42.7
Blonde Caramel Macchiato - coconut drink	Grande	700	165	5.3	2.6	24.4	23.3	1.1	4.8	0.29	85.5
Blonde Caramel Macchiato - coconut drink	Venti	876	207	6.6	3.2	30.8	29.6	1.4	6	0.36	85.5
Decaf Caramel Macchiato - semi skimmed milk	Short	435	103	3.2	2	13.5	12.7	0.1	5.2	0.18	1.8
Decaf Caramel Macchiato - semi skimmed milk	Tall	690	164	4.8	3.1	21.9	20.9	0.1	8.2	0.27	1.8
Decaf Caramel Macchiato - semi skimmed milk	Grande	902	214	6	3.8	29.2	27.7	0.2	10.7	0.35	3.6
Decaf Caramel Macchiato - semi skimmed milk	Venti	1134	269	7.5	4.8	36.8	35.2	0.2	13.7	0.44	3.6

Decaf Caramel Macchiato - whole milk	Short	531	126	5.9	3.7	13.4	12.5	0.1	5	0.17	1.8
Decaf Caramel Macchiato - whole milk	Tall	844	201	9.2	5.8	21.6	20.7	0.1	8	0.27	1.8
Decaf Caramel Macchiato - whole milk	Grande	1100	262	11.7	7.4	28.9	27.4	0.2	10.4	0.34	3.6
Decaf Caramel Macchiato - whole milk	Venti	1390	330	14.7	9.3	36.4	34.8	0.2	13.3	0.43	3.6
Decaf Caramel Macchiato - skimmed milk	Short	364	86	1.2	0.6	13.6	12.8	0.1	5.2	0.18	1.8
Decaf Caramel Macchiato - skimmed milk	Tall	575	136	1.6	0.9	22.1	21.2	0.1	8.2	0.28	1.8
Decaf Caramel Macchiato - skimmed milk	Grande	753	179	1.9	1	29.5	28	0.2	10.7	0.35	3.6
Decaf Caramel Macchiato - skimmed milk	Venti	943	223	2.1	1.1	37.2	35.6	0.2	13.7	0.45	3.6
Decaf Caramel Macchiato - almond drink	Short	290	71	2.4	0.6	10.3	9.5	0.4	0.9	0.13	1.8
Decaf Caramel Macchiato - almond drink	Tall	456	111	3.6	0.8	16.7	15.8	0.6	1.3	0.19	1.8
Decaf Caramel Macchiato - almond drink	Grande	599	146	4.5	0.9	22.5	21	0.8	1.8	0.24	3.6
Decaf Caramel Macchiato - almond drink	Venti	744	181	5.5	0.9	28.2	26.6	1	2.2	0.30	3.6
Decaf Caramel Macchiato - soya drink	Short	391	93	3.4	0.9	10.4	9.5	1	4.8	0.15	1.8
Decaf Caramel Macchiato - soya drink	Tall	619	148	5.2	1.2	16.9	15.7	1.5	7.6	0.23	1.8
Decaf Caramel Macchiato - soya drink	Grande	810	193	6.5	1.4	22.8	20.9	2	9.9	0.29	3.6
Decaf Caramel Macchiato - soya drink	Venti	1015	242	8	1.7	28.5	26.5	2.5	12.6	0.36	3.6
Decaf Caramel Macchiato - oat drink	Short	491	116	5	0.9	16.1	10.5	1.5	1.3	0.20	1.8
Decaf Caramel Macchiato - oat drink	Tall	780	185	7.8	1.2	26	17.5	2.3	2	0.31	1.8
Decaf Caramel Macchiato - oat drink	Grande	1017	241	9.9	1.4	34.5	23.2	3.1	2.7	0.40	3.6
Decaf Caramel Macchiato - oat drink	Venti	1283	304	12.5	1.7	43.6	29.4	3.9	3.3	0.50	3.6
Decaf Caramel Macchiato - coconut drink	Short	341	81	2.8	1.4	11.4	10.6	0.5	2.3	0.15	1.8
Decaf Caramel Macchiato - coconut drink	Tall	538	127	4.3	2.1	18.5	17.6	0.8	3.6	0.23	1.8
Decaf Caramel Macchiato - coconut drink	Grande	706	167	5.3	2.6	24.8	23.3	1.1	4.7	0.29	3.6
Decaf Caramel Macchiato - coconut drink	Venti	882	208	6.6	3.2	31.2	29.6	1.3	6	0.36	3.6
Blonde Mocha - semi skimmed milk	Short	526	126	6.5	4.5	11.4	10.8	1	4.8	0.13	48.8
Blonde Mocha - semi skimmed milk	Tall	877	209	9.6	6.5	21	20	1.9	8.8	0.23	54.9
Blonde Mocha - semi skimmed milk	Grande	1092	261	11	7.4	28.1	26.4	3	10.9	0.28	103.7
Blonde Mocha - semi skimmed milk	Venti	1411	337	13.4	9	37.4	35.4	3.9	14.7	0.38	109.8
Blonde Mocha - whole milk	Short	598	143	8.6	5.8	11.3	10.7	1	4.7	0.12	48.8
Blonde Mocha - whole milk	Tall	1011	241	13.4	8.9	20.8	19.8	1.9	8.6	0.23	54.9
Blonde Mocha - whole milk	Grande	1252	299	15.5	10.2	27.9	26.2	3	10.7	0.27	103.7
Blonde Mocha - whole milk	Venti	1632	389	19.7	12.9	37.1	35	3.9	14.4	0.37	109.8
Blonde Mocha - skimmed milk	Short	472	113	5	3.4	11.5	10.9	1	4.8	0.13	48.8
Blonde Mocha - skimmed milk	Tall	776	185	6.8	4.6	21.2	20.2	1.9	8.8	0.24	54.9
Blonde Mocha - skimmed milk	Grande	972	232	7.6	5	28.4	26.7	3	10.9	0.28	103.7
Blonde Mocha - skimmed milk	Venti	1247	297	8.8	5.8	37.7	35.7	3.9	14.7	0.38	109.8
Blonde Mocha - almond drink	Short	416	101	6	3.4	9	8.4	1.2	1.6	0.09	48.8
Blonde Mocha - almond drink	Tall	672	163	8.6	4.5	16.5	15.5	2.3	2.7	0.16	54.9
Blonde Mocha - almond drink	Grande	847	206	9.7	5	22.8	21.1	3.4	3.7	0.19	103.7
Blonde Mocha - almond drink	Venti	1075	261	11.7	5.7	30	28	4.5	4.8	0.26	109.8
Blonde Mocha - soya drink	Short	492	118	6.7	3.6	9.1	8.3	1.7	4.5	0.11	48.8
Blonde Mocha - soya drink	Tall	814	195	9.9	4.9	16.7	15.4	3.1	8.2	0.19	54.9
Blonde Mocha - soya drink	Grande	1017	244	11.3	5.4	23	21	4.4	10.2	0.23	103.7
Blonde Mocha - soya drink	Venti	1309	314	13.9	6.3	30.3	27.9	5.8	13.8	0.31	109.8
Blonde Mocha - oat drink	Short	567	135	7.9	3.6	13.4	9.2	2.1	1.9	0.15	48.8
Blonde Mocha - oat drink	Tall	955	227	12.2	4.9	24.6	17	3.9	3.3	0.27	54.9
Blonde Mocha - oat drink	Grande	1185	282	14.1	5.4	32.4	22.9	5.3	4.4	0.32	103.7
Blonde Mocha - oat drink	Venti	1540	366	17.7	6.3	43.3	30.4	7.1	5.8	0.43	109.8
Blonde Mocha - coconut drink	Short	455	109	6.3	4	9.9	9.2	1.3	2.6	0.11	48.8
Blonde Mocha - coconut drink	Tall	744	177	9.2	5.7	18	17	2.5	4.7	0.19	54.9
Blonde Mocha - coconut drink	Grande	934	222	10.4	6.4	24.6	22.9	3.7	6.1	0.23	103.7
Blonde Mocha - coconut drink	Venti	1194	284	12.6	7.6	32.5	30.5	4.8	8	0.31	109.8
Decaf Mocha - semi skimmed milk	Short	612	146	6.7	4.6	15.7	14.5	1.9	4.8	0.11	14
Decaf Mocha - semi skimmed milk	Tall	926	221	9.5	6.5	24.4	22.8	2.8	8.1	0.19	20
Decaf Mocha - semi skimmed milk	Grande	1179	281	11.2	7.5	32.5	30.1	3.8	10.8	0.26	27.9
Decaf Mocha - semi skimmed milk	Venti	1486	354	13.5	9	41.5	38.8	4.7	14.4	0.35	34
Decaf Mocha - whole milk	Short	672	161	8.4	5.7	15.6	14.4	1.9	4.7	0.11	14
Decaf Mocha - whole milk	Tall	1036	247	12.6	8.4	24.2	22.7	2.8	7.9	0.19	20
Decaf Mocha - whole milk	Grande	1326	316	15.3	10.1	32.3	29.9	3.8	10.6	0.25	27.9
Decaf Mocha - whole milk	Venti	1690	403	19.3	12.6	41.2	38.4	4.7	14.1	0.34	34
Decaf Mocha - skimmed milk	Short	567	136	5.5	3.7	15.8	14.6	1.9	4.8	0.11	14
Decaf Mocha - skimmed milk	Tall	844	202	7.2	4.9	24.5	23	2.8	8.1	0.20	20
Decaf Mocha - skimmed milk	Grande	1069	255	8.1	5.3	32.7	30.3	3.8	10.8	0.26	27.9
Decaf Mocha - skimmed milk	Venti	1334	318	9.2	6.1	41.8	39.1	4.7	14.4	0.36	34
Decaf Mocha - almond drink	Short	521	126	6.3	3.7	13.7	12.5	2.1	2.1	0.08	14
Decaf Mocha - almond drink	Tall	759	184	8.7	4.8	20.7	19.2	3.1	3.2	0.14	20
Decaf Mocha - almond drink	Grande	955	231	10	5.3	27.6	25.2	4.2	4.2	0.18	27.9
Decaf Mocha - almond drink	Venti	1176	284	11.9	6	34.7	31.9	5.3	5.3	0.24	34
Decaf Mocha - soya drink	Short	584	140	6.9	3.9	13.8	12.5	2.4	4.5	0.09	14
Decaf Mocha - soya drink	Tall	875	210	9.8	5.1	20.8	19.1	3.8	7.6	0.16	20
Decaf Mocha - soya drink	Grande	1111	266	11.5	5.7	27.8	25.2	5.1	10.2	0.21	27.9
Decaf Mocha - soya drink	Venti	1392	333	14	6.5	34.9	31.9	6.5	13.6	0.29	34
Decaf Mocha - oat drink	Short	647	154	7.9	3.9	17.3	13.1	2.8	2.4	0.13	14
Decaf Mocha - oat drink	Tall	990	236	11.7	5.1	27.3	20.4	4.4	3.6	0.22	20
Decaf Mocha - oat drink	Grande	1264	301	14	5.7	36.5	26.8	5.9	4.8	0.30	27.9
Decaf Mocha - oat drink	Venti	1605	382	17.5	6.5	47	34.2	7.7	6.1	0.40	34
Decaf Mocha - coconut drink	Short	553	132	6.5	4.2	14.4	13.2	2.2	3	0.09	14
Decaf Mocha - coconut drink	Tall	818	195	9.2	5.8	22	20.4	3.3	4.8	0.16	20
Decaf Mocha - coconut drink	Grande	1034	246	10.6	6.6	29.3	26.9	4.5	6.3	0.21	27.9
Decaf Mocha - coconut drink	Venti	1285	306	12.8	7.7	37	34.3	5.6	8.2	0.29	34
Blonde White Mocha - semi skimmed milk	Short	592	141	6.9	4.9	14.9	14.6	0.2	4.9	0.19	42.7
Blonde White Mocha - semi skimmed milk	Tall	979	233	10.1	7.2	27.2	26.8	0.2	8.4	0.34	42.7
Blonde White Mocha - semi skimmed milk	Grande	1250	298	11.7	8.3	37.5	36.9	0.3	10.4	0.43	85.5
Blonde White Mocha - semi skimmed milk	Venti	1615	385	14.3	10.2	49.8	49.1	0.3	13.9	0.58	85.5
Blonde White Mocha - whole milk	Short	665	159	9	6.2	14.8	14.4	0.2	4.8	0.18	42.7
Blonde White Mocha - whole milk	Tall	1106	264	13.7	9.4	27	26.6	0.2	8.2	0.33	42.7
Blonde White Mocha - whole milk	Grande	1401	334	16	11	37.3	36.6	0.3	10.2	0.43	85.5
Blonde White Mocha - whole milk	Venti	1821	434	20.2	13.9	49.4	48.8	0.3	13.6	0.58	85.5
Blonde White Mocha - skimmed milk	Short	537	128	5.4	3.8	15	14.7	0.2	4.9	0.19	42.7
Blonde White Mocha - skimmed milk	Tall	884	211	7.4	5.3	27.4	27	0.2	8.4	0.34	42.7
Blonde White Mocha - skimmed milk	Grande	1137	271	8.5	6.1	37.8	37.1	0.3	10.4	0.44	85.5
Blonde White Mocha - skimmed milk	Venti	1461	348	10	7.2	50.1	49.4	0.3	13.9	0.59	85.5
Blonde White Mocha - almond drink	Short	480	116	6.3	3.8	12.4	12.1	0.4	1.6	0.15	42.7
Blonde White Mocha - almond drink	Tall	785	190	9.1	5.3	22.9	22.6	0.5	2.7	0.27	42.7
Blonde White Mocha - almond drink	Grande	1020	246	10.5	6.1	32.5	31.8	0.8	3.6	0.36	85.5
Blonde White Mocha - almond drink	Venti	1301	314	12.7	7.1	42.8	42.2	0.9	4.7	0.48	85.5
Blonde White Mocha - soya drink	Short	558	134	7.1	4	12.5	12.1	0.8	4.6	0.17	42.7
Blonde White Mocha - soya drink	Tall	920	220	10.4	5.6	23.1	22.5	1.3	7.8	0.30	42.7
Blonde White Mocha - soya drink	Grande	1180	282	12	6.5	32.7	31.8	1.7	9.8	0.39	85.5
Blonde White Mocha - soya drink	Venti	1520	363	14.8	7.7	43.1	42.1	2.2	13.1	0.52	85.5
Blonde White Mocha - oat drink	Short	635	151	8.3	4	16.9	12.9	1.2	1.9	0.21	42.7
Blonde White Mocha - oat drink	Tall	1052	250	12.6	5.6	30.6	24	2	3.2	0.37	42.7
Blonde White Mocha - oat drink	Grande	1338	318	14.7	6.5	41.6	33.5	2.5	4.3	0.47	85.5
Blonde White Mocha - oat drink	Venti	1735	412	18.4	7.7	55.3	44.5	3.3	5.6	0.64	85.5
Blonde White Mocha - coconut drink	Short	520	124	6.6	4.4	13.3	12.9	0.5	2.7	0.17	42.7
Blonde White Mocha - coconut drink	Tall	853	203	9.7	6.4	24.4	24.1	0.7	4.5	0.30	42.7
Blonde White Mocha - coconut drink	Grande	1101	262	11.2	7.4	34.2	33.5	1	5.8	0.39	85.5

Blonde White Mocha - coconut drink	Venti	1412	335	13.6	8.9	45.2	44.6	1.2	7.7	0.52	85.5
Decaf White Mocha - semi skimmed milk	Short	758	181	7.6	5.5	22.9	22.4	0.1	5.2	0.24	1.8
Decaf White Mocha - semi skimmed milk	Tall	1143	272	10.8	7.7	35.1	34.6	0.2	8.6	0.38	1.8
Decaf White Mocha - semi skimmed milk	Grande	1450	345	12.7	9.1	46.5	45.4	0.3	11.2	0.50	3.6
Decaf White Mocha - semi skimmed milk	Venti	1803	429	15.2	10.9	58.4	57.3	0.3	14.5	0.64	3.6
Decaf White Mocha - whole milk	Short	826	197	9.5	6.7	22.8	22.3	0.1	5.1	0.23	1.8
Decaf White Mocha - whole milk	Tall	1263	301	14.2	9.9	35	34.4	0.2	8.4	0.38	1.8
Decaf White Mocha - whole milk	Grande	1605	382	17.1	11.8	46.2	45.2	0.3	11	0.49	3.6
Decaf White Mocha - whole milk	Venti	2009	478	21	14.6	58.1	57	0.3	14.2	0.64	3.6
Decaf White Mocha - skimmed milk	Short	708	169	6.2	4.5	23	22.5	0.1	5.2	0.24	1.8
Decaf White Mocha - skimmed milk	Tall	1054	251	8.3	6	35.3	34.8	0.2	8.6	0.39	1.8
Decaf White Mocha - skimmed milk	Grande	1334	317	9.4	6.8	46.7	45.6	0.3	11.2	0.51	3.6
Decaf White Mocha - skimmed milk	Venti	1649	392	10.9	7.9	58.7	57.6	0.3	14.5	0.65	3.6
Decaf White Mocha - almond drink	Short	656	158	7.1	4.5	20.7	20.1	0.3	2.1	0.20	1.8
Decaf White Mocha - almond drink	Tall	960	231	9.8	5.9	31.1	30.6	0.5	3.2	0.32	1.8
Decaf White Mocha - almond drink	Grande	1214	292	11.5	6.8	41.3	40.2	0.7	4.2	0.42	3.6
Decaf White Mocha - almond drink	Venti	1489	358	13.6	7.8	51.5	50.4	0.9	5.2	0.54	3.6
Decaf White Mocha - soya drink	Short	727	174	7.7	4.7	20.7	20.1	0.7	4.9	0.22	1.8
Decaf White Mocha - soya drink	Tall	1088	260	11	6.3	31.3	30.6	1.2	8.1	0.35	1.8
Decaf White Mocha - soya drink	Grande	1378	329	13	7.2	41.5	40.2	1.7	10.5	0.45	3.6
Decaf White Mocha - soya drink	Venti	1708	408	15.7	8.4	51.7	50.4	2.1	13.6	0.58	3.6
Decaf White Mocha - oat drink	Short	798	190	8.9	4.7	24.7	20.9	1.1	2.4	0.25	1.8
Decaf White Mocha - oat drink	Tall	1213	288	13.1	6.3	38.4	31.9	1.9	3.7	0.42	1.8
Decaf White Mocha - oat drink	Grande	1540	366	15.7	7.2	50.6	41.9	2.5	4.9	0.54	3.6
Decaf White Mocha - oat drink	Venti	1923	457	19.2	8.4	63.9	52.7	3.3	6.1	0.70	3.6
Decaf White Mocha - coconut drink	Short	692	165	7.4	5	21.4	20.9	0.4	3.1	0.22	1.8
Decaf White Mocha - coconut drink	Tall	1025	244	10.4	7	32.5	32	0.7	5	0.35	1.8
Decaf White Mocha - coconut drink	Grande	1297	308	12.1	8.1	43.1	42	1	6.5	0.45	3.6
Decaf White Mocha - coconut drink	Venti	1600	380	14.5	9.6	53.9	52.8	1.2	8.3	0.58	3.6

Alternative Coffee Bean - Cold Coffee

Decaf Iced Americano	Tall	31	8	0.1	0	1.2	0.1	0.2	0.3	0.00	3.6
Decaf Iced Americano	Grande	47	11	0.2	0.1	1.8	0.2	0.3	0.4	0.00	5.4
Decaf Iced Americano	Venti	62	15	0.3	0.1	2.3	0.2	0.4	0.5	0.00	7.2
Blonde Iced Americano	Tall	25	6	0.1	0	0.8	0.1	0.3	0.3	0.00	85.5
Blonde Iced Americano	Grande	38	9	0.2	0.1	1.1	0.1	0.4	0.5	0.00	128.2
Blonde Iced Americano	Venti	50	13	0.3	0.1	1.5	0.2	0.5	0.6	0.00	171
Blonde Iced Latte - semi skimmed milk	Tall	377	90	3.1	2	8.9	8.5	0.1	6.5	0.19	42.7
Blonde Iced Latte - semi skimmed milk	Grande	532	127	4.4	2.8	12.6	11.9	0.3	9.1	0.27	85.5
Blonde Iced Latte - semi skimmed milk	Venti	581	138	4.8	3.1	13.7	13	0.3	9.9	0.30	85.5
Blonde Iced Latte - whole milk	Tall	498	119	6.6	4.2	8.7	8.3	0.1	6.3	0.19	42.7
Blonde Iced Latte - whole milk	Grande	700	167	9.2	5.8	12.3	11.6	0.3	8.8	0.26	85.5
Blonde Iced Latte - whole milk	Venti	765	182	10	6.3	13.4	12.7	0.3	9.7	0.29	85.5
Blonde Iced Latte - skimmed milk	Tall	287	68	0.6	0.3	9	8.7	0.1	6.5	0.20	42.7
Blonde Iced Latte - skimmed milk	Grande	406	97	0.9	0.4	12.8	12.1	0.3	9.1	0.28	85.5
Blonde Iced Latte - skimmed milk	Venti	444	105	1	0.4	14	13.3	0.3	9.9	0.30	85.5
Blonde Iced Latte - almond drink	Tall	193	48	2.2	0.2	4.8	4.5	0.5	1	0.13	42.7
Blonde Iced Latte - almond drink	Grande	276	69	3.1	0.3	6.9	6.3	0.8	1.5	0.18	85.5
Blonde Iced Latte - almond drink	Venti	300	75	3.4	0.3	7.5	6.9	0.8	1.7	0.20	85.5
Blonde Iced Latte - soya drink	Tall	321	77	3.4	0.5	5	4.4	1.2	6	0.16	42.7
Blonde Iced Latte - soya drink	Grande	454	109	4.8	0.8	7.1	6.2	1.7	8.4	0.22	85.5
Blonde Iced Latte - soya drink	Venti	496	119	5.2	0.8	7.8	6.8	1.9	9.2	0.24	85.5
Blonde Iced Latte - oat drink	Tall	447	106	5.5	0.5	12.1	5.8	1.9	1.6	0.23	42.7
Blonde Iced Latte - oat drink	Grande	630	149	7.7	0.8	17.1	8.1	2.7	2.3	0.31	85.5
Blonde Iced Latte - oat drink	Venti	688	163	8.4	0.8	18.7	8.9	2.9	2.5	0.35	85.5
Blonde Iced Latte - coconut drink	Tall	258	61	2.7	1.3	6.2	5.9	0.7	2.8	0.16	42.7
Blonde Iced Latte - coconut drink	Grande	366	87	3.8	1.8	8.9	8.2	1	4	0.22	85.5
Blonde Iced Latte - coconut drink	Venti	399	94	4.2	1.9	9.7	9	1.1	4.4	0.24	85.5
Decaf Iced Latte - semi skimmed milk	Tall	380	90	3.1	2	9.1	8.5	0.1	6.4	0.19	1.8
Decaf Iced Latte - semi skimmed milk	Grande	538	128	4.4	2.8	13	11.9	0.2	9	0.27	3.6
Decaf Iced Latte - semi skimmed milk	Venti	587	140	4.8	3.1	14.1	13	0.2	9.9	0.30	3.6
Decaf Iced Latte - whole milk	Tall	501	119	6.6	4.2	8.9	8.4	0.1	6.3	0.19	1.8
Decaf Iced Latte - whole milk	Grande	706	168	9.2	5.8	12.7	11.6	0.2	8.8	0.26	3.6
Decaf Iced Latte - whole milk	Venti	771	184	10	6.3	13.8	12.8	0.2	9.6	0.29	3.6
Decaf Iced Latte - skimmed milk	Tall	290	69	0.6	0.3	9.2	8.7	0.1	6.4	0.20	1.8
Decaf Iced Latte - skimmed milk	Grande	412	98	0.9	0.4	13.2	12.2	0.2	9	0.28	3.6
Decaf Iced Latte - skimmed milk	Venti	449	107	1	0.4	14.4	13.3	0.2	9.9	0.30	3.6
Decaf Iced Latte - almond drink	Tall	196	49	2.2	0.2	5	4.5	0.5	1	0.13	1.8
Decaf Iced Latte - almond drink	Grande	282	70	3.1	0.3	7.3	6.3	0.7	1.5	0.18	3.6
Decaf Iced Latte - almond drink	Venti	306	76	3.4	0.3	7.9	6.9	0.8	1.6	0.20	3.6
Decaf Iced Latte - soya drink	Tall	324	78	3.4	0.5	5.2	4.5	1.2	5.9	0.16	1.8
Decaf Iced Latte - soya drink	Grande	460	110	4.8	0.8	7.5	6.2	1.7	8.3	0.22	3.6
Decaf Iced Latte - soya drink	Venti	502	120	5.2	0.8	8.2	6.8	1.8	9.1	0.24	3.6
Decaf Iced Latte - oat drink	Tall	450	107	5.5	0.5	12.3	5.8	1.9	1.5	0.23	1.8
Decaf Iced Latte - oat drink	Grande	635	151	7.7	0.8	17.5	8.1	2.7	2.2	0.31	3.6
Decaf Iced Latte - oat drink	Venti	694	165	8.4	0.8	19.1	8.9	2.9	2.4	0.35	3.6
Decaf Iced Latte - coconut drink	Tall	261	62	2.7	1.3	6.4	5.9	0.6	2.8	0.16	1.8
Decaf Iced Latte - coconut drink	Grande	372	88	3.8	1.8	9.3	8.2	1	4	0.22	3.6
Decaf Iced Latte - coconut drink	Venti	405	96	4.2	1.9	10.1	9	1	4.3	0.24	3.6
Blonde Classic Iced Cappuccino - semi skimmed milk	Tall	326	78	2.7	1.7	7.7	7.3	0.1	5.6	0.17	42.7
Blonde Classic Iced Cappuccino - semi skimmed milk	Grande	442	105	3.6	2.3	10.5	9.8	0.3	7.5	0.22	85.5
Blonde Classic Iced Cappuccino - semi skimmed milk	Venti	518	123	4.3	2.7	12.2	11.6	0.3	8.9	0.26	85.5
Blonde Classic Iced Cappuccino - whole milk	Tall	430	102	5.7	3.6	7.5	7.2	0.1	5.4	0.16	42.7
Blonde Classic Iced Cappuccino - whole milk	Grande	580	138	7.6	4.8	10.2	9.6	0.3	7.3	0.22	85.5
Blonde Classic Iced Cappuccino - whole milk	Venti	682	162	8.9	5.6	12	11.3	0.3	8.6	0.26	85.5
Blonde Classic Iced Cappuccino - skimmed milk	Tall	248	59	0.5	0.2	7.8	7.5	0.1	5.6	0.17	42.7
Blonde Classic Iced Cappuccino - skimmed milk	Grande	338	80	0.8	0.3	10.7	10	0.3	7.5	0.23	85.5
Blonde Classic Iced Cappuccino - skimmed milk	Venti	396	94	0.9	0.4	12.5	11.8	0.3	8.9	0.27	85.5
Blonde Classic Iced Cappuccino - almond drink	Tall	168	42	1.9	0.2	4.2	3.9	0.4	0.9	0.11	42.7
Blonde Classic Iced Cappuccino - almond drink	Grande	231	58	2.6	0.2	5.8	5.2	0.7	1.3	0.15	85.5
Blonde Classic Iced Cappuccino - almond drink	Venti	269	67	3	0.3	6.8	6.1	0.8	1.5	0.18	85.5
Blonde Classic Iced Cappuccino - soya drink	Tall	278	67	2.9	0.5	4.3	3.8	1.1	5.2	0.14	42.7
Blonde Classic Iced Cappuccino - soya drink	Grande	378	91	3.9	0.6	6	5.1	1.5	7	0.18	85.5
Blonde Classic Iced Cappuccino - soya drink	Venti	442	106	4.6	0.8	7	6	1.7	8.2	0.21	85.5
Blonde Classic Iced Cappuccino - oat drink	Tall	386	92	4.7	0.5	10.5	5	1.6	1.4	0.19	42.7
Blonde Classic Iced Cappuccino - oat drink	Grande	522	124	6.3	0.6	14.2	6.7	2.3	1.9	0.26	85.5
Blonde Classic Iced Cappuccino - oat drink	Venti	613	145	7.5	0.8	16.6	7.9	2.6	2.2	0.31	85.5
Blonde Classic Iced Cappuccino - coconut drink	Tall	224	53	2.3	1.1	5.4	5.1	0.6	2.4	0.14	42.7
Blonde Classic Iced Cappuccino - coconut drink	Grande	305	72	3.2	1.5	7.4	6.8	0.9	3.3	0.18	85.5
Blonde Classic Iced Cappuccino - coconut drink	Venti	357	84	3.7	1.7	8.7	8	1	3.9	0.21	85.5
Decaf Classic Iced Cappuccino - semi skimmed milk	Tall	329	78	2.7	1.7	7.9	7.3	0.1	5.6	0.17	1.8
Decaf Classic Iced Cappuccino - semi skimmed milk	Grande	447	107	3.6	2.3	10.9	9.8	0.2	7.5	0.22	3.6
Decaf Classic Iced Cappuccino - semi skimmed milk	Venti	524	125	4.3	2.7	12.6	11.6	0.2	8.8	0.26	3.6
Decaf Classic Iced Cappuccino - whole milk	Tall	433	103	5.7	3.6	7.7	7.2	0.1	5.4	0.16	1.8
Decaf Classic Iced Cappuccino - whole milk	Grande	585	140	7.6	4.8	10.7	9.6	0.2	7.3	0.22	3.6
Decaf Classic Iced Cappuccino - whole milk	Venti	687	164	8.9	5.6	12.4	11.3	0.2	8.6	0.26	3.6
Decaf Classic Iced Cappuccino - skimmed milk	Tall	251	60	0.5	0.2	8	7.5	0.1	5.6	0.17	1.8
Decaf Classic Iced Cappuccino - skimmed milk	Grande	344	82	0.8	0.3	11.1	10	0.2	7.5	0.23	3.6

Decaf Classic Iced Cappuccino - skimmed milk	Venti	402	95	0.9	0.4	12.9	11.8	0.2	8.8	0.27	3.6
Decaf Classic Iced Cappuccino - almond drink	Tall	171	43	1.9	0.2	4.4	3.9	0.4	0.9	0.11	1.8
Decaf Classic Iced Cappuccino - almond drink	Grande	237	59	2.6	0.2	6.2	5.2	0.6	1.3	0.15	3.6
Decaf Classic Iced Cappuccino - almond drink	Venti	275	69	3	0.3	7.2	6.1	0.7	1.5	0.18	3.6
Decaf Classic Iced Cappuccino - soya drink	Tall	281	67	2.9	0.5	4.5	3.8	1	5.1	0.14	1.8
Decaf Classic Iced Cappuccino - soya drink	Grande	383	92	3.9	0.6	6.4	5.1	1.4	6.9	0.18	3.6
Decaf Classic Iced Cappuccino - soya drink	Venti	448	108	4.6	0.8	7.4	6.1	1.7	8.1	0.21	3.6
Decaf Classic Iced Cappuccino - oat drink	Tall	389	92	4.7	0.5	10.7	5	1.6	1.3	0.19	1.8
Decaf Classic Iced Cappuccino - oat drink	Grande	528	125	6.3	0.6	14.6	6.7	2.2	1.9	0.26	3.6
Decaf Classic Iced Cappuccino - oat drink	Venti	619	147	7.5	0.8	17	7.9	2.6	2.2	0.31	3.6
Decaf Classic Iced Cappuccino - coconut drink	Tall	226	53	2.3	1.1	5.6	5.1	0.6	2.4	0.14	1.8
Decaf Classic Iced Cappuccino - coconut drink	Grande	311	74	3.2	1.5	7.8	6.8	0.8	3.3	0.18	3.6
Decaf Classic Iced Cappuccino - coconut drink	Venti	363	86	3.7	1.7	9.1	8	0.9	3.9	0.21	3.6
Blonde Iced Latte Macchiato - semi skimmed milk	Tall	366	87	3	1.9	8.6	8.3	0.1	6.3	0.19	42.7
Blonde Iced Latte Macchiato - semi skimmed milk	Grande	548	131	4.5	2.9	12.9	12.3	0.3	9.4	0.28	85.5
Blonde Iced Latte Macchiato - semi skimmed milk	Venti	559	133	4.6	3	13.2	12.5	0.3	9.6	0.29	85.5
Blonde Iced Latte Macchiato - whole milk	Tall	483	115	6.4	4	8.4	8.1	0.1	6.1	0.18	42.7
Blonde Iced Latte Macchiato - whole milk	Grande	722	172	9.5	6	12.7	12	0.3	9.1	0.27	85.5
Blonde Iced Latte Macchiato - whole milk	Venti	737	176	9.7	6.1	12.9	12.3	0.3	9.3	0.28	85.5
Blonde Iced Latte Macchiato - skimmed milk	Tall	279	66	0.6	0.2	8.8	8.4	0.1	6.3	0.19	42.7
Blonde Iced Latte Macchiato - skimmed milk	Grande	419	100	0.9	0.4	13.2	12.5	0.3	9.4	0.29	85.5
Blonde Iced Latte Macchiato - skimmed milk	Venti	427	102	0.9	0.4	13.5	12.8	0.3	9.6	0.29	85.5
Blonde Iced Latte Macchiato - almond drink	Tall	188	47	2.1	0.2	4.7	4.3	0.5	1	0.13	42.7
Blonde Iced Latte Macchiato - almond drink	Grande	284	71	3.2	0.3	7.1	6.5	0.8	1.6	0.19	85.5
Blonde Iced Latte Macchiato - almond drink	Venti	290	72	3.3	0.3	7.3	6.6	0.8	1.6	0.19	85.5
Blonde Iced Latte Macchiato - soya drink	Tall	312	75	3.3	0.5	4.8	4.3	1.2	5.8	0.15	42.7
Blonde Iced Latte Macchiato - soya drink	Grande	468	112	4.9	0.8	7.3	6.4	1.8	8.7	0.23	85.5
Blonde Iced Latte Macchiato - soya drink	Venti	477	115	5	0.8	7.5	6.5	1.8	8.8	0.23	85.5
Blonde Iced Latte Macchiato - oat drink	Tall	434	103	5.3	0.5	11.8	5.6	1.8	1.5	0.22	42.7
Blonde Iced Latte Macchiato - oat drink	Grande	649	154	7.9	0.8	17.6	8.4	2.8	2.3	0.32	85.5
Blonde Iced Latte Macchiato - oat drink	Venti	663	157	8.1	0.8	18	8.6	2.8	2.4	0.33	85.5
Blonde Iced Latte Macchiato - coconut drink	Tall	251	59	2.6	1.2	6	5.7	0.6	2.7	0.15	42.7
Blonde Iced Latte Macchiato - coconut drink	Grande	377	89	3.9	1.8	9.1	8.5	1	4.1	0.23	85.5
Blonde Iced Latte Macchiato - coconut drink	Venti	385	91	4	1.9	9.3	8.6	1	4.2	0.23	85.5
Decaf Iced Latte Macchiato - semi skimmed milk	Tall	369	88	3	1.9	8.8	8.3	0.1	6.3	0.19	1.8
Decaf Iced Latte Macchiato - semi skimmed milk	Grande	554	132	4.5	2.9	13.3	12.3	0.2	9.3	0.28	3.6
Decaf Iced Latte Macchiato - semi skimmed milk	Venti	565	135	4.6	3	13.6	12.5	0.2	9.5	0.29	3.6
Decaf Iced Latte Macchiato - whole milk	Tall	486	116	6.4	4	8.6	8.1	0.1	6.1	0.18	1.8
Decaf Iced Latte Macchiato - whole milk	Grande	728	173	9.5	6	13.1	12	0.2	9.1	0.27	3.6
Decaf Iced Latte Macchiato - whole milk	Venti	743	177	9.7	6.1	13.3	12.3	0.2	9.3	0.28	3.6
Decaf Iced Latte Macchiato - skimmed milk	Tall	282	67	0.6	0.2	9	8.5	0.1	6.3	0.19	1.8
Decaf Iced Latte Macchiato - skimmed milk	Grande	425	101	0.9	0.4	13.6	12.5	0.2	9.3	0.29	3.6
Decaf Iced Latte Macchiato - skimmed milk	Venti	433	103	0.9	0.4	13.9	12.8	0.2	9.5	0.29	3.6
Decaf Iced Latte Macchiato - almond drink	Tall	191	48	2.1	0.2	4.9	4.4	0.5	1	0.13	1.8
Decaf Iced Latte Macchiato - almond drink	Grande	290	72	3.2	0.3	7.5	6.5	0.7	1.5	0.19	3.6
Decaf Iced Latte Macchiato - almond drink	Venti	296	74	3.3	0.3	7.7	6.6	0.7	1.6	0.19	3.6
Decaf Iced Latte Macchiato - soya drink	Tall	315	76	3.3	0.5	5	4.3	1.1	5.8	0.15	1.8
Decaf Iced Latte Macchiato - soya drink	Grande	474	114	4.9	0.8	7.7	6.4	1.8	8.6	0.23	3.6
Decaf Iced Latte Macchiato - soya drink	Venti	483	116	5	0.8	7.9	6.6	1.8	8.8	0.23	3.6
Decaf Iced Latte Macchiato - oat drink	Tall	437	104	5.3	0.5	12	5.7	1.8	1.5	0.22	1.8
Decaf Iced Latte Macchiato - oat drink	Grande	655	155	7.9	0.8	18	8.4	2.7	2.3	0.32	3.6
Decaf Iced Latte Macchiato - oat drink	Venti	668	158	8.1	0.8	18.4	8.6	2.8	2.3	0.33	3.6
Decaf Iced Latte Macchiato - coconut drink	Tall	254	60	2.6	1.2	6.2	5.7	0.6	2.7	0.15	1.8
Decaf Iced Latte Macchiato - coconut drink	Grande	383	91	3.9	1.8	9.5	8.5	1	4.1	0.23	3.6
Decaf Iced Latte Macchiato - coconut drink	Venti	391	92	4	1.9	9.7	8.7	1	4.2	0.23	3.6
Blonde Iced Caramel Macchiato - semi skimmed milk	Tall	598	142	4.1	2.6	19.9	19.1	0.1	6.4	0.22	42.7
Blonde Iced Caramel Macchiato - semi skimmed milk	Grande	841	200	5.6	3.6	27.8	26.6	0.3	9.5	0.31	85.5
Blonde Iced Caramel Macchiato - semi skimmed milk	Venti	913	217	5.7	3.6	31.7	30.4	0.3	9.7	0.32	85.5
Blonde Iced Caramel Macchiato - whole milk	Tall	716	170	7.4	4.7	19.7	18.9	0.1	6.2	0.22	42.7
Blonde Iced Caramel Macchiato - whole milk	Grande	1015	241	10.5	6.6	27.6	26.3	0.3	9.2	0.31	85.5
Blonde Iced Caramel Macchiato - whole milk	Venti	1090	259	10.7	6.8	31.4	30.1	0.3	9.4	0.31	85.5
Blonde Iced Caramel Macchiato - skimmed milk	Tall	511	121	1.6	0.9	20.1	19.3	0.1	6.4	0.23	42.7
Blonde Iced Caramel Macchiato - skimmed milk	Grande	712	169	2	1	28.1	26.9	0.3	9.5	0.32	85.5
Blonde Iced Caramel Macchiato - skimmed milk	Venti	781	185	2	1	31.9	30.6	0.3	9.7	0.33	85.5
Blonde Iced Caramel Macchiato - almond drink	Tall	420	102	3.2	0.9	16	15.2	0.5	1.1	0.16	42.7
Blonde Iced Caramel Macchiato - almond drink	Grande	577	140	4.2	1	22	20.8	0.8	1.7	0.22	85.5
Blonde Iced Caramel Macchiato - almond drink	Venti	643	156	4.3	1	25.7	24.4	0.8	1.7	0.23	85.5
Blonde Iced Caramel Macchiato - soya drink	Tall	544	130	4.4	1.2	16.1	15.1	1.2	5.9	0.19	42.7
Blonde Iced Caramel Macchiato - soya drink	Grande	761	182	6	1.5	22.2	20.7	1.8	8.7	0.26	85.5
Blonde Iced Caramel Macchiato - soya drink	Venti	831	198	6.1	1.5	25.9	24.4	1.8	8.9	0.27	85.5
Blonde Iced Caramel Macchiato - oat drink	Tall	667	158	6.4	1.2	23	16.5	1.8	1.6	0.25	42.7
Blonde Iced Caramel Macchiato - oat drink	Grande	942	223	9	1.5	32.5	22.7	2.8	2.4	0.36	85.5
Blonde Iced Caramel Macchiato - oat drink	Venti	1016	241	9.2	1.5	36.4	26.4	2.8	2.5	0.36	85.5
Blonde Iced Caramel Macchiato - coconut drink	Tall	483	114	3.7	1.9	17.3	16.5	0.6	2.8	0.19	42.7
Blonde Iced Caramel Macchiato - coconut drink	Grande	670	158	5	2.5	24	22.8	1	4.2	0.26	85.5
Blonde Iced Caramel Macchiato - coconut drink	Venti	738	174	5.1	2.5	27.8	26.5	1	4.3	0.27	85.5
Decaf Iced Caramel Macchiato - semi skimmed milk	Tall	601	143	4.1	2.6	20.1	19.1	0.1	6.3	0.22	1.8
Decaf Iced Caramel Macchiato - semi skimmed milk	Grande	847	201	5.6	3.6	28.2	26.6	0.2	9.4	0.31	3.6
Decaf Iced Caramel Macchiato - semi skimmed milk	Venti	919	218	5.7	3.6	32.1	30.4	0.2	9.6	0.32	3.6
Decaf Iced Caramel Macchiato - whole milk	Tall	718	171	7.4	4.7	19.9	18.9	0.1	6.2	0.22	1.8
Decaf Iced Caramel Macchiato - whole milk	Grande	1021	243	10.5	6.6	28	26.4	0.2	9.2	0.31	3.6
Decaf Iced Caramel Macchiato - whole milk	Venti	1096	260	10.7	6.8	31.8	30.1	0.2	9.3	0.31	3.6
Decaf Iced Caramel Macchiato - skimmed milk	Tall	514	122	1.6	0.9	20.3	19.3	0.1	6.3	0.23	1.8
Decaf Iced Caramel Macchiato - skimmed milk	Grande	718	170	2	1	28.5	26.9	0.2	9.4	0.32	3.6
Decaf Iced Caramel Macchiato - skimmed milk	Venti	787	186	2	1	32.3	30.7	0.2	9.6	0.33	3.6
Decaf Iced Caramel Macchiato - almond drink	Tall	423	103	3.2	0.9	16.2	15.2	0.5	1.1	0.16	1.8
Decaf Iced Caramel Macchiato - almond drink	Grande	583	142	4.2	1	22.4	20.8	0.7	1.6	0.22	3.6
Decaf Iced Caramel Macchiato - almond drink	Venti	649	157	4.3	1	26.1	24.5	0.7	1.7	0.23	3.6
Decaf Iced Caramel Macchiato - soya drink	Tall	547	131	4.4	1.2	16.3	15.1	1.1	5.9	0.19	1.8
Decaf Iced Caramel Macchiato - soya drink	Grande	767	183	6	1.5	22.6	20.8	1.8	8.7	0.26	3.6
Decaf Iced Caramel Macchiato - soya drink	Venti	837	200	6.1	1.5	26.4	24.4	1.8	8.9	0.27	3.6
Decaf Iced Caramel Macchiato - oat drink	Tall	669	159	6.4	1.2	23.2	16.5	1.8	1.6	0.25	1.8
Decaf Iced Caramel Macchiato - oat drink	Grande	948	224	9	1.5	32.9	22.7	2.7	2.4	0.36	3.6
Decaf Iced Caramel Macchiato - oat drink	Venti	1022	242	9.2	1.5	36.8	26.4	2.8	2.4	0.36	3.6
Decaf Iced Caramel Macchiato - coconut drink	Tall	486	115	3.7	1.9	17.5	16.5	0.6	2.8	0.19	1.8
Decaf Iced Caramel Macchiato - coconut drink	Grande	676	160	5	2.5	24.4	22.8	1	4.2	0.26	3.6
Decaf Iced Caramel Macchiato - coconut drink	Venti	744	176	5.1	2.5	28.2	26.5	1	4.2	0.27	3.6
Blonde Iced Mocha - semi skimmed milk	Tall	958	229	12.9	9	19.9	18.9	1.9	7.4	0.19	54.9
Blonde Iced Mocha - semi skimmed milk	Grande	1304	312	17.2	11.9	28	26.3	3	9.9	0.25	103.7
Blonde Iced Mocha - semi skimmed milk	Venti	1464	351	18.1	12.5	33.8	31.8	3.9	11.2	0.27	109.8
Blonde Iced Mocha - whole milk	Tall	1061	254	15.9	10.8	19.7	18.7	1.9	7.3	0.19	54.9
Blonde Iced Mocha - whole milk	Grande	1436	344	20.9	14.2	27.8	26.1	3	9.7	0.24	103.7
Blonde Iced Mocha - whole milk	Venti	1609	385	22.2	15	33.6	31.6	3.9	11	0.26	109.8
Blonde Iced Mocha - skimmed milk	Tall	881	211	10.8	7.5	20	19	1.9	7.4	0.20	54.9
Blonde Iced Mocha - skimmed milk	Grande	1205	289	14.4	10	28.2	26.5	3	9.9	0.25	103.7
Blonde Iced Mocha - skimmed milk	Venti	1356	325	15	10.4	34	32	3.9	11.2	0.28	109.8
Blonde Iced Mocha - almond drink	Tall	801	194	12.1	7.4	16.4	15.4	2.2	2.8	0.14	54.9

Blonde Iced Mocha - almond drink	Grande	1103	267	16.2	9.9	23.6	21.9	3.3	4	0.18	103.7
Blonde Iced Mocha - almond drink	Venti	1244	301	16.9	10.3	29	27	4.3	4.7	0.19	109.8
Blonde Iced Mocha - soya drink	Tall	910	219	13.2	7.7	16.6	15.4	2.8	7	0.16	54.9
Blonde Iced Mocha - soya drink	Grande	1243	299	17.5	10.3	23.7	21.9	4.1	9.4	0.21	103.7
Blonde Iced Mocha - soya drink	Venti	1397	335	18.4	10.7	29.2	26.9	5.1	10.6	0.23	109.8
Blonde Iced Mocha - oat drink	Tall	1018	243	14.9	7.7	22.7	16.6	3.4	3.2	0.22	54.9
Blonde Iced Mocha - oat drink	Grande	1381	330	19.8	10.3	31.5	23.4	4.9	4.6	0.28	103.7
Blonde Iced Mocha - oat drink	Venti	1549	370	20.9	10.7	37.7	28.6	6	5.3	0.31	109.8
Blonde Iced Mocha - coconut drink	Tall	856	205	12.6	8.3	17.6	16.6	2.4	4.3	0.16	54.9
Blonde Iced Mocha - coconut drink	Grande	1174	281	16.8	11.1	25.1	23.4	3.5	5.9	0.21	103.7
Blonde Iced Mocha - coconut drink	Venti	1322	316	17.6	11.6	30.7	28.6	4.5	6.8	0.23	109.8
Decaf Iced Mocha - semi skimmed milk	Tall	1055	252	13.2	9.2	24.4	22.9	2.8	7.6	0.18	20
Decaf Iced Mocha - semi skimmed milk	Grande	1422	341	17.7	12.2	33.1	30.7	3.8	10.3	0.24	27.9
Decaf Iced Mocha - semi skimmed milk	Venti	1559	373	18.3	12.6	38.4	35.7	4.7	11.2	0.25	34
Decaf Iced Mocha - whole milk	Tall	1149	275	15.9	10.8	24.2	22.7	2.8	7.4	0.18	20
Decaf Iced Mocha - whole milk	Grande	1552	371	21.3	14.5	32.9	30.5	3.8	10.2	0.24	27.9
Decaf Iced Mocha - whole milk	Venti	1694	405	22.1	15	38.2	35.5	4.7	11	0.25	34
Decaf Iced Mocha - skimmed milk	Tall	984	236	11.3	7.8	24.5	23	2.8	7.6	0.18	20
Decaf Iced Mocha - skimmed milk	Grande	1326	317	15	10.3	33.3	30.9	3.8	10.3	0.25	27.9
Decaf Iced Mocha - skimmed milk	Venti	1459	349	15.5	10.7	38.6	35.9	4.7	11.2	0.26	34
Decaf Iced Mocha - almond drink	Tall	911	220	12.5	7.7	21.2	19.7	3.1	3.3	0.13	20
Decaf Iced Mocha - almond drink	Grande	1226	296	16.7	10.3	28.8	26.4	4.2	4.5	0.18	27.9
Decaf Iced Mocha - almond drink	Venti	1355	327	17.3	10.6	33.9	31.2	5.1	5.2	0.18	34
Decaf Iced Mocha - soya drink	Tall	1011	243	13.4	8	21.3	19.7	3.6	7.2	0.15	20
Decaf Iced Mocha - soya drink	Grande	1363	327	18	10.6	29	26.4	4.9	9.8	0.21	27.9
Decaf Iced Mocha - soya drink	Venti	1497	359	18.6	11	34.1	31.1	5.9	10.7	0.21	34
Decaf Iced Mocha - oat drink	Tall	1110	265	15.1	8	26.9	20.7	4.2	3.7	0.20	20
Decaf Iced Mocha - oat drink	Grande	1498	358	20.2	10.6	36.6	27.8	5.7	5.1	0.28	27.9
Decaf Iced Mocha - oat drink	Venti	1638	391	21	11	42	32.7	6.7	5.8	0.29	34
Decaf Iced Mocha - coconut drink	Tall	962	230	12.9	8.6	22.3	20.8	3.2	4.7	0.15	20
Decaf Iced Mocha - coconut drink	Grande	1295	310	17.2	11.4	30.3	27.9	4.4	6.4	0.21	27.9
Decaf Iced Mocha - coconut drink	Venti	1427	341	17.9	11.8	35.5	32.7	5.3	7.2	0.21	34
Blonde Iced White Mocha - semi skimmed milk	Tall	1087	260	13.6	9.7	26.7	26.4	0.2	7.5	0.31	42.7
Blonde Iced White Mocha - semi skimmed milk	Grande	1519	363	18.4	13.2	38.7	38.1	0.3	10.4	0.44	85.5
Blonde Iced White Mocha - semi skimmed milk	Venti	1725	412	19.5	14	47.5	46.9	0.3	11.4	0.51	85.5
Blonde Iced White Mocha - whole milk	Tall	1192	285	16.6	11.6	26.6	26.2	0.2	7.3	0.31	42.7
Blonde Iced White Mocha - whole milk	Grande	1661	397	22.5	15.7	38.5	37.9	0.3	10.2	0.43	85.5
Blonde Iced White Mocha - whole milk	Venti	1875	448	23.7	16.7	47.3	46.6	0.3	11.2	0.50	85.5
Blonde Iced White Mocha - skimmed milk	Tall	1009	241	11.4	8.2	26.9	26.5	0.2	7.5	0.31	42.7
Blonde Iced White Mocha - skimmed milk	Grande	1414	338	15.5	11.1	38.9	38.3	0.3	10.4	0.44	85.5
Blonde Iced White Mocha - skimmed milk	Venti	1614	385	16.4	11.8	47.8	47.1	0.3	11.4	0.51	85.5
Blonde Iced White Mocha - almond drink	Tall	927	224	12.8	8.2	23.2	22.9	0.5	2.8	0.25	42.7
Blonde Iced White Mocha - almond drink	Grande	1304	315	17.3	11.1	34	33.3	0.7	4	0.36	85.5
Blonde Iced White Mocha - almond drink	Venti	1498	361	18.3	11.8	42.5	41.9	0.8	4.7	0.43	85.5
Blonde Iced White Mocha - soya drink	Tall	1039	249	13.9	8.5	23.3	22.8	1.1	7.1	0.28	42.7
Blonde Iced White Mocha - soya drink	Grande	1454	348	18.8	11.5	34.2	33.3	1.6	9.8	0.39	85.5
Blonde Iced White Mocha - soya drink	Venti	1656	396	19.8	12.2	42.7	41.8	1.7	10.8	0.46	85.5
Blonde Iced White Mocha - oat drink	Tall	1148	274	15.7	8.5	29.5	24	1.7	3.2	0.34	42.7
Blonde Iced White Mocha - oat drink	Grande	1602	382	21.2	11.5	42.5	34.9	2.4	4.6	0.47	85.5
Blonde Iced White Mocha - oat drink	Venti	1812	432	22.4	12.2	51.5	43.5	2.5	5.4	0.55	85.5
Blonde Iced White Mocha - coconut drink	Tall	984	235	13.3	9.1	24.4	24.1	0.6	4.3	0.28	42.7
Blonde Iced White Mocha - coconut drink	Grande	1380	329	18	12.3	35.6	35	0.9	6.1	0.39	85.5
Blonde Iced White Mocha - coconut drink	Venti	1578	376	19	13.1	44.3	43.6	1	6.9	0.46	85.5
Decaf Iced White Mocha - semi skimmed milk	Tall	1249	298	14.3	10.3	34.6	34.1	0.2	7.7	0.36	1.8
Decaf Iced White Mocha - semi skimmed milk	Grande	1681	402	19.1	13.7	46.8	45.7	0.3	10.5	0.48	3.6
Decaf Iced White Mocha - semi skimmed milk	Venti	1882	449	20.1	14.5	55.4	54.4	0.3	11.4	0.55	3.6
Decaf Iced White Mocha - whole milk	Tall	1346	321	17	12	34.5	34	0.2	7.5	0.35	1.8
Decaf Iced White Mocha - whole milk	Grande	1814	433	22.8	16.1	46.6	45.5	0.3	10.3	0.48	3.6
Decaf Iced White Mocha - whole milk	Venti	2021	482	24	17	55.2	54.2	0.3	11.2	0.55	3.6
Decaf Iced White Mocha - skimmed milk	Tall	1177	281	12.3	8.9	34.8	34.2	0.2	7.7	0.36	1.8
Decaf Iced White Mocha - skimmed milk	Grande	1582	378	16.3	11.8	47	45.9	0.3	10.5	0.49	3.6
Decaf Iced White Mocha - skimmed milk	Venti	1778	424	17.2	12.5	55.7	54.6	0.3	11.4	0.56	3.6
Decaf Iced White Mocha - almond drink	Tall	1101	265	13.5	8.9	31.4	30.9	0.4	3.3	0.31	1.8
Decaf Iced White Mocha - almond drink	Grande	1479	356	18	11.7	42.3	41.3	0.7	4.5	0.41	3.6
Decaf Iced White Mocha - almond drink	Venti	1671	401	19	12.5	50.8	49.7	0.7	5.2	0.48	3.6
Decaf Iced White Mocha - soya drink	Tall	1204	288	14.5	9.1	31.5	30.8	1	7.3	0.33	1.8
Decaf Iced White Mocha - soya drink	Grande	1620	388	19.4	12.1	42.5	41.2	1.5	10	0.44	3.6
Decaf Iced White Mocha - soya drink	Venti	1818	435	20.4	12.9	51	49.7	1.5	10.9	0.51	3.6
Decaf Iced White Mocha - oat drink	Tall	1306	311	16.2	9.1	37.2	31.9	1.6	3.7	0.38	1.8
Decaf Iced White Mocha - oat drink	Grande	1759	419	21.7	12.1	50.3	42.7	2.2	5.1	0.52	3.6
Decaf Iced White Mocha - oat drink	Venti	1963	468	22.8	12.9	59.2	51.3	2.3	5.8	0.59	3.6
Decaf Iced White Mocha - coconut drink	Tall	1154	275	14	9.7	32.5	32	0.6	4.7	0.33	1.8
Decaf Iced White Mocha - coconut drink	Grande	1551	370	18.6	12.9	43.9	42.8	0.9	6.5	0.44	3.6
Decaf Iced White Mocha - coconut drink	Venti	1745	416	19.6	13.7	52.4	51.4	0.9	7.2	0.51	3.6
Signature Iced Brown Sugar Oat Shaken Espresso - semi skimmed mil	Tall	426	101	2.1	1.3	16	15	0.3	4.4	0.12	89.1
Signature Iced Brown Sugar Oat Shaken Espresso - semi skimmed mil	Grande	546	130	2.6	1.6	20.8	19.4	0.4	5.5	0.15	133.6
Signature Iced Brown Sugar Oat Shaken Espresso - semi skimmed mil	Venti	656	156	3	1.8	25.4	23.6	0.5	6.4	0.17	178.2
Signature Iced Brown Sugar Oat Shaken Espresso - whole milk	Tall	503	119	4.3	2.7	15.9	14.9	0.3	4.3	0.12	89.1
Signature Iced Brown Sugar Oat Shaken Espresso - whole milk	Grande	640	152	5.2	3.3	20.7	19.3	0.4	5.4	0.15	133.6
Signature Iced Brown Sugar Oat Shaken Espresso - whole milk	Venti	763	181	6	3.8	25.3	23.4	0.5	6.2	0.17	178.2
Signature Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Tall	368	87	0.5	0.2	16.1	15.1	0.3	4.4	0.13	89.1
Signature Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Grande	476	113	0.6	0.2	21	19.5	0.4	5.5	0.16	133.6
Signature Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Venti	576	136	0.7	0.3	25.6	23.7	0.5	6.4	0.18	178.2
Signature Iced Brown Sugar Oat Shaken Espresso - almond drink	Tall	309	75	1.5	0.2	13.4	12.4	0.5	1	0.08	89.1
Signature Iced Brown Sugar Oat Shaken Espresso - almond drink	Grande	403	97	1.9	0.2	17.7	16.3	0.7	1.3	0.10	133.6
Signature Iced Brown Sugar Oat Shaken Espresso - almond drink	Venti	493	119	2.2	0.2	21.9	20	0.9	1.6	0.12	178.2
Signature Iced Brown Sugar Oat Shaken Espresso - soya drink	Tall	390	93	2.3	0.4	13.5	12.4	0.9	4.1	0.10	89.1
Signature Iced Brown Sugar Oat Shaken Espresso - soya drink	Grande	503	120	2.8	0.5	17.8	16.2	1.2	5.1	0.12	133.6
Signature Iced Brown Sugar Oat Shaken Espresso - soya drink	Venti	606	144	3.2	0.6	22	19.9	1.5	6	0.14	178.2
Signature Iced Brown Sugar Oat Shaken Espresso - oat drink	Tall	471	111	3.6	0.4	18	13.3	1.4	1.3	0.14	89.1
Signature Iced Brown Sugar Oat Shaken Espresso - oat drink	Grande	601	142	4.4	0.5	23.3	17.3	1.8	1.7	0.18	133.6
Signature Iced Brown Sugar Oat Shaken Espresso - oat drink	Venti	718	170	5.1	0.6	28.3	21.2	2.1	2.1	0.20	178.2
Signature Iced Brown Sugar Oat Shaken Espresso - coconut drink	Tall	350	83	1.8	0.8	14.3	13.3	0.6	2.1	0.10	89.1
Signature Iced Brown Sugar Oat Shaken Espresso - coconut drink	Grande	454	107	2.3	1	18.8	17.4	0.8	2.7	0.12	133.6
Signature Iced Brown Sugar Oat Shaken Espresso - coconut drink	Venti	550	130	2.6	1.2	23.1	21.2	1	3.2	0.14	178.2
Decaf Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Tall	428	102	2.1	1.3	16.2	15	0.2	4.3	0.12	3.6
Decaf Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Grande	549	130	2.6	1.6	21.2	19.4	0.3	5.3	0.15	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Venti	659	157	3	1.8	26	23.6	0.4	6.1	0.17	7.2
Decaf Iced Brown Sugar Oat Shaken Espresso - whole milk	Tall	505	120	4.3	2.7	16.1	14.9	0.2	4.2	0.12	3.6
Decaf Iced Brown Sugar Oat Shaken Espresso - whole milk	Grande	642	153	5.2	3.3	21.1	19.3	0.3	5.2	0.15	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - whole milk	Venti	767	182	6	3.8	25.8	23.4	0.4	6	0.17	7.2
Decaf Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Tall	370	88	0.5	0.2	16.4	15.1	0.2	4.3	0.13	3.6
Decaf Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Grande	479	113	0.6	0.2	21.4	19.6	0.3	5.3	0.16	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Venti	579	137	0.7	0.3	26.1	23.8	0.4	6.1	0.18	7.2
Decaf Iced Brown Sugar Oat Shaken Espresso - almond drink	Tall	310	75	1.5	0.2	13.7	12.5	0.5	0.8	0.08	3.6
Decaf Iced Brown Sugar Oat Shaken Espresso - almond drink	Grande	406	98	1.9	0.2	18.1	16.3	0.6	1.1	0.10	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - almond drink	Venti	496	120	2.2	0.2	22.4	20	0.8	1.3	0.12	7.2

Decaf Iced Brown Sugar Oat Shaken Espresso - soya drink	Tall	392	93	2.3	0.4	13.8	12.4	0.9	4	0.10	3.6
Decaf Iced Brown Sugar Oat Shaken Espresso - soya drink	Grande	505	120	2.8	0.5	18.2	16.3	1.2	4.9	0.12	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - soya drink	Venti	610	145	3.2	0.6	22.5	20	1.4	5.7	0.14	7.2
Decaf Iced Brown Sugar Oat Shaken Espresso - oat drink	Tall	473	112	3.6	0.4	18.3	13.3	1.3	1.2	0.14	3.6
Decaf Iced Brown Sugar Oat Shaken Espresso - oat drink	Grande	603	143	4.4	0.5	23.8	17.3	1.7	1.5	0.18	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - oat drink	Venti	722	171	5.1	0.6	28.9	21.2	2	1.8	0.20	7.2
Decaf Iced Brown Sugar Oat Shaken Espresso - coconut drink	Tall	352	83	1.8	0.8	14.6	13.3	0.6	2	0.10	3.6
Decaf Iced Brown Sugar Oat Shaken Espresso - coconut drink	Grande	456	108	2.3	1	19.2	17.4	0.7	2.5	0.12	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - coconut drink	Venti	554	131	2.6	1.2	23.6	21.3	0.9	2.9	0.14	7.2
Blonde Starbucks Doubleshot Iced Coffee	Mini	356	86	8	5	2.1	1.4	0.3	1.3	0.03	85.5
Decaf Starbucks Doubleshot Iced Coffee	Mini	362	88	8	5	2.5	1.4	0.2	1.3	0.03	3.6
Blonde Starbucks Doubleshot Vanilla Iced Coffee	Mini	423	102	8	5	6.1	5.3	0.3	1.3	0.03	85.5
Decaf Starbucks Doubleshot Vanilla Iced Coffee	Mini	429	103	8	5	6.5	5.3	0.2	1.3	0.03	3.6

Alternative Coffee Bean - Frappuccino

Decaf Coffee Frappuccino - semi skimmed milk	Tall	873	208	10.5	7.4	24.9	24.4	0.1	3.3	0.38	1.7
Decaf Coffee Frappuccino - semi skimmed milk	Grande	1108	265	13.6	9.6	31.4	30.5	0.2	3.9	0.46	2.8
Decaf Coffee Frappuccino - semi skimmed milk	Venti	1226	293	13.6	9.6	38.2	37	0.3	3.9	0.56	4.1
Decaf Coffee Frappuccino - whole milk	Tall	922	220	11.9	8.3	24.9	24.3	0.1	3.3	0.37	1.7
Decaf Coffee Frappuccino - whole milk	Grande	1162	278	15.1	10.6	31.3	30.4	0.2	3.8	0.46	2.8
Decaf Coffee Frappuccino - whole milk	Venti	1278	305	15.1	10.6	38.1	36.9	0.3	3.8	0.56	4.1
Decaf Coffee Frappuccino - skimmed milk	Tall	836	200	9.5	6.7	25	24.5	0.1	3.3	0.38	1.7
Decaf Coffee Frappuccino - skimmed milk	Grande	1068	255	12.5	8.9	31.4	30.6	0.2	3.9	0.47	2.8
Decaf Coffee Frappuccino - skimmed milk	Venti	1187	283	12.5	8.9	38.3	37	0.3	3.9	0.56	4.1
Decaf Coffee Frappuccino - almond drink	Tall	798	192	10.1	6.7	23.3	22.7	0.2	1.1	0.35	1.7
Decaf Coffee Frappuccino - almond drink	Grande	1026	246	13.2	8.8	29.6	28.7	0.3	1.4	0.43	2.8
Decaf Coffee Frappuccino - almond drink	Venti	1147	275	13.2	8.8	36.5	35.2	0.4	1.5	0.53	4.1
Decaf Coffee Frappuccino - soya drink	Tall	850	203	10.6	6.8	23.3	22.7	0.5	3.1	0.36	1.7
Decaf Coffee Frappuccino - soya drink	Grande	1083	259	13.7	9	29.6	28.7	0.7	3.7	0.45	2.8
Decaf Coffee Frappuccino - soya drink	Venti	1202	287	13.7	9	36.5	35.2	0.7	3.6	0.54	4.1
Decaf Coffee Frappuccino - oat drink	Tall	902	215	11.5	6.8	26.3	23.3	0.8	1.3	0.39	1.7
Decaf Coffee Frappuccino - oat drink	Grande	1140	272	14.7	9	32.8	29.3	1	1.7	0.48	2.8
Decaf Coffee Frappuccino - oat drink	Venti	1256	300	14.6	9	39.6	35.8	1	1.7	0.57	4.1
Decaf Coffee Frappuccino - coconut drink	Tall	824	197	10.3	7.1	23.9	23.3	0.3	1.8	0.36	1.7
Decaf Coffee Frappuccino - coconut drink	Grande	1055	252	13.4	9.3	30.2	29.3	0.4	2.2	0.45	2.8
Decaf Coffee Frappuccino - coconut drink	Venti	1175	280	13.4	9.3	37.1	35.8	0.5	2.3	0.54	4.1
Decaf Caramel Frappuccino - semi skimmed milk	Tall	1056	252	12	8.4	32.4	31.4	0.1	3.2	0.39	1.5
Decaf Caramel Frappuccino - semi skimmed milk	Grande	1337	319	15.3	10.7	41	39.6	0.2	3.8	0.49	2.6
Decaf Caramel Frappuccino - semi skimmed milk	Venti	1503	358	15.5	10.8	50.2	48.4	0.3	3.9	0.60	3.9
Decaf Caramel Frappuccino - whole milk	Tall	1101	263	13.3	9.2	32.4	31.4	0.1	3.1	0.39	1.5
Decaf Caramel Frappuccino - whole milk	Grande	1388	331	16.8	11.6	41	39.6	0.2	3.8	0.49	2.6
Decaf Caramel Frappuccino - whole milk	Venti	1553	370	17	11.7	50.1	48.3	0.3	3.8	0.60	3.9
Decaf Caramel Frappuccino - skimmed milk	Tall	1023	244	11.1	7.8	32.5	31.5	0.1	3.2	0.39	1.5
Decaf Caramel Frappuccino - skimmed milk	Grande	1299	310	14.3	10	41.1	39.7	0.2	3.8	0.49	2.6
Decaf Caramel Frappuccino - skimmed milk	Venti	1466	349	14.5	10.1	50.3	48.4	0.3	3.9	0.60	3.9
Decaf Caramel Frappuccino - almond drink	Tall	989	237	11.7	7.7	31	30	0.2	1.2	0.37	1.5
Decaf Caramel Frappuccino - almond drink	Grande	1260	302	14.9	10	39.3	37.9	0.3	1.6	0.47	2.6
Decaf Caramel Frappuccino - almond drink	Venti	1428	341	15.2	10.1	48.5	46.7	0.4	1.7	0.57	3.9
Decaf Caramel Frappuccino - soya drink	Tall	1036	247	12.1	7.9	31	29.9	0.5	3	0.38	1.5
Decaf Caramel Frappuccino - soya drink	Grande	1314	314	15.5	10.1	39.4	37.9	0.6	3.6	0.48	2.6
Decaf Caramel Frappuccino - soya drink	Venti	1480	353	15.7	10.2	48.6	46.7	0.7	3.7	0.58	3.9
Decaf Caramel Frappuccino - oat drink	Tall	1082	258	12.9	7.9	33.6	30.4	0.7	1.4	0.40	1.5
Decaf Caramel Frappuccino - oat drink	Grande	1367	326	16.3	10.1	42.4	38.5	0.9	1.8	0.51	2.6
Decaf Caramel Frappuccino - oat drink	Venti	1532	365	16.5	10.2	51.5	47.2	1	1.9	0.61	3.9
Decaf Caramel Frappuccino - coconut drink	Tall	1013	242	11.9	8.1	31.5	30.5	0.3	1.9	0.38	1.5
Decaf Caramel Frappuccino - coconut drink	Grande	1287	307	15.2	10.4	39.9	38.5	0.4	2.3	0.48	2.6
Decaf Caramel Frappuccino - coconut drink	Venti	1454	347	15.4	10.5	49.1	47.3	0.5	2.4	0.58	3.9
Decaf Mocha Frappuccino - semi skimmed milk	Tall	945	226	10.9	7.7	27.6	26.8	0.9	3.7	0.35	7.1
Decaf Mocha Frappuccino - semi skimmed milk	Grande	1252	299	14.3	10	37.1	35.8	1.3	4.6	0.46	10.4
Decaf Mocha Frappuccino - semi skimmed milk	Venti	1407	336	14.4	10.1	45.4	43.7	1.7	4.8	0.55	13.7
Decaf Mocha Frappuccino - whole milk	Tall	991	237	12.2	8.5	27.6	26.8	0.9	3.6	0.35	7.1
Decaf Mocha Frappuccino - whole milk	Grande	1305	312	15.8	11	37.1	35.8	1.3	4.5	0.46	10.4
Decaf Mocha Frappuccino - whole milk	Venti	1458	348	15.9	11	45.4	43.6	1.7	4.7	0.55	13.7
Decaf Mocha Frappuccino - skimmed milk	Tall	911	218	9.9	7	27.7	26.9	0.9	3.7	0.35	7.1
Decaf Mocha Frappuccino - skimmed milk	Grande	1212	289	13.1	9.3	37.2	35.9	1.3	4.6	0.46	10.4
Decaf Mocha Frappuccino - skimmed milk	Venti	1369	326	13.4	9.4	45.5	43.7	1.7	4.8	0.55	13.7
Decaf Mocha Frappuccino - almond drink	Tall	876	210	10.5	7	26.1	25.3	1.1	1.7	0.32	7.1
Decaf Mocha Frappuccino - almond drink	Grande	1170	281	13.8	9.2	35.3	34.1	1.5	2.2	0.43	10.4
Decaf Mocha Frappuccino - almond drink	Venti	1329	318	14	9.4	43.7	42	1.8	2.5	0.52	13.7
Decaf Mocha Frappuccino - soya drink	Tall	924	221	11	7.1	26.2	25.3	1.3	3.5	0.33	7.1
Decaf Mocha Frappuccino - soya drink	Grande	1227	293	14.4	9.4	35.4	34	1.8	4.4	0.44	10.4
Decaf Mocha Frappuccino - soya drink	Venti	1383	330	14.5	9.5	43.8	41.9	2.1	4.6	0.54	13.7
Decaf Mocha Frappuccino - oat drink	Tall	972	232	11.8	7.1	28.8	25.8	1.6	1.8	0.36	7.1
Decaf Mocha Frappuccino - oat drink	Grande	1283	306	15.3	9.4	38.6	34.6	2.1	2.4	0.47	10.4
Decaf Mocha Frappuccino - oat drink	Venti	1437	342	15.4	9.5	46.8	42.5	2.4	2.7	0.56	13.7
Decaf Mocha Frappuccino - coconut drink	Tall	901	215	10.7	7.4	26.6	25.8	1.1	2.3	0.33	7.1
Decaf Mocha Frappuccino - coconut drink	Grande	1199	286	14.1	9.7	36	34.7	1.5	3	0.44	10.4
Decaf Mocha Frappuccino - coconut drink	Venti	1356	323	14.3	9.8	44.3	42.5	1.9	3.3	0.54	13.7
Decaf Java Chip Frappuccino - semi skimmed milk	Tall	1123	268	13.2	9.5	32.3	30.3	1.6	4.2	0.39	8.6
Decaf Java Chip Frappuccino - semi skimmed milk	Grande	1492	356	17.4	12.6	43.5	40.5	2.2	5.3	0.51	12
Decaf Java Chip Frappuccino - semi skimmed milk	Venti	1696	405	18.3	13.3	52.8	48.9	2.8	5.5	0.61	15.4
Decaf Java Chip Frappuccino - whole milk	Tall	1168	279	14.4	10.3	32.3	30.2	1.6	4.1	0.38	8.6
Decaf Java Chip Frappuccino - whole milk	Grande	1545	369	18.9	13.5	43.4	40.4	2.2	5.2	0.51	12
Decaf Java Chip Frappuccino - whole milk	Venti	1746	417	19.7	14.2	52.7	48.9	2.8	5.5	0.61	15.4
Decaf Java Chip Frappuccino - skimmed milk	Tall	1090	260	12.2	8.9	32.4	30.4	1.6	4.2	0.39	8.6
Decaf Java Chip Frappuccino - skimmed milk	Grande	1453	347	16.3	11.8	43.6	40.6	2.2	5.3	0.52	12
Decaf Java Chip Frappuccino - skimmed milk	Venti	1659	396	17.3	12.6	52.9	49	2.8	5.5	0.62	15.4
Decaf Java Chip Frappuccino - almond drink	Tall	1056	253	12.8	8.9	30.9	28.8	1.7	2.2	0.36	8.6
Decaf Java Chip Frappuccino - almond drink	Grande	1412	338	17	11.8	41.7	38.7	2.3	2.9	0.49	12
Decaf Java Chip Frappuccino - almond drink	Venti	1620	388	17.9	12.6	51.1	47.3	2.9	3.3	0.59	15.4
Decaf Java Chip Frappuccino - soya drink	Tall	1103	264	13.3	9	30.9	28.8	2	4	0.37	8.6
Decaf Java Chip Frappuccino - soya drink	Grande	1468	351	17.5	12	41.8	38.7	2.7	5	0.50	12
Decaf Java Chip Frappuccino - soya drink	Venti	1673	400	18.4	12.7	51.2	47.3	3.2	5.3	0.60	15.4
Decaf Java Chip Frappuccino - oat drink	Tall	1149	274	14	9	33.5	29.3	2.3	2.4	0.40	8.6
Decaf Java Chip Frappuccino - oat drink	Grande	1523	364	18.4	12	44.9	39.3	3	3.1	0.53	12
Decaf Java Chip Frappuccino - oat drink	Venti	1725	412	19.3	12.7	54.1	47.8	3.5	3.5	0.63	15.4
Decaf Java Chip Frappuccino - coconut drink	Tall	1080	258	13	9.3	31.4	29.3	1.8	2.8	0.37	8.6
Decaf Java Chip Frappuccino - coconut drink	Grande	1440	344	17.2	12.3	42.3	39.4	2.4	3.7	0.50	12
Decaf Java Chip Frappuccino - coconut drink	Venti	1647	393	18.1	13	51.7	47.8	3	4	0.60	15.4

Spring FY26 Promo Beverages Alternative Coffees

Signature Ube Vanilla Velvet Latte - semi skimmed milk	Short	612	145	3.7	2.6	20.9	20.4	0.2	7	0.41	44.5
Signature Ube Vanilla Velvet Latte - semi skimmed milk	Tall	906	215	5.6	3.9	30.4	29.9	0.2	10.5	0.61	44.5
Signature Ube Vanilla Velvet Latte - semi skimmed milk	Grande	1138	270	7	4.9	38.7	37.8	0.3	12.8	0.76	89.1
Signature Ube Vanilla Velvet Latte - semi skimmed milk	Venti	1475	350	9.3	6.5	49.2	48.3	0.4	17	0.98	89.1
Signature Ube Vanilla Velvet Latte - whole milk	Short	699	166	6.1	4.1	20.7	20.3	0.2	6.9	0.41	44.5
Signature Ube Vanilla Velvet Latte - whole milk	Tall	1048	249	9.6	6.5	30.2	29.7	0.2	10.3	0.60	44.5
Signature Ube Vanilla Velvet Latte - whole milk	Grande	1308	311	11.8	7.9	38.4	37.5	0.3	12.6	0.76	89.1

Signature Ube Vanilla Velvet Latte - whole milk	Venti	1713	407	16	10.7	48.9	47.9	0.4	16.7	0.97	89.1
Signature Ube Vanilla Velvet Latte - skimmed milk	Short	547	130	1.8	1.3	21	20.5	0.2	7	0.42	44.5
Signature Ube Vanilla Velvet Latte - skimmed milk	Tall	799	189	2.6	1.9	30.6	30.1	0.2	10.5	0.61	44.5
Signature Ube Vanilla Velvet Latte - skimmed milk	Grande	1011	240	3.4	2.4	38.9	38	0.3	12.8	0.77	89.1
Signature Ube Vanilla Velvet Latte - skimmed milk	Venti	1298	308	4.3	3	49.6	48.7	0.4	17	0.99	89.1
Signature Ube Vanilla Velvet Latte - almond drink	Short	479	115	3	1.3	18	17.5	0.4	3.1	0.37	44.5
Signature Ube Vanilla Velvet Latte - almond drink	Tall	689	166	4.5	1.8	25.6	25.1	0.6	4.1	0.53	44.5
Signature Ube Vanilla Velvet Latte - almond drink	Grande	880	212	5.6	2.3	33	32.1	0.8	5.2	0.67	89.1
Signature Ube Vanilla Velvet Latte - almond drink	Venti	1113	268	7.4	2.9	41.3	40.3	1.1	6.4	0.86	89.1
Signature Ube Vanilla Velvet Latte - soya drink	Short	572	136	3.9	1.5	18.1	17.5	0.9	6.7	0.39	44.5
Signature Ube Vanilla Velvet Latte - soya drink	Tall	840	200	5.9	2.2	25.8	25.1	1.4	9.9	0.56	44.5
Signature Ube Vanilla Velvet Latte - soya drink	Grande	1059	252	7.3	2.8	33.2	32	1.8	12.1	0.71	89.1
Signature Ube Vanilla Velvet Latte - soya drink	Venti	1365	325	9.8	3.6	41.6	40.3	2.4	16.1	0.91	89.1
Signature Ube Vanilla Velvet Latte - oat drink	Short	663	157	5.4	1.5	23.2	18.5	1.4	3.5	0.44	44.5
Signature Ube Vanilla Velvet Latte - oat drink	Tall	988	234	8.4	2.2	34.2	26.7	2.2	4.7	0.64	44.5
Signature Ube Vanilla Velvet Latte - oat drink	Grande	1237	293	10.3	2.8	43.2	34	2.8	5.9	0.81	89.1
Signature Ube Vanilla Velvet Latte - oat drink	Venti	1613	382	13.9	3.6	55.6	43	3.8	7.4	1.04	89.1
Signature Ube Vanilla Velvet Latte - coconut drink	Short	526	124	3.4	2	19	18.5	0.6	4.4	0.39	44.5
Signature Ube Vanilla Velvet Latte - coconut drink	Tall	765	181	5.1	3.1	27.3	26.8	0.8	6.2	0.56	44.5
Signature Ube Vanilla Velvet Latte - coconut drink	Grande	971	230	6.4	3.8	35	34.1	1.1	7.7	0.71	89.1
Signature Ube Vanilla Velvet Latte - coconut drink	Venti	1241	293	8.4	5	44	43.1	1.4	9.8	0.91	89.1
Decaf Ube Vanilla Velvet Latte - semi skimmed milk	Short	613	146	3.7	2.6	21	20.4	0.1	7	0.41	1.8
Decaf Ube Vanilla Velvet Latte - semi skimmed milk	Tall	906	215	5.6	3.9	30.5	29.9	0.2	10.4	0.61	1.8
Decaf Ube Vanilla Velvet Latte - semi skimmed milk	Grande	1140	271	7	4.9	38.9	37.8	0.3	12.7	0.76	3.6
Decaf Ube Vanilla Velvet Latte - semi skimmed milk	Venti	1477	351	9.3	6.5	49.5	48.3	0.3	16.9	0.98	3.6
Decaf Ube Vanilla Velvet Latte - whole milk	Short	700	166	6.1	4.1	20.9	20.3	0.1	6.8	0.41	1.8
Decaf Ube Vanilla Velvet Latte - whole milk	Tall	1049	249	9.6	6.5	30.3	29.7	0.2	10.2	0.60	1.8
Decaf Ube Vanilla Velvet Latte - whole milk	Grande	1309	311	11.8	7.9	38.7	37.5	0.3	12.4	0.76	3.6
Decaf Ube Vanilla Velvet Latte - whole milk	Venti	1715	407	16	10.7	49.2	48	0.3	16.6	0.97	3.6
Decaf Ube Vanilla Velvet Latte - skimmed milk	Short	548	130	1.8	1.3	21.1	20.6	0.1	7	0.42	1.8
Decaf Ube Vanilla Velvet Latte - skimmed milk	Tall	800	190	2.6	1.9	30.7	30.1	0.2	10.4	0.61	1.8
Decaf Ube Vanilla Velvet Latte - skimmed milk	Grande	1013	240	3.4	2.4	39.2	38	0.3	12.7	0.77	3.6
Decaf Ube Vanilla Velvet Latte - skimmed milk	Venti	1299	308	4.3	3	49.9	48.7	0.3	16.9	0.99	3.6
Decaf Ube Vanilla Velvet Latte - almond drink	Short	480	116	3	1.3	18.1	17.5	0.4	3	0.37	1.8
Decaf Ube Vanilla Velvet Latte - almond drink	Tall	690	166	4.5	1.8	25.7	25.1	0.6	4	0.53	1.8
Decaf Ube Vanilla Velvet Latte - almond drink	Grande	882	212	5.6	2.3	33.3	32.1	0.8	5.1	0.67	3.6
Decaf Ube Vanilla Velvet Latte - almond drink	Venti	1115	269	7.4	2.9	41.6	40.4	1	6.2	0.86	3.6
Decaf Ube Vanilla Velvet Latte - soya drink	Short	573	136	3.9	1.5	18.2	17.5	0.9	6.6	0.39	1.8
Decaf Ube Vanilla Velvet Latte - soya drink	Tall	841	200	5.9	2.2	25.9	25.1	1.4	9.8	0.56	1.8
Decaf Ube Vanilla Velvet Latte - soya drink	Grande	1061	253	7.3	2.8	33.5	32.1	1.8	12	0.71	3.6
Decaf Ube Vanilla Velvet Latte - soya drink	Venti	1367	326	9.8	3.6	41.8	40.3	2.4	15.9	0.91	3.6
Decaf Ube Vanilla Velvet Latte - oat drink	Short	664	157	5.4	1.5	23.4	18.5	1.4	3.4	0.44	1.8
Decaf Ube Vanilla Velvet Latte - oat drink	Tall	989	234	8.4	2.2	34.3	26.7	2.2	4.7	0.64	1.8
Decaf Ube Vanilla Velvet Latte - oat drink	Grande	1238	293	10.3	2.8	43.5	34	2.7	5.8	0.81	3.6
Decaf Ube Vanilla Velvet Latte - oat drink	Venti	1615	383	13.9	3.6	55.9	43	3.8	7.3	1.04	3.6
Decaf Ube Vanilla Velvet Latte - coconut drink	Short	527	125	3.4	2	19.1	18.5	0.5	4.3	0.39	1.8
Decaf Ube Vanilla Velvet Latte - coconut drink	Tall	766	181	5.1	3.1	27.4	26.8	0.8	6.1	0.56	1.8
Decaf Ube Vanilla Velvet Latte - coconut drink	Grande	973	230	6.4	3.8	35.2	34.1	1	7.6	0.71	3.6
Decaf Ube Vanilla Velvet Latte - coconut drink	Venti	1243	294	8.4	5	44.3	43.1	1.4	9.7	0.91	3.6
Signature Iced Ube Vanilla Macchiato - semi skimmed milk	Tall	572	136	3.9	2.7	18.2	17.8	0.2	6.8	0.36	44.5
Signature Iced Ube Vanilla Macchiato - semi skimmed milk	Grande	802	190	5.4	3.7	26.1	25.2	0.3	9.2	0.51	89.1
Signature Iced Ube Vanilla Macchiato - semi skimmed milk	Venti	963	229	6.3	4.4	32.3	31.4	0.3	10.4	0.63	89.1
Signature Iced Ube Vanilla Macchiato - whole milk	Tall	684	163	7.1	4.7	18.1	17.6	0.2	6.6	0.36	44.5
Signature Iced Ube Vanilla Macchiato - whole milk	Grande	948	225	9.5	6.3	25.9	25	0.3	8.9	0.51	89.1
Signature Iced Ube Vanilla Macchiato - whole milk	Venti	1126	268	10.9	7.3	32	31.1	0.3	10.2	0.63	89.1
Signature Iced Ube Vanilla Macchiato - skimmed milk	Tall	489	116	1.6	1.1	18.4	18	0.2	6.8	0.37	44.5
Signature Iced Ube Vanilla Macchiato - skimmed milk	Grande	692	164	2.3	1.6	26.3	25.4	0.3	9.2	0.52	89.1
Signature Iced Ube Vanilla Macchiato - skimmed milk	Venti	841	199	2.9	2.1	32.5	31.6	0.3	10.4	0.64	89.1
Signature Iced Ube Vanilla Macchiato - almond drink	Tall	402	98	3	1	14.5	14.1	0.5	1.8	0.31	44.5
Signature Iced Ube Vanilla Macchiato - almond drink	Grande	579	140	4.2	1.5	21.2	20.3	0.7	2.6	0.44	89.1
Signature Iced Ube Vanilla Macchiato - almond drink	Venti	715	173	5	2	26.8	25.9	0.8	3.1	0.55	89.1
Signature Iced Ube Vanilla Macchiato - soya drink	Tall	520	124	4.2	1.4	14.6	14	1.1	6.3	0.33	44.5
Signature Iced Ube Vanilla Macchiato - soya drink	Grande	734	175	5.7	1.9	21.4	20.3	1.6	8.6	0.47	89.1
Signature Iced Ube Vanilla Macchiato - soya drink	Venti	888	212	6.7	2.4	27	25.9	1.8	9.7	0.58	89.1
Signature Iced Ube Vanilla Macchiato - oat drink	Tall	637	151	6.1	1.4	21.2	15.3	1.8	2.2	0.39	44.5
Signature Iced Ube Vanilla Macchiato - oat drink	Grande	887	210	8.2	1.9	30	22	2.4	3.2	0.55	89.1
Signature Iced Ube Vanilla Macchiato - oat drink	Venti	1058	251	9.5	2.4	36.7	27.7	2.7	3.8	0.67	89.1
Signature Iced Ube Vanilla Macchiato - coconut drink	Tall	462	109	3.5	2	15.8	15.4	0.7	3.4	0.33	44.5
Signature Iced Ube Vanilla Macchiato - coconut drink	Grande	657	155	4.9	2.8	22.9	22	1	4.7	0.47	89.1
Signature Iced Ube Vanilla Macchiato - coconut drink	Venti	802	190	5.7	3.4	28.7	27.8	1	5.5	0.58	89.1
Decaf Iced Ube Vanilla Macchiato - semi skimmed milk	Tall	573	136	3.9	2.7	18.4	17.8	0.1	6.7	0.36	1.8
Decaf Iced Ube Vanilla Macchiato - semi skimmed milk	Grande	803	191	5.4	3.7	26.4	25.2	0.3	9	0.51	3.6
Decaf Iced Ube Vanilla Macchiato - semi skimmed milk	Venti	965	229	6.3	4.4	32.5	31.4	0.3	10.3	0.63	3.6
Decaf Iced Ube Vanilla Macchiato - whole milk	Tall	685	163	7.1	4.7	18.2	17.6	0.1	6.5	0.36	1.8
Decaf Iced Ube Vanilla Macchiato - whole milk	Grande	950	226	9.5	6.3	26.2	25	0.3	8.8	0.51	3.6
Decaf Iced Ube Vanilla Macchiato - whole milk	Venti	1128	268	10.9	7.3	32.3	31.2	0.3	10	0.63	3.6
Decaf Iced Ube Vanilla Macchiato - skimmed milk	Tall	490	116	1.6	1.1	18.5	18	0.1	6.7	0.37	1.8
Decaf Iced Ube Vanilla Macchiato - skimmed milk	Grande	694	165	2.3	1.6	26.6	25.5	0.3	9	0.52	3.6
Decaf Iced Ube Vanilla Macchiato - skimmed milk	Venti	843	200	2.9	2.1	32.8	31.6	0.3	10.3	0.64	3.6
Decaf Iced Ube Vanilla Macchiato - almond drink	Tall	403	98	3	1	14.6	14.1	0.5	1.7	0.31	1.8
Decaf Iced Ube Vanilla Macchiato - almond drink	Grande	581	141	4.2	1.5	21.5	20.4	0.7	2.5	0.44	3.6
Decaf Iced Ube Vanilla Macchiato - almond drink	Venti	716	173	5	2	27.1	25.9	0.8	3	0.55	3.6
Decaf Iced Ube Vanilla Macchiato - soya drink	Tall	521	124	4.2	1.4	14.8	14	1.1	6.2	0.33	1.8
Decaf Iced Ube Vanilla Macchiato - soya drink	Grande	736	176	5.7	1.9	21.7	20.3	1.6	8.4	0.47	3.6
Decaf Iced Ube Vanilla Macchiato - soya drink	Venti	889	212	6.7	2.4	27.3	25.9	1.7	9.6	0.58	3.6
Decaf Iced Ube Vanilla Macchiato - oat drink	Tall	638	151	6.1	1.4	21.4	15.3	1.8	2.2	0.39	1.8
Decaf Iced Ube Vanilla Macchiato - oat drink	Grande	889	211	8.2	1.9	30.3	22	2.4	3.1	0.55	3.6
Decaf Iced Ube Vanilla Macchiato - oat drink	Venti	1060	251	9.5	2.4	36.9	27.7	2.6	3.7	0.67	3.6
Decaf Iced Ube Vanilla Macchiato - coconut drink	Tall	463	109	3.5	2	15.9	15.4	0.6	3.3	0.33	1.8
Decaf Iced Ube Vanilla Macchiato - coconut drink	Grande	659	156	4.9	2.8	23.2	22.1	0.9	4.6	0.47	3.6
Decaf Iced Ube Vanilla Macchiato - coconut drink	Venti	804	190	5.7	3.4	29	27.8	1	5.3	0.58	3.6
Decaf Ube Vanilla Coffee Frappuccino - semi skimmed milk	Tall	1077	257	11.4	8.2	34.1	33.5	0.1	4	0.55	1.7
Decaf Ube Vanilla Coffee Frappuccino - semi skimmed milk	Grande	1437	343	15	10.8	46.3	45.3	0.2	5.1	0.73	3
Decaf Ube Vanilla Coffee Frappuccino - semi skimmed milk	Venti	1636	390	15.3	11.1	56.9	55.5	0.3	5.3	0.90	4.4
Decaf Ube Vanilla Coffee Frappuccino - whole milk	Tall	1126	268	12.8	9.1	34	33.5	0.1	3.9	0.54	1.7
Decaf Ube Vanilla Coffee Frappuccino - whole milk	Grande	1495	357	16.7	11.8	46.2	45.2	0.2	5	0.73	3
Decaf Ube Vanilla Coffee Frappuccino - whole milk	Venti	1692	403	16.9	12.1	56.8	55.4	0.3	5.2	0.89	4.4
Decaf Ube Vanilla Coffee Frappuccino - skimmed milk	Tall	1040	248	10.4	7.5	34.2	33.6	0.1	4	0.55	1.7
Decaf Ube Vanilla Coffee Frappuccino - skimmed milk	Grande	1393	332	13.8	9.9	46.4	45.4	0.2	5.1	0.73	3
Decaf Ube Vanilla Coffee Frappuccino - skimmed milk	Venti	1594	380	14.2	10.2	57	55.6	0.3	5.3	0.90	4.4
Decaf Ube Vanilla Coffee Frappuccino - almond drink	Tall	1002	240	11	7.5	32.5	31.9	0.3	1.8	0.52	1.7
Decaf Ube Vanilla Coffee Frappuccino - almond drink	Grande	1347	322	14.6	9.9	44.3	43.3	0.4	2.4	0.70	3
Decaf Ube Vanilla Coffee Frappuccino - almond drink	Venti	1550	370	14.9	10.2	55	53.6	0.5	2.8	0.87	4.4
Decaf Ube Vanilla Coffee Frappuccino - soya drink	Tall	1054	252	11.5	7.6	32.5	31.9	0.6	3.8	0.53	1.7
Decaf Ube Vanilla Coffee Frappuccino - soya drink	Grande	1410	336	15.1	10.1	44.4	43.3	0.7	4.8	0.72	3
Decaf Ube Vanilla Coffee Frappuccino - soya drink	Venti	1610	384	15.5	10.4	55.1	53.6	0.8	5.1	0.88	4.4
Decaf Ube Vanilla Coffee Frappuccino - oat drink	Tall	1105	263	12.4	7.6	35.4	32.4	0.8	2	0.56	1.7

Decaf Ube Vanilla Coffee Frappuccino - oat drink	Grande	1471	350	16.2	10.1	47.9	44	1.1	2.7	0.75	3
Decaf Ube Vanilla Coffee Frappuccino - oat drink	Venti	1668	397	16.4	10.4	58.4	54.2	1.1	3	0.91	4.4
Decaf Ube Vanilla Coffee Frappuccino - coconut drink	Tall	1028	245	11.3	7.9	33	32.5	0.3	2.5	0.53	1.7
Decaf Ube Vanilla Coffee Frappuccino - coconut drink	Grande	1379	329	14.8	10.4	45	44	0.5	3.3	0.72	3
Decaf Ube Vanilla Coffee Frappuccino - coconut drink	Venti	1580	376	15.1	10.7	55.7	54.3	0.6	3.6	0.88	4.4
Decaf Ube Vanilla Macchiato - semi skimmed milk	Short	351	83	2.5	1.7	10.8	10.2	0.1	4.4	0.21	1.8
Decaf Ube Vanilla Macchiato - semi skimmed milk	Tall	684	162	4.8	3.3	21	20.4	0.1	8.6	0.42	1.8
Decaf Ube Vanilla Macchiato - semi skimmed milk	Grande	894	212	6.1	4.2	28.5	27.4	0.3	10.6	0.56	3.6
Decaf Ube Vanilla Macchiato - semi skimmed milk	Venti	1193	283	8.2	5.7	37.8	36.7	0.3	14.2	0.75	3.6
Decaf Ube Vanilla Macchiato - whole milk	Short	425	101	4.6	3	10.7	10.1	0.1	4.3	0.21	1.8
Decaf Ube Vanilla Macchiato - whole milk	Tall	833	198	9.1	5.9	20.7	20.2	0.1	8.4	0.42	1.8
Decaf Ube Vanilla Macchiato - whole milk	Grande	1070	254	11.1	7.3	28.2	27.1	0.3	10.3	0.55	3.6
Decaf Ube Vanilla Macchiato - whole milk	Venti	1431	340	15	9.9	37.5	36.3	0.3	13.9	0.74	3.6
Decaf Ube Vanilla Macchiato - skimmed milk	Short	295	70	0.9	0.6	10.9	10.4	0.1	4.4	0.22	1.8
Decaf Ube Vanilla Macchiato - skimmed milk	Tall	573	136	1.7	1.2	21.2	20.6	0.1	8.6	0.43	1.8
Decaf Ube Vanilla Macchiato - skimmed milk	Grande	762	181	2.4	1.7	28.7	27.6	0.3	10.6	0.57	3.6
Decaf Ube Vanilla Macchiato - skimmed milk	Venti	1014	241	3.2	2.2	38.2	37.1	0.3	14.2	0.76	3.6
Decaf Ube Vanilla Macchiato - almond drink	Short	237	58	1.9	0.6	8.3	7.8	0.3	1.1	0.17	1.8
Decaf Ube Vanilla Macchiato - almond drink	Tall	458	112	3.7	1.1	16	15.4	0.6	2	0.35	1.8
Decaf Ube Vanilla Macchiato - almond drink	Grande	625	152	4.8	1.6	22.6	21.5	0.8	2.7	0.47	3.6
Decaf Ube Vanilla Macchiato - almond drink	Venti	829	201	6.4	2.1	29.8	28.7	1	3.5	0.63	3.6
Decaf Ube Vanilla Macchiato - soya drink	Short	316	76	2.6	0.8	8.4	7.7	0.8	4.1	0.19	1.8
Decaf Ube Vanilla Macchiato - soya drink	Tall	615	147	5.2	1.5	16.2	15.4	1.4	8	0.38	1.8
Decaf Ube Vanilla Macchiato - soya drink	Grande	812	194	6.5	2.1	22.8	21.4	1.8	9.9	0.51	3.6
Decaf Ube Vanilla Macchiato - soya drink	Venti	1082	258	8.7	2.8	30.1	28.6	2.4	13.2	0.68	3.6
Decaf Ube Vanilla Macchiato - oat drink	Short	394	93	3.9	0.8	12.8	8.6	1.2	1.4	0.23	1.8
Decaf Ube Vanilla Macchiato - oat drink	Tall	771	182	7.7	1.5	25	17.1	2.3	2.6	0.46	1.8
Decaf Ube Vanilla Macchiato - oat drink	Grande	996	236	9.6	2.1	33.2	23.4	2.8	3.4	0.61	3.6
Decaf Ube Vanilla Macchiato - oat drink	Venti	1332	315	12.9	2.8	44.3	31.3	3.7	4.5	0.81	3.6
Decaf Ube Vanilla Macchiato - coconut drink	Short	277	66	2.2	1.2	9.2	8.6	0.5	2.1	0.19	1.8
Decaf Ube Vanilla Macchiato - coconut drink	Tall	538	127	4.3	2.4	17.7	17.1	0.8	4.1	0.38	1.8
Decaf Ube Vanilla Macchiato - coconut drink	Grande	720	170	5.5	3.1	24.6	23.5	1	5.3	0.51	3.6
Decaf Ube Vanilla Macchiato - coconut drink	Venti	957	226	7.4	4.2	32.6	31.5	1.3	7	0.68	3.6
Signature Ube Vanilla Macchiato - semi skimmed milk	Short	350	83	2.5	1.7	10.7	10.2	0.1	4.5	0.21	44.5
Signature Ube Vanilla Macchiato - semi skimmed milk	Tall	683	162	4.8	3.3	20.8	20.4	0.2	8.7	0.42	44.5
Signature Ube Vanilla Macchiato - semi skimmed milk	Grande	892	212	6.1	4.2	28.2	27.3	0.3	10.7	0.56	89.1
Signature Ube Vanilla Macchiato - semi skimmed milk	Venti	1191	283	8.2	5.7	37.6	36.7	0.3	14.4	0.75	89.1
Signature Ube Vanilla Macchiato - whole milk	Short	425	101	4.6	3	10.6	10.1	0.1	4.4	0.21	44.5
Signature Ube Vanilla Macchiato - whole milk	Tall	832	198	9.1	5.9	20.6	20.2	0.2	8.5	0.42	44.5
Signature Ube Vanilla Macchiato - whole milk	Grande	1068	254	11.1	7.3	27.9	27.1	0.3	10.5	0.55	89.1
Signature Ube Vanilla Macchiato - whole milk	Venti	1430	340	15	9.9	37.2	36.3	0.3	14	0.74	89.1
Signature Ube Vanilla Macchiato - skimmed milk	Short	294	70	0.9	0.6	10.8	10.3	0.1	4.5	0.22	44.5
Signature Ube Vanilla Macchiato - skimmed milk	Tall	572	136	1.7	1.2	21	20.6	0.2	8.7	0.43	44.5
Signature Ube Vanilla Macchiato - skimmed milk	Grande	760	180	2.4	1.7	28.5	27.6	0.3	10.7	0.57	89.1
Signature Ube Vanilla Macchiato - skimmed milk	Venti	1013	240	3.2	2.2	37.9	37	0.3	14.4	0.76	89.1
Signature Ube Vanilla Macchiato - almond drink	Short	236	58	1.9	0.6	8.2	7.7	0.4	1.1	0.17	44.5
Signature Ube Vanilla Macchiato - almond drink	Tall	457	111	3.7	1.1	15.9	15.4	0.6	2	0.35	44.5
Signature Ube Vanilla Macchiato - almond drink	Grande	624	151	4.8	1.6	22.3	21.4	0.8	2.8	0.47	89.1
Signature Ube Vanilla Macchiato - almond drink	Venti	827	201	6.4	2.1	29.6	28.7	1	3.6	0.63	89.1
Signature Ube Vanilla Macchiato - soya drink	Short	315	75	2.6	0.8	8.3	7.7	0.8	4.2	0.19	44.5
Signature Ube Vanilla Macchiato - soya drink	Tall	614	147	5.2	1.5	16	15.4	1.5	8.1	0.38	44.5
Signature Ube Vanilla Macchiato - soya drink	Grande	810	193	6.5	2.1	22.5	21.4	1.9	10	0.51	89.1
Signature Ube Vanilla Macchiato - soya drink	Venti	1080	258	8.7	2.8	29.9	28.6	2.4	13.4	0.68	89.1
Signature Ube Vanilla Macchiato - oat drink	Short	393	93	3.9	0.8	12.7	8.6	1.2	1.4	0.23	44.5
Signature Ube Vanilla Macchiato - oat drink	Tall	770	182	7.7	1.5	24.8	17.1	2.3	2.7	0.46	44.5
Signature Ube Vanilla Macchiato - oat drink	Grande	995	236	9.6	2.1	32.9	23.4	2.9	3.6	0.61	89.1
Signature Ube Vanilla Macchiato - oat drink	Venti	1330	315	12.9	2.8	44	31.3	3.8	4.7	0.81	89.1
Signature Ube Vanilla Macchiato - coconut drink	Short	276	65	2.2	1.2	9	8.6	0.5	2.2	0.19	44.5
Signature Ube Vanilla Macchiato - coconut drink	Tall	537	127	4.3	2.4	17.6	17.1	0.8	4.2	0.38	44.5
Signature Ube Vanilla Macchiato - coconut drink	Grande	718	170	5.5	3.1	24.3	23.5	1.1	5.4	0.51	89.1
Signature Ube Vanilla Macchiato - coconut drink	Venti	956	226	7.4	4.2	32.3	31.5	1.4	7.1	0.68	89.1
Signature Iced Ube Vanilla Velvet Latte - semi skimmed milk	Tall	803	191	4.8	3.4	28	27.5	0.2	8.7	0.55	44.5
Signature Iced Ube Vanilla Velvet Latte - semi skimmed milk	Grande	1045	248	6.2	4.4	36.5	35.6	0.3	11.2	0.71	89.1
Signature Iced Ube Vanilla Velvet Latte - semi skimmed milk	Venti	1220	289	7.1	5.1	43.3	42.4	0.4	12.6	0.84	89.1
Signature Iced Ube Vanilla Velvet Latte - whole milk	Tall	912	216	7.8	5.3	27.8	27.3	0.2	8.6	0.55	44.5
Signature Iced Ube Vanilla Velvet Latte - whole milk	Grande	1183	281	10.1	6.8	36.3	35.4	0.3	11	0.71	89.1
Signature Iced Ube Vanilla Velvet Latte - whole milk	Venti	1373	326	11.5	7.8	43.1	42.1	0.4	12.4	0.84	89.1
Signature Iced Ube Vanilla Velvet Latte - skimmed milk	Tall	722	171	2.5	1.8	28.2	27.7	0.2	8.7	0.56	44.5
Signature Iced Ube Vanilla Velvet Latte - skimmed milk	Grande	941	223	3.3	2.4	36.7	35.8	0.3	11.2	0.72	89.1
Signature Iced Ube Vanilla Velvet Latte - skimmed milk	Venti	1106	262	3.9	2.9	43.5	42.6	0.4	12.6	0.85	89.1
Signature Iced Ube Vanilla Velvet Latte - almond drink	Tall	638	152	3.9	1.8	24.4	23.9	0.5	3.9	0.50	44.5
Signature Iced Ube Vanilla Velvet Latte - almond drink	Grande	834	200	5.1	2.3	31.9	31	0.7	5	0.64	89.1
Signature Iced Ube Vanilla Velvet Latte - almond drink	Venti	987	237	5.9	2.8	38.2	37.2	0.8	5.8	0.76	89.1
Signature Iced Ube Vanilla Velvet Latte - soya drink	Tall	753	179	5	2.1	24.5	23.9	1.1	8.3	0.52	44.5
Signature Iced Ube Vanilla Velvet Latte - soya drink	Grande	980	233	6.5	2.7	32	30.9	1.6	10.6	0.67	89.1
Signature Iced Ube Vanilla Velvet Latte - soya drink	Venti	1149	273	7.5	3.2	38.4	37.2	1.7	12	0.80	89.1
Signature Iced Ube Vanilla Velvet Latte - oat drink	Tall	866	205	6.9	2.1	30.9	25.1	1.8	4.3	0.58	44.5
Signature Iced Ube Vanilla Velvet Latte - oat drink	Grande	1125	267	8.9	2.7	40.2	32.5	2.3	5.6	0.75	89.1
Signature Iced Ube Vanilla Velvet Latte - oat drink	Venti	1309	310	10.1	3.2	47.4	38.9	2.6	6.4	0.88	89.1
Signature Iced Ube Vanilla Velvet Latte - coconut drink	Tall	697	165	4.4	2.7	25.6	25.1	0.7	5.4	0.52	44.5
Signature Iced Ube Vanilla Velvet Latte - coconut drink	Grande	908	215	5.7	3.5	33.5	32.6	0.9	7	0.67	89.1
Signature Iced Ube Vanilla Velvet Latte - coconut drink	Venti	1069	253	6.6	4.1	40	39	1	8	0.80	89.1
Decaf Iced Ube Vanilla Velvet Latte - semi skimmed milk	Tall	804	191	4.8	3.4	28.1	27.5	0.2	8.7	0.55	1.8
Decaf Iced Ube Vanilla Velvet Latte - semi skimmed milk	Grande	1046	248	6.2	4.4	36.8	35.6	0.3	11.1	0.71	3.6
Decaf Iced Ube Vanilla Velvet Latte - semi skimmed milk	Venti	1222	290	7.1	5.1	43.6	42.4	0.3	12.5	0.84	3.6
Decaf Iced Ube Vanilla Velvet Latte - whole milk	Tall	913	217	7.8	5.3	28	27.4	0.2	8.5	0.55	1.8
Decaf Iced Ube Vanilla Velvet Latte - whole milk	Grande	1185	282	10.1	6.8	36.6	35.4	0.3	10.9	0.71	3.6
Decaf Iced Ube Vanilla Velvet Latte - whole milk	Venti	1375	327	11.5	7.8	43.3	42.2	0.3	12.3	0.84	3.6
Decaf Iced Ube Vanilla Velvet Latte - skimmed milk	Tall	723	171	2.5	1.8	28.3	27.7	0.2	8.7	0.56	1.8
Decaf Iced Ube Vanilla Velvet Latte - skimmed milk	Grande	943	224	3.3	2.4	37	35.8	0.3	11.1	0.72	3.6
Decaf Iced Ube Vanilla Velvet Latte - skimmed milk	Venti	1107	263	3.9	2.9	43.8	42.6	0.3	12.5	0.85	3.6
Decaf Iced Ube Vanilla Velvet Latte - almond drink	Tall	639	154	3.9	1.8	24.5	23.9	0.5	3.8	0.50	1.8
Decaf Iced Ube Vanilla Velvet Latte - almond drink	Grande	835	201	5.1	2.3	32.1	31	0.7	4.9	0.64	3.6
Decaf Iced Ube Vanilla Velvet Latte - almond drink	Venti	988	237	5.9	2.8	38.4	37.3	0.8	5.6	0.76	3.6
Decaf Iced Ube Vanilla Velvet Latte - soya drink	Tall	754	180	5	2.1	24.6	23.9	1.1	8.2	0.52	1.8
Decaf Iced Ube Vanilla Velvet Latte - soya drink	Grande	982	234	6.5	2.7	32.3	30.9	1.5	10.5	0.67	3.6
Decaf Iced Ube Vanilla Velvet Latte - soya drink	Venti	1151	274	7.5	3.2	38.6	37.2	1.7	11.9	0.80	3.6
Decaf Iced Ube Vanilla Velvet Latte - oat drink	Tall	867	205	6.9	2.1	31	25.1	1.7	4.3	0.58	1.8
Decaf Iced Ube Vanilla Velvet Latte - oat drink	Grande	1127	267	8.9	2.7	40.5	32.5	2.3	5.5	0.75	3.6
Decaf Iced Ube Vanilla Velvet Latte - oat drink	Venti	1311	311	10.1	3.2	47.7	39	2.5	6.3	0.88	3.6
Decaf Iced Ube Vanilla Velvet Latte - coconut drink	Tall	697	165	4.4	2.7	25.8	25.2	0.6	5.4	0.52	1.8
Decaf Iced Ube Vanilla Velvet Latte - coconut drink	Grande	910	215	5.7	3.5	33.7	32.6	0.9	6.9	0.67	3.6
Decaf Iced Ube Vanilla Velvet Latte - coconut drink	Venti	1071	253	6.6	4.1	40.2	39	1	7.9	0.80	3.6
Protein Matcha Latte	Short	405	97	5	0.8	4	4	1.9	8.5	0.17	29
Protein Matcha Latte	Tall	648	155	7	1.3	7	7	3.2	13.7	0.26	58
Protein Matcha Latte	Grande	806	192	9	1.7	8	8	4.21	17	0.32	86
Protein Matcha Latte	Venti	1074	256	12	2.2	11	11	5.61	22.7	0.43	115

Iced Protein Matcha Latte	Tall	404	96	5	0.8	4	4	2.31	8.6	0.16	58
Iced Protein Matcha Latte	Grande	692	169	7	1.2	9	6	4.12	13.7	0.23	86
Iced Protein Matcha Latte	Venti	659	157	7	1.3	7	7	4.05	14	0.26	115
Protein SF Vanilla Latte	Short	414	99	5	0.8	5	4	1.58	8.5	0.17	44.5
Protein SF Vanilla Latte	Tall	648	155	7	1.3	7	7	2.46	13.3	0.26	44.5
Protein SF Vanilla Latte	Grande	812	194	9	1.6	9	8	3.11	16.6	0.32	89.1
Protein SF Vanilla Latte	Venti	1072	256	12	2.2	12	11	4.08	22	0.43	89.1
Iced Protein SF Vanilla Latte	Tall	97	404	5	0.8	5	4	1.54	8.2	0.16	44.49
Iced Protein SF Vanilla Latte	Grande	135	562	6	1.1	7	5	2.17	11.3	0.22	88.98
Iced Protein SF Vanilla Latte	Venti	149	620	7	1.2	7	6	2.39	12.6	0.24	88.98
Blonde Protein SF Vanilla Latte	Short	412	98	5	0.8	5	4	1.58	8.5	0.17	42.7
Blonde Protein SF Vanilla Latte	Tall	646	154	7	1.3	7	7	2.46	13.3	0.26	42.7
Blonde Protein SF Vanilla Latte	Grande	808	193	9	1.6	8.9	8	3.11	16.5	0.32	85.5
Blonde Protein SF Vanilla Latte	Venti	1068	255	12	2.2	11.9	11	4.08	21.9	0.43	85.5
Blonde Iced Protein SF Vanilla Latte	Tall	95	403	5	1	5	4	2	8	0	43
Blonde Iced Protein SF Vanilla Latte	Grande	131	561	6	1	7	5	2	11	0	85
Blonde Iced Protein SF Vanilla Latte	Venti	145	619	7	1	7	6	2	12	0	85
Decaf Protein SF Vanilla Latte	Short	415	99	5	0.8	5.2	4.1	1.58	8.4	0.17	1.8
Decaf Protein SF Vanilla Latte	Tall	649	155	7	1.3	7.2	7.1	2.46	13.2	0.26	1.8
Decaf Protein SF Vanilla Latte	Grande	814	195	9	1.6	9.3	8	3.01	16.5	0.32	3.6
Decaf Protein SF Vanilla Latte	Venti	1074	257	12	2.2	12.3	11	3.98	21.9	0.43	3.6
Decaf Iced Protein SF Vanilla Latte	Tall	98	404	5	1	5	4	2	8	0	2
Decaf Iced Protein SF Vanilla Latte	Grande	137	563	6	1	7	5	2	11	0	3
Decaf Iced Protein SF Vanilla Latte	Venti	151	621	7	1	8	6	2	12	0	3
SF Vanilla Latte with 1,5% milk	Short	414	99	5	0.8	5	4	1.58	8.5	0.17	44.5
SF Vanilla Latte with 1,5% milk	Tall	648	155	7	1.3	7	7	2.46	13.3	0.26	44.5
SF Vanilla Latte with 1,5% milk	Grande	812	194	9	1.6	9	8	3.11	16.6	0.32	89.1
SF Vanilla Latte with 1,5% milk	Venti	1072	256	12	2.2	12	11	4.08	22	0.43	89.1
Iced SF Vanilla Latte 1,5% milk	Tall	404	97	5	0.8	5	4	1.54	8.2	0.16	44.5
Iced SF Vanilla Latte 1,5% milk	Grande	562	135	6	1.1	7	5	2.17	11.3	0.22	89.1
Iced SF Vanilla Latte 1,5% milk	Venti	620	149	7	1.2	7	6	2.39	12.6	0.24	89.1
Blonde SF Vanilla Latte with 1,5% milk	Short	412	98	5	0.8	5	4	1.58	8.5	0.17	42.7
Blonde SF Vanilla Latte with 1,5% milk	Tall	646	154	7	1.3	7	7	2.46	13.3	0.26	42.7
Blonde SF Vanilla Latte with 1,5% milk	Grande	808	193	9	1.6	8.9	8	3.11	16.5	0.32	85.5
Blonde SF Vanilla Latte with 1,5% milk	Venti	1068	255	12	2.2	11.9	11	4.08	21.9	0.43	85.5
Blonde Iced SF Vanilla Latte with 1,5% milk	Tall	402	96	5	0.8	5	4	1.54	8.2	0.16	42.7
Blonde Iced SF Vanilla Latte with 1,5% milk	Grande	560	134	6	1.1	7	5	2.17	11.3	0.22	87.3
Blonde Iced SF Vanilla Latte with 1,5% milk	Venti	618	148	7	1.2	7	6	2.39	12.6	0.24	87.3
Decaf SF Vanilla Latte with 1,5% milk	Short	415	99	5	0.8	5.2	4.1	1.58	8.4	0.17	1.8
Decaf SF Vanilla Latte with 1,5% milk	Tall	649	155	7	1.3	7.2	7.1	2.46	13.2	0.26	1.8
Decaf SF Vanilla Latte with 1,5% milk	Grande	814	195	9	1.6	9.3	8	3.01	16.5	0.32	3.6
Decaf SF Vanilla Latte with 1,5% milk	Venti	1074	257	12	2.2	12.3	11	3.98	21.9	0.43	3.6
Decaf Iced SF Vanilla Latte with 1,5% milk	Tall	405	97	5	0.8	5.2	4.1	1.54	8.1	0.16	1.8
Decaf Iced SF Vanilla Latte with 1,5% milk	Grande	564	136	6	1.1	7.3	5	2.07	11.2	0.22	3.6
Decaf Iced SF Vanilla Latte with 1,5% milk	Venti	622	150	7	1.2	7.3	6	2.29	12.5	0.24	3.6

